peebrothers.com, for detailed information on nursing books, visit our website www.jaypeebrothers.com, for detailed information on nursing books



CLINICAL LOGBOOK/ PRACTICAL RECORD BOOK

for BSc Nursing Programme

As per the Revised INC Syllabus for BSc Nursing

Name of the Candidate: _____

Name of the Institution: _____

_____

I Clement

JAYPEE

CONTENTS

Sl. No.	Content	Page No.
1.	Semester–I: Nursing Foundation-I	12
2.	Semester–II: Nursing Foundation-II	15
3.	Semester–III: Adult Health Nursing-I	20
4.	Semester–IV: Adult Health Nursing-II	26
5.	Semester–V: Educational Technology/Nursing Education	34
6.	Semester–V and VI: Child Health Nursing-I and II	38
7.	Semester–V and VI: Mental Health Nursing-I and II	43
8.	Semester–V and VI: Child Health Nursing-I and II	46
9.	Semester–V and VI: Mental Health Nursing-I and II	47
10.	Semester–VI: Nursing Management and Leadership	48
11.	Semester–VI and VII: Midwifery/Obstetrics and Gynecological (OBG) Nursing-I and II	50
12	Semester–VI and VII: Midwifery/Obstetrics and Gynecological (OBG) Nursing-I and II	56
13.	Semester–VII: Nursing Research and Statistics	57
14.	Semester-VIII: Internship Clinical Requirements	61

SEMESTER -I: NURSING FOUNDATION-I

S. No.	Procedural competencies/skill	Performs independently	Assist/observes procedure (A/O)	Date		Signature of the tutor/ faculty
				Skill lab/simulation lab	Clinical area	
I. Communication and documentation						
1.	Maintain communication and interpersonal relationship with patient and families					
2.	Verbal report					
3.	Recording/ documentation of patient care (written report)					
II. Monitoring vital signs						
A. Temperature						
4.	Oral					
5.	Axillary					
6.	Rectal					
7.	Tympanic					
B. Pulse						
8.	Radial					
9.	Apical					
10.	Respiration					
11.	Blood pressure					
III. Hot and cold applications						
12.	Cold compress					
13.	Hot compress					
14.	Ice cap					
15.	Tepid sponge					
IV. Health assessment (Basic—first year level)						
16.	Health history					
17.	Physical assessment-general and system wice					
18.	Documentation of findings					
V. Infection control in clinical settings						
19.	Hand hygiene (hand washing and hand rub)					
20.	Use of personal and protective equipment					

JAYPEE BROTHERS

S. No.	Procedural competencies/skill	Performs independently	Assist/observes procedure (A/O)	Date		Signature of the tutor/ faculty
				Skill lab/simulation lab	Clinical area	
VI. Comfort						
21.	Open bed					
22.	Occupied bed					
23.	Post-operative bed					
24.	Supine position					
25.	Fowler's position					
26.	Lateral position					
27.	Prone position					
28.	Semi-prone position					
29.	Trendelenburg position					
30.	Lithotomy position					
31.	Changing position of helpless patient (moving/turning/ logrolling)					
32.	Cardiac table/over-bed table					
33.	Back rest					
34.	Bed cradle					
35.	Pain assessment (initial and reassessment)					
VII. Safety						
36.	Side rail					
37.	Restraints (physical)					
38.	Fall risk assessment and post fall assessment					
VIII. Admission and discharge						
39.	Admission					
40.	Discharge					
41.	Transfer (within hospital)					
IX. Mobility						
42.	Ambulation					
43.	Transferring patient from and to bed and wheel chair					
44.	Transferring patient from and to bed and stretcher					
45.	Range of motion exercises (ROM)					

JAYPEE BROTHERS

S. No.	Procedural competencies/skill	Performs independently	Assist/observes procedure (A/O)	Date		Signature of the tutor/ faculty
				Skill lab/simulation lab	Clinical area	
X. Patient education						
46.	Individual patient teaching					

Signature of Class-coordinator

Signature of Principal with seal

Internal Practical Examination of Nursing Foundation

Signature of Examiner-I

Signature of Examiner-II

Name:

Name:

Date:

Date:

JAYPEE BROTHERS

SEMESTER -II: NURSING FOUNDATION-II

S. No.	Procedural competencies/ skill	Performs independently	Assist/observes procedure (A/O)	Date		Signature of the tutor/ faculty
				Skill lab/ simulation lab	Clinical area	
XI. Hygiene						
47.	Sponge bath					
48.	Pressure injury assessment					
49.	Skin care and care of pressure points					
50.	Oral hygiene					
51.	Hair wash					
52.	Pediculosis treatment					
53.	Perineal care/meatal care					
54.	Urinary catheter care					
XII. Nursing process—basic level						
55.	Assessment and formulating nursing diagnosis					
56.	Planning the nursing care					
57.	Implementation of care					
58.	Evaluation of care (reassessment and modification)					
XIII. Nutrition and fluid balance						
59.	24 hours dietary recall					
60.	Planning well balanced diet					
61.	Making fluid chart					
62.	Preparation of nasogastric tube feed					
63.	Nasogastric tube feeding					
64.	Maintaining intake and output chart					
65.	Intravenous infusion plan					
XIV. Elimination						
66.	Providing bed pan					
67.	Providing urinal					
68.	Enema					
69.	Bowel wash					

