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Genital Dermatoses

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CHAPTER

4

Clinical Examination

A general skin examination including the nongenital mucosa, hair-bearing areas, flexures, nails, and scalp has to be performed before proceeding to the local examination.

MALE

The external genitalia need to be examined with care for any skin lesions, erosions, eruptions, infestations, etc. The prepuce has to be checked to rule out phimosis and also to examine the coronal sulcus, glans penis, and external urethral meatus closely. The perineum and anus also needs to be examined. The area also needs to be examined with a magnifying lens to make sure the examination is complete. Any samples for investigations like swabs, slides, scrapings or a skin biopsy at times may be required.

FEMALE

The vulval and perianal skin needs to be examined along with as the inguinal and gluteal folds. Features like lichenification, pigmentation, erosions, ulcers, associated vaginitis need to be looked for. The perineum and anus also needs to be examined. The area also needs to be examined with a magnifying lens to make sure the examination is complete. A low vaginal swab has to be

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taken for microscopy and culture. Biopsy of vulval skin or mucosa can be more distressing and painful to the patient, but may assist in diagnosis. The skin disorders of the genitalia can be grouped into the following categories:

- Normal anatomical variants
- Sexually transmitted infections (STI) affecting the genitals
- Genital infections other than sexually transmitted diseases (STDs)
- Bullous dermatoses
- Inflammatory conditions
- Premalignant dermatoses
- Malignant diseases of genitalia
- Genital pain syndromes.

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Genital Dermatoses

KEY FEATURES

- Comprehensive, latest, and in-depth coverage of all the issues related to genital dermatoses in an easy understandable format
- This book begins with brief introduction on genital dermatoses followed by detailed chapters on anatomy and history taking
- Each chapter discusses the clinical aspects along with history, clinical features, treatment, and management of various genital dermatologic disorders
- Expanded coverage of topics like sexually transmitted infection affecting the genitals, genital infections other than sexually transmitted diseases, bullous dermatoses, Inflammatory conditions, premalignant dermatoses, malignant diseases of genitalia, and genital pain syndromes
- Written by experts in the field of dermatology with an enormous knowledge- and skill-base
- The book is of great interest for dermatologists, physicians, family physicians, and post graduate students in these specialties.

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