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Cumulative Record of Clinical Learning Experience

for

Post Basic BSc Nursing

Clinical Learning Record Log Book

Name of the Institution: _____

_____

Name of the Candidate: _____

SN Nanjunde Gowda

Clinical Learning Record

PHOTO
GRAPH

Name of the Institute ----------

Name of the Student ----------

Name of the Father ----------

Date of Birth ----------

Batch ----------

Date of Joining ----------

Date of Course Completion ----------

Roll Number/Register No. ----------

Permanent Address ----------

Signature of the Student ----------Date----------

Name and Signature of Class Coordinator---------- Name and Signature of Clinical Instructor ----------

Principal Signature

Courses of Study

First Year Hours of Instruction

S. No.	Subject	Theory		Practical	
		Prescribed hours	Allotted hours	Prescribed hours	Allotted hours
1.	Nursing foundation	45		–	
2.	Nutrition and dietetics	30		15	
3.	Biochemistry and biophysics	60		–	
4.	Psychology	60		15	
5.	Microbiology	60		30	
6.	Maternal nursing	60		240	
7.	Child health nursing	60		240	
8.	Medical surgical nursing	40		270	
9.	English	60		–	
	Total	**475**		**810**	

Second Year Hours of Instruction

S. No.	Subject	Theory		Practical	
		Prescribed hours	Allotted hours	Prescribed hours	Allotted hours
1.	Sociology	60		-	
2.	Community health nursing	60		240	
3.	Mental health nursing	60		240	
4.	Introduction to nursing education	60		75	
5.	Introduction to nursing administration	60		180	
6.	Introduction to nursing research and statistics	45		120	
	Total	**345**		**855**	

