Contents

1. Orthopedic Trauma: An Introduction 1
2. Anatomy of Bone and Fracture Healing 15
3. General Principles in the Treatment of Fractures 24
4. Splints and Traction 35
5. Recent Advances in the Treatment of Fractures 42
6. Complications of Fracture 49
7. Peripheral Nerve Injuries 67
8. A General Review of Treatment of Orthopedic Disorders 95
9. Injuries Around Shoulder 105
10. Injuries Around Elbow 119
11. Injuries of Forearm and Wrist 136
12. Hand Injuries 151
13. Pelvic Fracture 154
14. Injuries Around the Hip 160
15. Fracture Shaft of Femur 183
16. Injuries Around the Knee 189
17. Injuries Around Ankle 200

18. Spinal Injuries 215
19. Traumatic Paraplegia 228
20. Infections of the Bone and Joints 232
21. Tuberculosis of Bones and Joints 260
22. Infections of the Hand 291
23. Congenital Talipes Equinovarus 301
24. Congenital Dislocation of Hip and other Malformations 317
25. Polio and Musculoskeletal Disorders 332
26. Bone Tumors 346
27. Prolapsed Intervertebral Disk 377
28. Scoliosis and other Spinal Deformities 386
29. Back Pain 394
30. Arthritis and Related Diseases 399
31. Degenerative Diseases 417
32. Affections of the Soft Tissue 427
33. Metabolic Bone Diseases 446
34. Miscellaneous Affection of the Bone 467
35. Miscellaneous Regional Diseases 486
36. Amputations, Prosthesis and Orthotics 506

37. Sports Surgery and Arthroscopic Surgery 518
38. Joint Replacement Surgery 523
39. Instruments and Implants 528
40. Important Clinical Tests 547

Index *557*