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Clinical Practice Diary Experimental Learning Context

for BSc Nursing and GNM Students

Name of the Candidate: _____

Name of the Institution: _____

_____

SN Nanjunde Gowda

3rd Edition

JAYPEE

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3 CHAPTER

NANDA Nursing Diagnosis

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INTRODUCTION

NANDA diagnoses enhance a nurse's awareness, professional role, and competencies. According to NANDA International, a nursing diagnosis is defined as a clinical judgment regarding a human response to health conditions or life processes, or the risk of such responses, in individuals, families, groups, or communities.

- **Problem-focused diagnosis:** A clinical judgment concerning an undesirable human response to a health condition/life process that exists in an individual, family, or community.
- **Risk diagnosis:** A clinical judgment concerning the susceptibility of an individual, family, or community for developing an undesirable human response to health conditions/life processes (representing a potential to deteriorate).
- **Health promotion diagnosis:** A clinical judgment concerning motivation and desire to increase well-being and to actualize health potential (representing a potential to improve). These responses are expressed by a readiness to enhance specific health behaviors, and can be used in any health state. In cases where individuals are unable to express their own readiness to enhance health behaviors, the nurse may determine that a condition for health promotion exists and then act on the client's behalf.

Domain 1: Health Promotion

Class 1: Health Awareness

- Decreased Diversional Activity engagement
- Risk for Decreased Diversional Activity engagement
- Excessive sedentary behaviors
- Risk for excessive sedentary behaviors
- Imbalanced energy field

Class 2: Health Management

- Ineffective health self-management
- Risk for ineffective health self-management
- Readiness for enhanced self-health management
- Ineffective family health management

- Risk for ineffective family health management
- Ineffective community health management
- Risk for ineffective community health management
- Risk for ineffective blood glucose pattern self-management.
- Ineffective dry eye self-management.
- Ineffective dry mouth self-management
- Risk for ineffective dry mouth self-management
- Ineffective fatigue self-management
- Ineffective lymphedema self-management
- Risk for ineffective lymphedema self-management.
- Ineffective nausea self-management
- Ineffective pain self-management
- Risk for ineffective overweight self-management
- Ineffective underweight self-management
- Risk for ineffective underweight self-management
- Ineffective health maintenance behaviors
- Risk for ineffective health maintenance behaviors
- Ineffective home maintenance behaviors
- Risk for ineffective home maintenance behaviors
- Readiness for enhanced home maintenance behaviors
- Readiness for enhanced exercise engagement
- Inadequate health literacy
- Risk for inadequate health literacy
- Readiness for enhanced health literacy
- Readiness for enhanced healthy aging
- Elder frailty syndrome
- Risk for elder frailty syndrome

Domain 2: Nutrition

Class 1: Ingestion

- Inadequate nutritional intake
- Risk for inadequate nutritional intake
- Readiness for enhanced nutritional intake
- Inadequate protein-energy nutritional intake
- Risk for inadequate protein-energy nutritional intake
- Ineffective chest feeding
- Risk for ineffective chest feeding
- Disrupted exclusive chest feeding
- Risk for disrupted exclusive chest feeding
- Readiness for enhanced chest feeding
- Inadequate human milk production
- Risk for inadequate human milk production
- Ineffective infant feeding dynamics
- Ineffective child eating dynamics

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- Ineffective adolescent eating dynamics
- Impaired swallowing

Class 2: Digestion

This class does not currently contain any diagnoses.

Class 3: Absorption

This class does not currently contain any diagnoses.

Class 4: Metabolism

- Neonatal hyperbilirubinemia
- Risk for neonatal hyperbilirubinemia

Class 5: Hydration

- Risk for impaired water-electrolyte balance
- Risk for impaired fluid volume balance
- Excessive fluid volume
- Risk for excessive fluid volume
- Inadequate fluid volume
- Risk for inadequate fluid volume

Domain 3: Elimination and Exchange

Class 1: Urinary Function

- Impaired urinary elimination
- Risk for urinary retention
- Disability-associated urinary incontinence
- Mixed urinary incontinence
- Stress urinary incontinence
- Urge urinary incontinence
- Risk for urge urinary incontinence

Class 2: Gastrointestinal Function

- Impaired gastrointestinal motility
- Risk for impaired gastrointestinal motility
- Impaired intestinal elimination
- Risk for impaired intestinal elimination
- Chronic functional constipation
- Risk for chronic functional constipation
- Impaired fecal continence
- Risk for impaired fecal continence

Class 3: Integumentary Function

This class does not currently contain any diagnoses.

