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# Practical Record Book for Community Health Nursing-II

## Semester-VII

*As per the Revised INC Syllabus for BSc Nursing*

**Name of the Candidate:** _____

**Name of the Institution:** _____

_____

**Kavita Kelkar**
**Priyesh Jain**

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# LIST OF ASSIGNMENTS

| *Sl. No.* | *Name of the assignment* | *Quantity* | *Marks* |
|---|---|---|---|
| 1. | Family case study–1 (Rural/Urban) | 1 | 50 |
| 2. | Health Teaching | 1 | 25 |
| 3. | Assessment:<br>• Antenatal<br>• Postnatal<br>• Newborn<br>• Elderly | <br>1<br>1<br>1<br>1 | <br>25<br>25<br>25<br>25 |
| 4. | Conduction of normal delivery at health center and documentation | 1 | 25 |
| 5. | Immediate newborn care and documentation | 1 | 25 |
| 6. | Adolescent counseling | 1 | 25 |
| 7. | Family planning counseling | 1 | 25 |
| 8. | Screening, diagnosing, primary management and care based on standing orders/protocols approved by MOH&FW<br>• Minor ailments<br>• Emergencies<br>• Dental problems<br>• Eye problems<br>• Ear, nose, and throat problems<br>• High-risk pregnant woman<br>• High-risk neonate | | |
| 9. | • Screening, diagnosing, management and referral of clients with<br>• Occupational health problems<br>• Mental health screening survey | | |
| 10. | Group project—Community diagnosis—data management | 1 | 100 |
| 11. | Write report on health center activities | | |
| 12. | Organizing and conducting antenatal/under-five clinic/Health camp | | |
| 13. | Participation in disaster mock drills | | |
| 14. | Field visit to biomedical waste management site | | |
| 15. | Visit to AYUSH clinic | | |
| 16. | Clinical Evaluation | 1 | 100 |

# FAMILY CARE STUDY

Name of the student: _____

Year/semester: _____

Name of the institute: _____

Area: _____

Disease condition: _____

## INTRODUCTION

_____

_____

_____

_____

_____

## GENERAL INFORMATION

Name of the head of the family: _____

Address: _____

Types of family: _____

Religion and caste: _____

Mother tongue: _____

## FAMILY COMPOSITION

| *Sl. No.* | *Name of the family members* | *Relationship with HOD* | *Age* | *Gender* | *Educational status* | *Occupation* | *Marital status* | *Health issue* |
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| Sl. No. | Name of the family members | Relationship with HOD | Age | Gender | Educational status | Occupation | Marital status | Health issue |
|---|---|---|---|---|---|---|---|---|
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## PRESENT HEALTH HISTORY

## PAST HEALTH HISTORY

## HOUSING AND ENVIRONMENTAL CONDITION

## ENVIRONMENTAL CONDITION

### 1. Type of House

1. Katcha
2. Pucca
3. Semi-pucca

### 2. Rooms

1. Number
2. Adequate
3. Inadequate

### 3. Occupancy

1. Tenant
2. Owner
3. Monthly rent

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**4. Ventilation**

1. Adequate
2. Inadequate
3. No ventilation

**5. Lighting**

1. Adequate
2. Inadequate

**6. Water Supply**

1. Tap
2. Well
3. River

**7. Kitchen**

1. Separate
2. Corner of the room
3. Veranda

**8. Cooking**

1. Gas
2. Induction
3. Stove
4. Chulla

**9. Drainage System**

1. Closed
2. Open
3. No drainage

**10. Toilet Facility**

1. Own
2. Public
3. Open defecation

**11. Garbage**

1. Public dustbin
2. Ghanta Gadi
3. Throwing anywhere

## SOCIOECONOMIC STATUS

## NUTRITIONAL STATUS

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## MATERNAL AND CHILD HEALTH

