Contents

SECTION 1: General

1. Intrauterine Insemination—An Overview 3
Gita Ganguly Mukherjee, Bhaskar Pal, Mahamaya Sarkar

• Terminology 3 • Rationale of IUI 4 • Indications of IUI 4 • Natural Versus Stimulated Cycle IUI 6 • Procedure of IUI 6 • Luteal Phase Support 7 • Success Rates of IUI 8 • Factors Affecting IUI Success Rates 8 • Complications of IUI 8 • Cost-effectiveness of IUI 9 • IUI in HIV Discordant Couples 9 • Ethical and Legal Issues in IUI 10 • Future Challenges 10

2. Physiology of Ovulation with Special Reference to Controlled Ovarian Hyperstimulation 12
Betty Thomas, Thankam R Varma

• Gonadotropin Dependent Follicular Development 13 • Steroidogenesis Two-Cell, Two-Gonadotropin System 13

3. Physiological Aspect of Semen and Sperm with Special Reference to Intrauterine Insemination 24
Arup Kumar Majhi, Ratna Chattopadhyay, BN Chakravarty

• Composition of Semen 24 • Concept of Sperm Washing in IUI, Physiological Point of View 25 • Anatomy of Normal Mature Sperm 26 • Unique Characteristics of Human Spermatozoa 27 • Functions of Sperm and Intrauterine Insemination 28 • Selection of Sperms 29 • Transport of Sperm (Motility) 30 • Capacitation 30 • Sperm Physiology, Reactive Oxygen Species and Intrauterine Insemination 32 • How to Protect Sperm Damage during Semen Preparation? 34 • Use of Sperm Vitalizing Agent with Media and Sperm Function 35

4. Indications and Selection Criteria in an Intrauterine Insemination Program 37
Chaitali Dutta Roy, Tarun Kumar Ghosh, Jagdishwari Mishra

• Artificial Insemination with Husband's Sperm (AIH) 38 • Donor Insemination 40 • Pre-requisites 41 • Selection Criteria 41

5. Role of Laparoscopy before Intrauterine Insemination 45
Parul Kotdawala, Sonal Kotdawala

6. Counseling in Intrauterine Insemination Program 53
Dhiraj Gada, Saumya N Gada
• Goals of Counselor 54 • Intrauterine Insemination 56 • Psychological Evaluation and Management 58 • Counseling for Donor Insemination 59 • Coping with Failure 60 • Information and Counseling to be Given to the Patients 60 • Word of Caution 61

7. Setting up a Clinic and Laboratory in Intrauterine Insemination Program 62
Hrishikesh Pai, Nandita Palshetkar Rishma Dhillon Pai, Nandan Roongta
• IUI in Various Scenarios 62 • Registration and Accreditation 63 • Location of the IUI Clinic—Basic Requirements 64 • IUI Clinic —Overall Design 65 • Laboratory Design 66 • Facilities 67 • Consumables 72 • Record Maintenance 73 • Health and Safety 74

SECTION 2: Andrology

8. Semen Analysis According to WHO Criteria 79
Pradip Kumar Mitra, Shiuli Mukherjee, Saktirupa Chakraborty, Arati Ghosh
• Semen Analysis Criteria and the Reference Values 79 • Criticism on Revised Parameters of 5th WHO Manual 86

9. Semen Collection 90
Bibaswan Ghosh, Ratna Chattopadhyay, Arati Biswas
• Special Circumstances 92 • Mechanical or Electrical Procedure 93

10. Semen Preparation for Intrauterine Insemination 98
Ratna Chattopadhyay, Hasibul Hasan Siraji, Abha Sarkar
• Criteria before Semen Preparation 99 • Essentials for Semen Preparation 99 • Conventional Methods 101 • Modified Methods 107 • Semen Preparation in Special Circumstances 110

11. IUI in Male Subfertility: How it Affects Outcome of IUI? 114
Anupama Ashok, Vasan SS
• Examination of Semen 114 • Identification and Clinical Management of Male Infertility 117 • Definition of Male Subfertility 120 • Discussion 122 • Summary 124 • Implications for Practice 128 • Acknowledgment 129

