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Cumulative Record Book for Basic BSc Nursing

As per Revised INC Syllabus

Name of the Candidate: _____

Name of the Institution: _____

_____

Praveen Siddappa Pateel

Foreword
Prof Deelip S Natekar
Prof Jayashri G Itti

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Cumulative Record Book for Basic BSc Nursing

Name of the Student (in Block Letters) : .....

Register No. : .....

Age and Date of Birth : .....

Year : .....

Date of Joining the Course : .....

Passport size photograph

Name and Address of the Institution : .....

.....

.....

.....

.....

Name of the Hospital/Nursing Home : .....

.....

.....

.....

.....

.....

Signature of Student	Signature of Class Coordinator	Signature of HOD	Signature of Principal
Date:	Date:	Date:	Date:

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Index

Sl. No.	Assignment	Patient name and IPD no./ward	Diagnosis/topic	Signature of faculty

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Signature of HOD **Signature of Subject Coordinator** **Signature of Principal**

1st Year Course Instruction

Theory: 930 hours **Clinical experience: 450 hours**

S. No.	Subject	Theory hours of instruction	Practical hours of instruction	Name of the subject teacher
1	Anatomy	60	—	
2	Physiology	60	—	
3	Microbiology	60	—	
4	Nutrition	60	—	
5	Biochemistry	30	—	
6	Psychology	45	—	
7	Nursing foundation	465	450	
8	Self study hours	—	—	
9	English	60	—	
10	Computer education	45	—	
11	Co-curricular activities	—	—	
12	Regional language	30	—	
	Total hours	**915**	**450**	

Attendance of the Student (in %):

Theory:

Practical:

Signature of the Class Coordinator

Date

Signature of the Principal

Date

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1st Year Basic BSc Nursing
Scheme of Examination

Name of the student:.....Roll number:.....

Month:.....Year:.....

S. No.	Subjects	Duration of exam (Hrs)	Internal assessment		Board examination		Total	
			Max. Marks	Marks Obt.	Max. Marks	Marks Obt.	Max. Marks	Marks Obt.
1	Anatomy and physiology	3	25		75		100	
2	Nutrition and biochemistry	3	25		75		100	
3	Nursing foundation	3	25		75		100	
4	Psychology	3	25		75		100	
5	Microbiology	3	25		75		100	
6	English	3	25		75		100	
7	Computer education		25		75		100	
	Total marks		**175**		**525**		**700**	
Practical and viva voce								
1	**Practical I** Nursing foundation		100		100		200	
	Total marks		**100**		**100**		**200**	

Signature of the Class Coordinator

Signature of the Principal

Date

Date

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S. No.	Nursing procedure	Demonstration		Redemonstration	
		Date	Signature	Date	Signature
1	**Infection control**				
	Handwashing techniques				
	Simple, hand antisepsis and surgical antisepsis (scrub)				
	Prepare isolation unit in lab/ward				
	Practice technique of wearing and removing personal protective equipment (PPE)				
	Practice standard safety precautions (Universal precautions)				
2	**Prepare patients' units**				
	Open bed				
	Closed bed				
	Occupied bed				
	Operation bed				
	Cardiac bed				
	Divided bed				
	Fowler's bed				
	Pain assessment and provision for comfort				
3	**Hospital admission and discharge**				
A	**Admission**				
	Prepare the unit for a new patient				
	Prepare admission bed				
	Perform admission procedure				
	New patient				
	Transfer in				
	Prepare patient's record				
B	**Discharge/transfer**				
	Gives discharge counseling				
	Perform discharge procedure (planned discharge, lama, absconded, referrals, transfers)				
	Prepare records of discharge/transfer				
	Dismantle and disinfect unit and equipment after discharge/ transfer				

Contd...

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Contd...

S. No.	Nursing procedure	Demonstration		Redemonstration	
		Date	Signature	Date	Signature
4	**Perform assessment**				
	History taking				
	Formulation of nursing diagnosis				
	Problem list prioritization, setting goals and expected outcomes				
	Selection of interventions				
	Write nursing care plan				
5	**Communication**				
	Use verbal communication techniques				
	Non-verbal communication techniques				
6	**Prepare a plan for patient teaching session**				
7	**Write patient report**				
	Change of shift report				
	Incident report				
	Transfer report				
	Present patient report				
8	**Vital signs**				
	Measure, records and interpret alterations in:				
	Temperature				
	Pulse				
	Respiration				
	Blood pressure				
9	**Health assessment**				
	Health history taking				
	Perform assessment: General body systems				
	Use various methods of physical examination				
	Inspection				
	Palpation				
	Percussion				
	Auscultation				
	Olfaction				
	Identification of system wise deviations				
10	**Use comfort devices**				
	Air cushion				
	Water mattress				

Contd...

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Contd...

S. No.	Nursing procedure	Demonstration		Redemonstration	
		Date	Signature	Date	Signature
	Air mattress				
	Foot board				
	Cardiac table				
	Extra pillows				
	Back rest				
	Cotton rings				
	Bed cradle				
	Water bags				
	Sand bags				
	Trochanter roll				
	Foot end elevator				
11	**Hygienic care**				
	Oral hygiene				
	Bed bath				
	Care of pressure points				
	Hair wash				
	Pediculosis treatment				
	Nail care				
	Eye care				
	Teeth				
	Skin				
	Perineal care				
	Male				
	Female				
	Menstrual hygiene				
12	**Feeding**				
	Oral feeding				
	Nasogastric feeding				
	Orogastric feeding				
	Gastrostomy feeding				
	Parenteral feeding				
	Nasogastric tube insertion				
	Nasogastric tube suction				
	Nasogastric tube irrigation				

Contd...

