Contents

1. **Cell Biology** *1*
2. **Carbohydrates** *6*
3. **Lipids** *61*
4. **Proteins** **115**
5. **Nucleic Acids** *154*
6. **Enzymes** *169*
7. **Vitamins** *197*
8. **Minerals** **240**
9. **Nutrition** *248*
10. **Hormones and Neurotransmitters** *262*
11. **Detoxification** *277*
12. **Water and Electrolyte Balance** *281*
13. **Muscle and Muscle Contraction** **301**
14. **Connective Tissue** *307*
15. **Clinical Biochemistry** *316*
16. **Function Tests** *320*
17. **Biochemical Techniques** *332*

Appendix *337*

Index *347*