12. Semen Freezing and use in Intrauterine Insemination .. 133
Narendra Malhotra, Pankaj Talwar, Jaideep Malhotra
• Background of Sperm Banking 133 • Principles of

Cryobiology 134 • Indications of Semen Cryopreservation 135 • Sample Collection 137 • Physiology of Semen Cryopreservation 139 • Overview of Semen Banking—Step-by-Step 140 • Recovery of Spermatozoa Post-thaw 152 • Donor Screening Prior to Semen Banking 152 • Crossinfection in the Semen Banks 152 • Security of the Semen Bank 153 • Future of Semen Cryopreservation 154 • Emerging Role of Semen Banking on Onco-Art 155 • Legislation Pertaining to the Semen Banking 156

SECTION 3: Ovulation

13. Ovarian Stimulation for Intrauterine Insemination—An Introduction 163
SK Goswami, Radhika L Kundula, Pallavi Pasricha, Biman Ghosh
• Oral Ovulation Induction Drugs 165

14. Natural Cycle Intrauterine Insemination 171
Nalini Mahajan, Shivani Singh, Shalu Gupta
• What is Natural Cycle IUI? 171

15. Clomiphene/Letrozole Stimulation in Intrauterine Insemination 180
ML Goenka, Deepak Goenka, Somajita Chakraborty
• Clomiphene Citrate 180 • Letrozole 184

16. Gonadotropin Stimulation in Intrauterine Insemination 190
Alka Kriplani, Debjyoti Karmakar
• Physiology of Ovulation and Central Role of Gonadotropins 191 • Classification of Ovulatory Disorders4 192 • Management of Anovulatory Infertility 192 • Different Treatment Regimes with Gonadotropins 194 • General Considerations 199 • Cycle Progression and Monitoring 200 • hCG Administration 200 • Overall Outcome of Gonadotropin Stimulation in IUI Cycles 200 • GnRh Agonist with Gonadotropins 200

17. GnRH Antagonists in Intrauterine Insemination 203
Bani Kumar Mitra, SK Goswami, Manjusree Chakrabarty, Radhika L Kundula
• Types of GnRH Antagonists 204 • The Mechanism of Action of GnRH Antagonists 204 • When to Use? 204 • Evidence for Use of GnRH Antagonists 205 • Our Experience 206

18. Role of Adjuvants for Ovulation Induction in IUI Cycles 209
Sujata Kar
• Use of Adjuvants 209

SECTION 4: Special Situations

19. Role of Intrauterine Insemination in Unexplained Infertility 223
Fessy Louis T, Jayeeta Samanta, Jisha Rajendran
• Management 223 • Outcomes of IUI Cycles 226

20. Intrauterine Insemination in Endometriosis 230
Pramathes Das Mahapatra
• Indications 231 • Minimal-to-Mild Endometriosis 231
• Moderate-to-Severe Endometriosis 232

21. Intrauterine Insemination in Polycystic Ovary Syndrome 234
Jayeeta Samanta, Veena Acharya, Gita Ganguly Mukherjee
• Pathophysiological Considerations for IUI in PCOS 235
• Management—Essential Steps in Optimizing IUI Outcome in PCOS 236 • Outcome of Treatment—Results and Risks 244
• When to Move on—PCOS and Assisted Reproduction 245

22. Human Immunodeficiency Virus and Intrauterine Inseminations 250
Biswapati Mukherjee, Mayukh Roy, Mausumi De Banerjee, Rajeev Agarwal
• Background 250 • Present Scenario 251 • A Brief Overview of HIV Infection and its Relevance in Art 252 • Assisted Reproductive Technologies 253 • Pretreatment Preparations 254 • IUI or ICSI 254 • IUI–Sperm Preparation 255 • Influence of HIV Infection and HAART on Semen Quality 255

SECTION 5: Procedures

23. Monitoring in Intrauterine Insemination Cycle 261
Sanghamitra Ghosh, Mumtaz Sanghamita, Purbita Dam
• Monitoring of Response in Ovulatory Cycle 262 • Sign of Ovulation 264 • Anovulatory Ovary 264 • Color Doppler Study 264 • Endometrium in Menstrual Cycle 265 • Disparity between Follicular Growth and Endometrial Thickness 267 • Cervical Mucus Study 267 • Alternative Tests 269 • Serial Urinary LH Kit 269 • Serum E2 Estimation 269 • Serum LH and P4 269
• Timing of Ovulation Trigger (hCG or GnRH Agonist) 269
• Monitoring of Insemination 270 • Monitoring of Quality Control 270 • Monitoring of Complications 270