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Class 4: Respiratory Function

Impaired gas exchange.

Domain 4. Activity/Rest

Class 1: Sleep/Rest

- Ineffective sleep pattern
- Risk for ineffective sleep pattern
- Readiness for enhanced sleep pattern
- Ineffective sleep hygiene behaviors
- Risk for ineffective sleep hygiene behaviors

Class 2: Activity/Exercise

- Impaired physical mobility
- Risk for impaired physical mobility
- Impaired bed mobility
- Impaired wheelchair mobility
- Impaired sitting ability
- Impaired standing ability
- Impaired transferring ability
- Impaired walking ability

Class 3: Energy Balance

- Decreased activity tolerance
- Risk for decreased activity tolerance
- Excessive fatigue burden
- Impaired surgical recovery
- Risk for impaired surgical recovery

Class 4: Cardiovascular/Pulmonary Responses

- Risk for impaired cardiovascular function
- Risk for imbalanced blood pressure
- Risk for decreased cardiac output
- Risk for ineffective cerebral tissue perfusion
- Ineffective peripheral tissue perfusion
- Risk for ineffective peripheral tissue perfusion
- Ineffective breathing pattern
- Impaired spontaneous ventilation
- Impaired child ventilatory weaning response
- Impaired adult ventilatory weaning response

Class 5: Self-care

- Decreased self-care ability syndrome
- Risk for decreased self-care ability syndrome

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- Readiness for enhanced self-care abilities
- Decreased bathing abilities
- Decreased dressing abilities
- Decreased feeding abilities
- Decreased grooming abilities
- Decreased toileting abilities
- Ineffective oral hygiene behaviors
- Risk for ineffective oral hygiene behaviors

Domain 5: Perception/Cognition

Class 1: Attention

This class does not currently contain any diagnoses.

Class 2: Orientation

This class does not currently contain any diagnoses.

Class 3: Sensation/Perception

This class does not currently contain any diagnoses.

Class 4: Cognition

- Acute confusion
- Risk for acute confusion
- Chronic confusion
- Ineffective impulse control
- Disrupted thought processes
- Inadequate health knowledge
- Readiness for enhanced health knowledge
- Impaired memory
- Impaired decision-making
- Readiness for enhanced decision-making
- Impaired emancipated decision-making
- Risk for impaired emancipated decision-making
- Readiness for enhanced emancipated decision-making

Class 5: Communication

- Impaired verbal communication
- Risk for impaired verbal communication
- Readiness for enhanced verbal communication

Domain 6: Self-perception

Class 1: Self-concept

- Readiness for enhanced self-concept
- Disrupted personal identity

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- Disrupted family identity syndrome
- Risk for disrupted family identity syndrome
- Risk for impaired human dignity
- Readiness for enhanced transgender social identity

Class 2: Self-esteem

- Chronic inadequate self-esteem
- Risk for chronic inadequate self-esteem
- Situational inadequate self-esteem
- Risk for situational inadequate self-esteem
- Inadequate health self-efficacy

Class 3: Body Image

Disrupted body image.

Domain 7: Role Relationship

Class 1: Caregiving Roles

- Impaired parenting behaviors
- Risk for impaired parenting behaviors
- Readiness for enhanced parenting behaviors
- Excessive parental role conflict

Class 2: Family Relationships

- Disrupted family interaction patterns
- Risk for disrupted family interaction patterns
- Impaired family processes
- Readiness for enhanced family processes
- Risk for disrupted attachment behaviors

Class 3: Role Performance

- Ineffective role performance
- Ineffective intimate partner relationship
- Risk for ineffective intimate partner relationship
- Readiness for enhanced intimate partner relationship
- Impaired social interaction
- Ineffective childbearing process
- Risk for ineffective childbearing process
- Readiness for enhanced childbearing process

Domain 8: Sexuality

Class 1: Sexual Identity

This class does not currently contain any diagnoses.

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Class 2: Sexual Function

Impaired sexual function.