## VITAL STATISTICS

Birth: _____

Death: _____

Marriage: _____

Migration: _____

## FAMILY PLANNING

Temporary method: _____

Permanents method: _____

## PHYSICAL EXAMINATION OF THE PATIENT

Vital signs: _____

Temperature: _____

Pulse: _____

Respiration: _____

Blood pressure: _____

Anthropometric assessment: _____

Height: _____

Weight: _____

BMI: _____

## GENERAL APPEARANCE

Well-nourished/undernourished

**Body built:** Thin/obese

**Health:** Healthy or unhealthy

## MENTAL STATUS

**Consciousness:** Conscious/unconscious/delirious/talking incoherently

**Look:** Anxious/worried/depressed

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## POSTURE

**Body curves:** Lordosis/kyphosis/scoliosis

**Movement:** Range of motion, gate

## SKIN CONDITIONS

**Color:** Pallor/jaundiced/cyanosis/flushing

**Texture:** Dryness/flaking/wrinkling

**Temperature:** Warm/cold/clammy

**Lesions:** Macules/papules/vesicles/wounds

## HEAD AND FACE

**Scalp:** Clean/dandruff/pedicle/infection

**Hair:** Color

**Face:** Puffiness/pale/flushed/fatigue/anxious

## EYES

**Eyebrows:** Normal presentation/absent

**Eyelashes:** Infection/stye

**Eyelids:** Edema/lesions/ectropion/entropion

**Eyeballs:** Sunken/protruded

**Conjunctiva:** Pale/red/purulent

**Sclera:** White/yellow color

**Pupil:** Dilated/constricted, PEARL

**Vision:** Normal/myopia/hyperopia

## EARS

**External ears:** Discharges/cerumen/any obstruction

**Hearing:** Normal/deaf

## NOSE

**External nares:** Discharges/crusts

**Nostrils:** Infection/septal deviation

## MOUTH

**Lips:** Redness/swelling/crusts/cyanosis/angular stomatitis

**Odor of the mouth:** Halitosis

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**Teeth:** Dental carries/plaque

**Mucus membrane:** Ulceration/bleeding

**Gums:** Gingivitis/bleeding

**Tongue:** Pale/dry/lesions/swelling/tongue tie/coating

**Throat and pharynx**: Enlarged tonsils/redness/pus

## NECK

**Lymph nodes:** Enlarged/not enlarged/palpable

**Thyroid:** Enlarged/not enlarged

## CHEST

**Thorax:** Shape, expansion

**Breath sounds:** Normal/sigh/swish/rustle/rales/crepitation/wheezing

**Breathe rate:**

**Heart sound:** S1, S2, abnormal sound

**Heart rate:**

**Range of motion:** Flexion, extension, rotation

## ABDOMEN

**Observation:** Skin rashes/scar/lesions/hernia/ascitis/distension

**Auscultation:** Bowel sound

**Palpation:** Any organomegaly

**Percussion:** Presence of fluid/gas/mass

## BACK

Body curve

## GENITALS AND RECTUM

**Inguinal lymph nodes:** Enlarged/palpable

**Patency of urinary meatus and rectum:**

**Vaginal discharges:**

## BOWEL AND BLADDER PATTERN

### Extremities

Range of motion and tremors/clubbing of fingers/edema/reflexes

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# DISEASE CONDITION

## NAME OF THE DISEASE

### Definition

### Causes

| *Book picture* | *Patient picture* |
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### Pathophysiology

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### Sign and Symptom

| *Book picture* | *Patient picture* |
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### Diagnostic Finding

| *Book picture* | *Patient picture* |
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## MANAGEMENT

### Medical Management

### Surgical Management

### Nursing Management

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## Nursing Process

| *Assessment* | *Nursing diagnosis* | *Objectives/EOC* | *Nursing planning* | *Nursing intervention* | *Evaluation* |
|---|---|---|---|---|---|
| **Subjective Data** | | | | | |
| **Objective Data** | | | | | |

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| *Assessment* | *Nursing diagnosis* | *Objectives/EOC* | *Nursing planning* | *Nursing intervention* | *Evaluation* |
|---|---|---|---|---|---|
| **Subjective Data** | | | | | |
| **Objective Data** | | | | | |

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| *Assessment* | *Nursing diagnosis* | *Objectives/EOC* | *Nursing planning* | *Nursing intervention* | *Evaluation* |
|---|---|---|---|---|---|
| **Subjective Data** | | | | | |
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| *Assessment* | *Nursing diagnosis* | *Objectives/EOC* | *Nursing planning* | *Nursing intervention* | *Evaluation* |
|---|---|---|---|---|---|
| **Subjective Data** | | | | | |
| **Objective Data** | | | | | |