JAYPEE BROTHERS

S. No.	Procedural competencies/ skill	Performs independently	Assist/observes procedure (A/O)	Date		Signature of the tutor/ faculty
				Skill lab/ simulation lab	Clinical area	
XV. Diagnostic test						
A. Specimen collection						
70.	Urine specimen for routine analysis					
71.	Urine specimen for culture					
72.	Timed urine specimen collection					
73.	Feces specimen for routine					
74.	Sputum culture					
B. Urine test						
75.	Ketones					
76.	Albumin					
77.	Reaction					
78.	Specific gravity					
XVI. Oxygenation needs/promoting respiration						
79.	Deep breathing and coughing exercises					
80.	Steam inhalation					
81.	Oxygen administration using face mask					
82.	Oxygen administration using nasal prongs					
XVII. Medication administration						
83.	Oral medications					
84.	Intramuscular					
85.	Subcutaneous					
86.	Rectal suppositories					
XVIII. Death and dying						
87.	Death care/last office					
XIX. First aid and emergencies						
	Bandages and binders					
88.	Circular					
89.	Spiral					
90.	Reverse spiral					
91.	Recurrent					
92.	Spica					
93.	Figure of eight					
94.	Eye					

JAYPEE BROTHERS

S. No.	Procedural competencies/ skill	Performs independently	Assist/observes procedure (A/O)	Date		Signature of the tutor/ faculty
				Skill lab/ simulation lab	Clinical area	
95.	Ear					
96.	Caplin					
97.	Jaw					
98.	Arm sling					
99.	Abdominal binder					
100.	Basic CPR (First aid module)					

Signature of Class-coordinator

Date:

Signature of Principal with seal

Date:

JAYPEE BROTHERS

for detailed information on nursing books, visit our website www.jaypeebrothers.com, for detailed information on nursing books, visit our we

CLINICAL LOGBOOK/ PRACTICAL RECORD BOOK
for BSc Nursing Programme

Highlights of the Book

- Is compilation of information maintained in the institutes or colleges for students to correlate the theory with practice in performing nursing procedures
- Prepared according to the revised Indian Nursing Council (INC) syllabus
- Based on the clinical hours mentioned in INC syllabus
- Each student and teacher can easily follow this logbook and record their activity
- Record applies from 2021-22 onwards, which follows revised BSc Nursing curriculum (New syllabus), which covers all the nursing procedures and provides platform to learn and document procedures
- Clinical logbook essential for monitoring and assessing the students clinical performances
- Useful tool for improving students efficiency in professional skills.

I Clement PhD (N) MSc (N) MA (Child Care and Education) is currently working as Professor and Head, Department of Research and Development at RV College of Nursing, Bengaluru, Karnataka, India. He has obtained Doctorate in Nursing from Sri Ramachandra Institute of Higher Education, Chennai, postgraduation from The Tamil Nadu Dr MGR Medical University, Chennai (Annai JKK Sampoorani Ammal College of Nursing, Erode, Tamil Nadu) and he has an experience of more than 14 years after postgraduation. He has very long professional journey (32 years) from Axillary Nurse to Doctorate in Nursing (1986-2018). General education is part and parcel of his professional journey. MBA in Education, Madras University (2018); MA in Education, Alagappa University (2016); MSc in General Psychology, Madras University (2014); MPhil in Education, Alagappa University (2016); MA (Child Care and Education), Alagappa University (2004); MA in Sociology, Annamalai University (1995). PhD-Guide, co-guide, examiner, thesis valuation. PG-Guide, tool validation, thesis evaluator (MGM University, Aurangabad, Maharashtra; Sri Balaji University, Puducherry; Rajiv Gandhi University of Health Sciences, Bengaluru). He has published 70 textbooks for nursing and paramedical courses including solved question papers; Editor and National Editorial Board Member for national and international journals; published 60 scientific and research articles in national and international journals; publisher (IC Publications), 20 scientific and research paper presentation national and international conferences, workshops, seminars, symposiums and panel discussion, organized state and national level geriatric health camps, eye camps, blood donation camps, health awareness program, community development program and national health activities. Research guide and co-guide for PhD and PG students in various Indian universities.

University assignments: Faculty of nursing under RGUHS, LIC inspector (2018-RGUHS), former board of studies member for undergraduate program, practical examiner, theory chief squad, observer, valuation examiner for various Indian universities, paper setter, paper valuator and governing council member, program coordinator for various Indian universities.

Professional membership: PhD Society of India, Neurological Society of India, Indian Society of Psychiatric Nurses, Trained Nurses Association of Indian Society of Medical Surgical Nursing, Indian Cardiac Nurses Association, Christian Medical Association of India, National Research Society of India and Indian Red Cross Society.

Printed in India

Available at all medical bookstores or buy online at www.jaypeebrothers.com

JAYPEE BROTHERS
Medical Publishers (P) Ltd.
EMCA House, 23/23-B, Ansari Road,
Daryaganj, New Delhi - 110 002, INDIA
www.jaypeebrothers.com

Join us on facebook.com/JaypeeMedicalPublishers

ISBN 978-93-5465-947-8

9 789354 659478