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Contd...

S. No.	Nursing procedure	Demonstration		Redemonstration	
		Date	Signature	Date	Signature
13	**Assisting the patient in bowel elimination**				
	Insertion of flatus tube				
	Enema				
	Insertion of suppository				
	Bowel wash				
14	**Assisting the patient in urinary elimination**				
	Providing urinal/bed pan				
	Articles for condom drainages				
	Condom drainage				
	Catheterization				
	Perineal care				
	Bladder irrigation				
	Care of urinary drainage				
15	**Body alignment and mobility**				
	Range of motion exercises				
	Positioning:				
	Recumbent position				
	Lateral position				
	Fowler's position				
	Sims' position				
	Lithotomy position				
	Prone position				
	Trendelenburg position				
	Assist patient in moving				
	Assist patient in lifting				
	Assist patient in transferring				
	Assist patient in walking				
	Restraints				
16	**Oxygen administration**				
	Mask				
	Prongs				
	Tents				
	Catheters				

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S. No.	Nursing procedure	Demonstration		Redemonstration	
		Date	Signature	Date	Signature
17	**Suctioning**				
	Oropharyngeal				
	Nasopharyngeal				
18	**Chest physiotherapy and postural drainage**				
19	**Care of chest drainage**				
20	**CPR—Basic life support**				
21	**Observation of intravenous therapy**				
22	**Blood and blood component therapy**				
23	**Assist/collect for collection of specimens for investigators**				
	Urine				
	Sputum				
	Feces				
	Gastric aspirate				
	Blood				
	Other body fluids				
24	**Perform lab test**				
	Urine				
	Albumin				
	Sugar				
	Acetone				
	Blood sugar (with strip/glucometer)				
25	**Application of hot and cold therapies**				
	Local and general				
	Dry and moist				
26	**Communicating and assisting with self-care of**				
	Visually impaired				
	Hearing impaired				
	Mentally challenged/disturbed patients				
27	**Recreational and diversional therapy**				
	Caring of patient with alerted sensorium				
28	**Therapeutic nursing care and aseptic procedure**				
	Disinfection and sterilization				
	Disinfection, carbolization and fumigation of operation theater (OT)				

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S. No.	Nursing procedure	Demonstration		Redemonstration	
		Date	Signature	Date	Signature
	Isolation unit				
	Barrier nursing technique				
	Surgical scrubbing				
	Use of mask, gown and gloves				
	Needles, syringes				
	Rubber goods				
	Linen and mattress				
	Furniture				
	Enamel goods				
	Stainless steel				
	Plastic ware				
	Sharp and blunt instruments				
29	**Assisted central sterile supply department (CSSD) activities**				
	Physical methods:				
	Boiling				
	Flaming				
	Autoclaving				
	Hot air oven				
	Chemical methods:				
	Care of equipments after care				
30	**Pre and postoperative care**				
	Skin preparation for surgery: Local				
	Preparation of postoperative unit				
	Pre and postoperative teaching and counseling				
	Pre and postoperative monitoring				
	Care of wound				
	Dressing of minor wounds, care of drainage/application of binders, splints and slings				
	Bandaging of various body parts				
31	**Various routes of drug administration**				
	Oral medications				
	Sublingual medications				
	Buccal medications				
	Parenteral medications:				

Contd...

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S. No.	Nursing procedure	Demonstration		Redemonstration	
		Date	Signature	Date	Signature
	Intradermal				
	Subcutaneous				
	Intramuscular				
	Assist with intravenous medications				
	Drug measurements and dose calculation				
	Preparation of lotions and solutions				
	Administration of topical medications				
	Insertion of drug into body cavity: Suppository and medicated packing				
	Instillation of medication into ear, eye, nose and throat				
	Irrigations: Eye, ear, bladder, vagina, rectum				
	Inhalation: Dry and moist				
	Medicated nebulization				
	Identification of spurious drugs				
	Record date, time, medication, dose, route and sign immediately after administration				
32	**Care of dying patient**				
	Provide care for terminally ill				
	Caring and packing of dead body				
	Counseling and supporting grieving relatives				
	Handing over the body and valuables				
	Transferring to mortuary with proper identification				
	Terminal care of unit				

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Observational Visits

S. No.	Name or area of the visit	Date of visit	Signature
1			
2			
3			
4			
5			

Nursing Care Plans/Case Study

S. No.	Topic	Date	Signature
1			
2			
3			
4			
5			

Demonstration of Physical Examination

S. No.	Topic	Date	Signature
1			
2			
3			
4			
5			

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Cumulative Record Book for Basic BSc Nursing

Salient Features

- Cumulative Record Book is prepared for Basic BSc Nursing course as per the Revised Indian Nursing Council Syllabus
- It includes the clinical requirements for all the batches of Basic BSc Nursing
- In each specialty area the students will acquire the knowledge by referring this cumulative record book
- This cumulative record book helps the teachers to monitor the students' clinical performances and the needed guidance can be provided
- This record helps to integrate into practice.



Praveen Siddappa Pateel is working as an Associate Professor and HOD of Nursing Foundation in Shri BVVS Sajjalashree Institute of Nursing Sciences, Bagalkot, Karnataka, India. He is the growing author and highly qualified, dedicated and creative personality with a thirst of continuing his education in nursing. He has a wide experience and knowledge in theoretical and practical aspects in nursing. He has organized various conferences, workshops and seminars, etc. He has presented and participated in various scientific paper presentations at state and national levels. He holds membership in various nursing organizations. He is also an Editorial Board Member in Three International Journals.

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ISBN 978-93-5270-335-7

9 789352 703357