First Year Post Basic BSc Nursing Procedures

Medical Surgical Nursing

S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
1.	**Comprehensive nursing care**				
a.	History taking				
b.	Physical examination				
c.	Identification of health problem				
d.	Understanding family structure and function				
e	Understanding care giver role				
f.	Review with client daily work schedule				
2.	**Function of Nurse in outpatient department** • Reception of patient • Assessment • Assisting for diagnostic procedures • Assist in admission/referral of patient				
3.	**Nursing in intensive care unit**				
a.	Obtain 12 lead ECG				
b.	Administer oxygen (different method)				
c.	Cardiac monitoring				
d.	Obtain base line specimen for laboratory test				
e.	Analyze pulse oximetry				
f.	Assist in endotracheal intubation				
g.	Perform care in tracheostomy				
h.	Assist in ventilator setting				
i.	Assist in hemodynamic monitoring				
j.	**Maintaining artificial airway** • Maintaining correct tube placement • Maintaining proper cuff inflation • Monitoring oxygenation and ventilation • Maintaining tube patency • Assessing for complication • Providing oral care and maintaining skin integrity				
k.	CVP				
l.	PAWP				
m.	Monitor vital signs				
n.	Monitor level of consciousness				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
o.	Administer emergency medication/blood transfusion				
p.	Monitor response to medication				
q.	Weaning from ventilation				
r.	Prepare for CPR				
s.	Prepare for defibrillation				
t.	Assist in ADL and ambulation				
4.	**Fluid and electrolyte imbalance**				
a.	Assess dehydration				
b.	IV cannulation				
c.	Monitor intake and output				
5.	**Respiratory system**				
a.	Assessment and history taking of respiratory system				
b.	**Assist in diagnostic studies**				
	• Bronchoscopy				
	• Chest X- ray				
	• Lung biopsy				
	• Thoracentesis				
	• Pulmonary function test				
	• Exercise testing				
	• Assist ABGs testing and monitoring				
	• Sputum studies				
	• Blood studies				
	• Radiological studies				
	• Tuberculin skin test				
c.	Assist in inhaler				
d.	Tracheostomy suctioning				
e.	Tracheostomy care				
f.	Assist for intercostals drainage and monitoring and removal				
g.	Assist in postural drainage				
h.	Administer steam inhalation				
i.	Administer nebulization				
j.	Perform chest physiotherapy				
k.	Patient discharge education				
l.	Assist in spirometer				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
6.	**Nursing management of patient with neurological and neurosurgical condition**				
a.	History taking and physical examination of nervous system				
b.	Diagnostic studies assist in /prepare the client for				
	• Lumbar puncture				
	• Radiological examination				
	• Assist in EEG				
	• Electrographic studies				
	• Ultrasounds				
	• Cerebral angiography				
	• Myelography				
	• MRI				
	• CT Scan				
c.	Assist in measuring ICP Monitoring ICP				
d.	Glasgow coma scale				
e.	Preoperative preparation of patient for cranial surgery				
f.	Postoperative management of cranial surgery				
g.	Care of patient with head injury				
h.	Care of patient with skull traction				
i.	Care of the unconsciousness patient				
j.	Care of patient with spinal cord injury				
k.	Drugs used in neurological system				
l.	Patient and family teaching for patient with stroke				
7.	**Nursing management of patient with cardiovascular problems**				
a.	History taking and physical examination of cardiovascular system				
b.	**Blood sample**				
	• FBS				
	• PPBS				
	• GTT				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
	• TFT				
	• CK-MB				
c.	**Blood studies**				
	• CK-MB				
	• Cardiac specific troponins				
	• Myoglobin				
	• C-reactive protein (CRP)				
	• Homocysteine				
	• Serum lipids, cholesterol				
	• Triglycerides				
	• Lipoproteins				
	• Chest X-ray				
	• ECG				
	• Ambulatory ECG Monitoring. Holter monitoring				
	• Exercise treadmill test				
	• Nuclear cardiology Exercise nuclear imaging				
	• Positron emission tomography(PET)				
	• Magnetic resonance imaging(MRI)				
	• Magnetic resonance angiography				
	• Assist in cardiac catheterization				
	• Assist in angiography				
	• Assist in angioplasty				
	• Ambulatory blood pressure monitoring				
	• Serum thyroid stimulating hormone (TSH)				
	• Routine urine analysis				
	• Lipid profile				
d.	Drug administration, monitoring, response to drug, for hypertensive patients				
e.	Drug administration monitoring, response to medication of cardiac patients				
f.	Assist in nutritional therapy (low sodium diet)				
g.	Identification and management of dysrhythmias				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
h.	Monitoring patient with pacemaker				
i.	Assist pericadiocenthesis				
j.	Preparing patient for cardiac surgery				
k.	Postoperative management of cardiac surgery				
8.	**Nursing management of patient with genitourinary problems**				
a.	History taking and physical examination of genitourinary system				
b.	**Assist in diagnostic procedures**				
	• Urine analysis				
	• Urine culture				
	• Urine concentration test				
	• Creatnine clearance				
	• BUN				
c.	**Radiology procedure**				
	• Kidney ureter bladder				
	• Intravenous pylogram (IVP)				
	• Renal ultrasound				
	• CT Scan				
	• Magnetic resonance angiography (MRA)				
	• Cytogram				
	• Uretherogram				
	• Renal scan				
	• Renal biopsy				
	• Endoscopy (cysotscopy)				
	• Cytometrogram				
9.	**Nursing management of patient with gastrointestinal system**				
a.	History taking and physical examination of gastrointestinal system				
b.	Assisting for diagnostic and therapeutic procedure				
c.	Assist gastrostomy feeding				
d.	Insert/monitor/feeding/removal of NGT				
e.	Assist in throat suctioning				
f.	Assist in bowel wash				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
g.	Administering enema				
h.	Assisting in ostomy care				
i.	Assisting in colostomy care				
j.	Prepare and assist patient for: • Barium meal • Barium enema • Proctoscopy • Endoscopy • Liver biopsy • Liver function test • Abdominal paracentesis				
k.	Maintaining intake and output chart				
l.	Preparing patient for general surgery (GI system) • Preoperative preparation participate in: — Physical preparation — Physiological preparation — Psychological preparation — Legal preparation — Preparation day before surgery — Preparation day of surgery — Preoperative check list — Transporting patient to operation room • Intraoperative nursing participate in: — Preparation of operation theater — Packaging of instruments for surgery — Scrubbing, gowning, gloving — Assisting circulating nurse — Assisting scrub nurse — Assisting major surgery (10) — Assisting minor surgery (10) • Postoperative nursing — Preparing postoperative unit — Monitoring postoperative patient — Removal of sutures — Dressing the patient				
m.	Postoperative management of general surgery (GI system)				
10.	**Nursing management of patient with endocrine problems**				
a.	History taking and physical examination of endocrine system				
b.	Assisting for diagnostic and therapeutic procedure in endocrine system				
c.	Assist in routine blood/urine/sputum, investigation				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
11.	**Nursing management of patient with musculoskeletal problems**				
a.	History taking and physical examination of musculoskeletal problem				
b.	Assist in application of plaster cast, its maintenance and removal				
c.	Assist in skeletal traction				
d.	Assist in application of skin traction and care				
e.	Assist in application and removal of prosthesis				
f.	Assist in ROM exercise				
g.	Assist in ADL and ambulation				
h.	Assist in amputation and stump care				
i.	Assist in care of patient with internal external fixation				
j.	Assisting for preparation for bone surgery				
k.	Teach and counsel in crutch maneuver technique				
12.	**Nursing management of patient with disorder of female reproductive tract**				
a.	History taking and physical examination of reproductive tract				
b.	Teach breast self examination				
c.	Teach post-mastectomy exercise				
13.	**Nursing management of patient with oncological disorders**				
a.	History taking and physical examination of neoplasm				
b.	Assist in oncology diagnostic procedures				
c.	Assist in chemotherapy				
d.	Assist in radiation therapy				
e.	Assist in biopsy				
f.	Assist in bone marrow transplantation				
g.	Assist in Pap smear				
14.	**Nursing management of patient with burns and reconstructive surgery**				
a.	Assist burn calculation using rule of nine				
b.	Assist in burns fluid calculation using different formula				
c.	Prepare patient for wound debridement				
d.	Maintain fluid and electrolyte balance for burns patients				
e.	Assist wound dressing using aseptic technique				
f.	Assist in preparing patient for reconstructive surgery				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
15.	**Nursing management of patient with common communicable diseases and STD**				
a.	Review national immunization schedule				
b.	Assist for diagnostic procedure related to communicable disease				
c.	Counseling HIV positive patient				
d.	Follows isolation precaution				
e.	Practice universal precaution • Hand washing • Medical asepsis • Surgical asepsis • Use of masks • Use of gloves • Use of gowns • Disposal of wastes				
16.	**Nursing management of patients with disease of eye, ear, nose, throat and skin**				
a.	Assist for diagnostic procedure related to disease of eye, ear, nose, throat and skin • Assist for procedure of ENT, eye, and skin • Eye examination • Eye irrigation • Preoperative preparation for eye surgery • Eye irrigation • Ear examination • Ear irrigation • Preparation for ear surgery • Nose examination • Nose irrigation • Preparation for nose surgery				
b.	Assist in procedure for ENT, Eye and skin				
17.	**Nursing management of patient with blood disorders**				
a.	Assist in diagnostic procedures related to blood disorders				
b.	Assist for blood transfusion				
c.	Monitor transfusion reaction				
d.	Counsel blood donors				
e.	Assist / follow waste management protocol				
18.	**Nursing in emergency**				
a.	Perform and assist in monitoring and managing crash trolley				
b.	Perform and assist CPR				