Class 3: Reproduction

Risk for impaired maternal-fetal dyad

Domain 9: Coping/Stress Tolerance

Class 1: Post-trauma Responses

- Post-trauma syndrome
- Risk for post-trauma syndrome
- Risk for disrupted immigration transition

Class 2: Coping Responses

- Maladaptive coping
- Readiness for enhanced coping
- Maladaptive family coping
- Readiness for enhanced family coping
- Maladaptive community coping
- Readiness for enhanced community coping
- Excessive caregiving burden
- Risk for excessive caregiving burden
- Maladaptive grieving
- Risk for maladaptive grieving
- Readiness for enhanced grieving
- Impaired resilience
- Risk for impaired resilience
- Readiness for enhanced resilience
- Readiness for enhanced hope
- Inadequate self-compassion
- Excessive anxiety
- Excessive death anxiety
- Excessive fear

Class 3: Neurobehavioral Responses

- Risk for autonomic dysreflexia
- Ineffective emotion regulation
- Impaired mood regulation
- Acute substance withdrawal syndrome
- Risk for acute substance withdrawal syndrome

Domain 10: Life Principles

Class 1: Values

This class does not currently contain any diagnoses.

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Class 2: Beliefs

This class does not currently contain any diagnoses.

Class 3: Value/Belief/Action Congruence

- Moral distress
- Impaired spiritual well-being
- Risk for impaired spiritual well-being
- Readiness for enhanced spiritual well-being
- Impaired religiosity
- Risk for impaired religiosity
- Readiness for enhanced religiosity

Domain 11: Safety/Protection

Class 1: Infection

- Impaired immune response
- Risk for infection
- Risk for surgical wound infection

Class 2: Physical Injury

- Risk for physical injury
- Risk for burn injury
- Risk for cold injury
- Risk for corneal injury
- Risk for dry eye
- Risk for perioperative positioning injury
- Neonatal pressure injury
- Risk for neonatal pressure injury
- Child pressure injury
- Risk for child pressure injury
- Adult pressure injury
- Risk for adult pressure injury
- Risk for urinary tract injury
- Impaired tissue integrity
- Risk for impaired tissue integrity
- Impaired skin integrity
- Risk for impaired skin integrity
- Impaired nipple-areolar complex integrity
- Risk for impaired nipple-areolar complex integrity
- Impaired oral mucous membrane integrity
- Risk for impaired oral mucous membrane integrity
- Risk for child falls
- Risk for adult falls
- Risk for aspiration

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- Ineffective airway clearance
- Risk for accidental suffocation
- Risk for excessive bleeding
- Risk for shock
- Risk for thrombosis
- Risk for impaired peripheral neurovascular function
- Risk for sudden infant death
- Risk for elopement attempt

Class 3: Violence

- Risk for other-directed violence
- Risk for female genital mutilation
- Risk for suicidal self-injurious behavior
- Non-suicidal self-injurious behavior
- Risk for non-suicidal self-injurious behavior

Class 4: Environmental Hazards

- Contamination
- Risk for contamination
- Risk for accidental poisoning
- Risk for occupational illness
- Risk for occupational physical injury

Class 5: Defensive Processes

- Risk for allergic reaction
- Risk for latex allergy reaction

Class 6: Thermoregulation

- Ineffective thermoregulation
- Risk for ineffective thermoregulation
- Decreased neonatal body temperature
- Risk for decreased neonatal body temperature
- Decreased body temperature
- Risk for decreased body temperature
- Risk for decreased perioperative body temperature
- Hyperthermia
- Risk for hyperthermia

Domain 12: Comfort

Class 1: Physical Comfort

- Impaired physical comfort
- Readiness for enhanced physical comfort
- Impaired end-of-life comfort syndrome

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- Acute pain
- Chronic pain syndrome
- Chronic pain
- Labor pain

Class 2: Environmental Comfort

This class does not currently contain any diagnoses.

Class 3: Social Comfort

- Readiness for enhanced social comfort
- Inadequate social connectedness
- Inadequate social support network
- Excessive loneliness
- Risk for excessive loneliness

Class 4: Psychological Comfort

- Impaired psychological comfort
- Readiness for enhanced psychological comfort

Domain 13: Growth/Development

Class 1: Growth

- Delayed child growth
- Risk for delayed child growth

Class 2: Development

- Delayed child development
- Risk for delayed child development
- Delayed infant motor development
- Risk for delayed infant motor development
- Impaired infant neurodevelopmental organization
- Risk for impaired infant neurodevelopmental organization
- Readiness for enhanced infant neurodevelopmental organization
- Ineffective infant suck-swallow response

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