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| *Assessment* | *Nursing diagnosis* | *Objectives/EOC* | *Nursing planning* | *Nursing intervention* | *Evaluation* |
|---|---|---|---|---|---|
| **Subjective Data** | | | | | |
| **Objective Data** | | | | | |

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## HEALTH EDUCATION

## DIET PLAN

## DRUG STUDY

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## HOME CARE AND FUTURE PLAN

## CONCLUSION

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# EVALUATION FORMAT FOR FAMILY CARE STUDY

Name of the student: _____

Area of experience: _____

Period of experience: _____

Supervisor: _____

| *Sl. No.* | *Criteria* | *Marks allotted* | *Marks obtained* |
|---|---|---|---|
| 1. | Introduction and objective | 02 | |
| 2. | Subjective data | 03 | |
| 3. | Objective data | 05 | |
| 4. | Assessment of family members (physical mental and social) | 03 | |
| 5. | Health needs identified | 03 | |
| 6. | Planning for family health nursing care (including short-term and long-term plan) | 06 | |
| 7. | Implementation of home nursing care plan with scientific rationale | 06 | |
| 8. | Health education planning and implementation | 04 | |
| 9. | Planning for diet | 03 | |
| 10. | Drugs study and home care | 03 | |
| 11. | Evaluation | 02 | |
| 12. | Future plan | 03 | |
| 13. | Conclusion and suggestion | 02 | |
| 14. | Use of table/graphs, etc. | 02 | |
| | **Total** | **50** | |

## REMARK

_____

_____

_____

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**Signature of the Student** **Signature of the Teacher**

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# Practical Record Book for Community Health Nursing-II

***Salient Features***

- Prepared firmly as per the Indian Nursing Council (INC) and University syllabus guidelines
- Designed specifically for BSc Nursing students to meet academic and clinical record requirements
- Covers all essential community health nursing activities, procedures, and fieldwork components
- Systematically organized with clear headings, formats, and tables for easy documentation
- Includes standardized assessment formats, care plans, and reports for community-based practice
- Emphasizes practical orientation, helping students correlate theory with field experience
- Student-friendly layout with adequate space for writing, evaluation, and faculty remarks
- Facilitates continuous internal assessment and clinical supervision
- Useful for students, clinical instructors, and nursing educators
- Supports development of documentation skills, critical thinking, and professional accountability

**Kavita Kelkar** MSc Nursing (Community Health Nursing) PhD (Nursing) is a senior nursing academician and administrator currently serving as the Vice Principal of PCMC Institute of Nursing Sciences, YCMH, Pune, India. With more than two decades of rich experience in the nursing profession, she has made significant contributions to nursing education, research, and academic leadership. She possesses extensive expertise in nursing research and research methodology and has guided and mentored undergraduate and postgraduate students in various research projects. Her strong academic foundation and research orientation have enabled her to play a key role in strengthening evidence-based nursing practice.

She has served as a PhD examiner for various universities across Maharashtra, reflecting her recognition as a subject expert and her commitment to maintaining academic standards in higher education. In addition, she has actively participated in academic conferences, workshops, and faculty development programs, contributing to the advancement of nursing scholarship. She is known for her dedication to quality education, ethical research practices, and professional development of nursing students and faculty. Her vast experience, scholarly insight, and administrative skills continue to inspire future nursing professionals and strengthen the nursing education system in India.

**Priyesh Jain** MSc Nursing (Community Health Nursing) PhD (Nursing) is currently serving as the Principal and Head, Department of Community Health Nursing at Kamdar College of Nursing, Rajkot, Gujarat, India. He is a distinguished academician and nursing administrator with extensive expertise in the theoretical, clinical, and administrative aspects of the nursing profession. He is the author of several academic books and serves as a member of the editorial boards of various national and international journals. His scholarly work reflects a strong commitment to nursing education, research, and professional development. He is the Vice President of the Nursing Scholar Society, India, and is actively involved in community-based health initiatives at the national level, contributing significantly to public health awareness and nursing leadership. He is also a recognized PhD Guide at Saurashtra University, Rajkot, mentoring doctoral scholars and contributing to advanced research in nursing and community health.

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