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S. No.	Procedures	Demonstration by teacher in laboratory/ hospital		Redemonstration in clinical area by students	
		Date	Signature of teacher	Date	Signature of nursing in-charge/clinical demonstrator
c.	• Assessment of neurological status • Assist in defibrillator • Assess, perform emergency procedures • Care of patient dying and care of body after death				
19.	**Nutrition and diet**				
	Participate in preparation of food • Liquid diet • Semisolid diet • Solid diet • Low fat diet • High protein diet • Diabetes diet • Salt free diet • Bland diet				

Nursing Care Plan

S. No.	Date	Disease condition	Signature of clinical instructor
1.			
2.			
3.			
4.			

Nursing Case Study

S. No.	Date	Disease condition	Signature of clinical instructor
1.			
2.			
3.			
4.			

Signature of Student

Signature of Class Coordinator

Signature of Clinical Instructor

Signature of Principal

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Practical Examination

Medical Surgical Nursing

Signature of Internal Examiner
Date

Signature of External Examiner
Date

Signature of Internal Examiner
Date

Signature of External Examiner
Date

Signature of Internal Examiner
Date

Signature of External Examiner
Date

Signature of Internal Examiner
Date

Signature of External Examiner
Date

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Clinical Performance Evaluation

Medical Surgical Nursing

Name of the student ---------- Level of students ----------

Hospital---------- Area ---------- Date of case study clinical experience started ----------

Date ended ---------- Name of the patient ---------- Diagnosis ----------

Name of the clinical teacher in-charge ----------

S. No.	Criteria	Excellent 4	Good 3	Average 2	Satisfactory 1	Poor 0
1.	**Assessment** Obtain a baseline data and collect history					
2.	Perform a physical examination					
3.	Identifies basic needs of patients, based on assessment and history					
4.	Understanding patient disease condition					
5.	**Diagnosis** Categorizes the patients needs/problems					
6.	Formulates nursing diagnosis as per priority					
7.	**Planning** Plans nursing actions for each needs of the patient					
8.	State the outcome criteria/ objectives					
9.	Involve patient and family members while planning					
10.	Prioritizes the patient needs					
11.	**Implementation** Implements nursing care competently, safely, and accurately within a given time					
12.	Compare laboratory investigation and clinical findings with patients data					
13.	Maintains safe environment for patient and apply scientific principles					
14.	Records and reports patients information accurately					
15.	Follow the principles of drug administration					
16.	Maintains accuracy and economy while giving care					
17.	Gives health instructions to patient and family					
18.	**Evaluation** Identifies out come criteria used to evaluate the patients response to nursing care					
19.	Collects data related to identified criteria					
20.	Re-examine the patient's care plan					

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S. No.	Criteria	Excellent 4	Good 3	Average 2	Satisfactory 1	Poor 0
21.	Modifies the care plan as per need					
22.	Establishes and maintains outstanding working relationships					
23 .	**Behaviors** punctual for all duties					
24.	Accept constructive comments					
25.	Bibliography					

Total marks

1–50 marks = poor

51–60 marks =average

61–70 marks = good

> 70 marks = excellent

Scored marks:

Signature of Student

Signature of Clinical Supervisor

Signature of Principal

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