24. IUI Techniques and Difficulties Faced During Insemination 272
Madhavi Panpalia, Firuza Rajesh Parikh
• Intrauterine Insemination 272 • Difficulty Faced During Insemination 281 • Other Techniques of Intrauterine Insemination 283

25. Role of Luteal Phase Support in IUI 289
PK Shah, Vijay Ghorpade
• What is the Evidence for Luteal Support? 290 • Therapeutic Agents for Luteal Phase Support 290 • Discussion 293

26. Complications of Intrauterine Insemination 299
Sulekha Pandey, LK Pandey, Soma Singh
• Complications 299 • Risks Associated with Ovulation Inducing Drugs 299 • Risks Associated with Procedure and Donor Sperm 304 • Pregnancy Related Complications 307 • Babies from IUI 308 • Psychological and Ethical Issues 309

27. Ethical and Legal Aspects of Intrauterine Insemination 314
Mekala D, Kamini A Rao
• Artificial Insemination 314 • Indications for AIH and AID 315 • History of Artificial Insemination 315 • Ethical Aspects of Intrauterine Insemination 316 • Some of the Core Ethical Issues Faced by Couples, Individuals and Families 318 • Legal Issues 319 • Information and Counseling 320 • Consent 320 • ICMR Guidelines Concerning Artificial Insemination 320 • Artificial Insemination and Consummation of Marriage 321 • AID does not Amount to Adultery Art 323 • Legitimacy of a Child Born Through AID 324 • Right of an Unmarried Woman to AID 325 • Conclusion and Suggestions 326

28. Guidelines in Intrauterine Insemination Program..... 328
Sadhana K Desai, Partha Guha Roy
• Process Indicators for IUI Care 329 • Structured Indicators for IUI Care 330 • Research Recommendations 331 • Indian Scenario 331 • Categories of Infertility Care Units 334

SECTION 6: Results

29. Intrauterine Insemination: How to Make it Cost-effective? 341
Sunita Sharma, Bulbul Raichaudhuri, Gita Ganguly Mukherjee
• What is Cost-effective IUI? 341 • How to Make IUI Cost-effective? 342

30. Pregnancy Outcome and Follow-up in IUI Cycles 351
Manju Gita Mishra, Pragya Mishra Choudhary
• Is Pregnancy after IUI Considered High-risk? 351 • Pregnancy Outcome after IUI—A 'PubMed', 'Medline' 352 • Follow-up in IUI Cycles 354

31. Why Intrauterine Insemination Fails? 358
Siddhartha Chatterjee
• *In vitro* Semen Manipulation 359 • Selection of Patients 361 • Time of Insemination 361 • IUI Failure can happen due to Improper Egg Pick-up 363 • Poor Follicular Development as Well as Poor Oocyte Quality Hinders IUI Success 363

32. How to Improve the Success in Intrauterine Insemination Program? 370
Pratap Kumar, Satish Kumar Adiga, Guruprasad Kalthur, Shyam PS
• Optimizing Good Ovarian Response 371 • Age and IUI Success 371 • Influence of Semen Characteristics on IUI Outcome 372 • Clinical Technique and IUI Success 373

SECTION 7: IUI—Inception and Future

33. The History of Artificial Insemination 379
BN Chakravarty, Chaitali Dutta Roy, Anima Biswas, Gita Ganguly Mukherjee
• Early Experiments 379 • Human Artificial Insemination 381 • Further Milestones in the History of Human Artificial Insemination 384

34. Future Challenges in Intrauterine Insemination 386
BN Chakravarty, Radhika L Kandula, Ratna Chattopadhyay
• Improving the Success Rates 386 • Semen Preparation 387 • Avoidance of Third Party Involvement in Artificial Insemination 387 • Application of Stem Cell Culture in the Generation of Male and Female Gametes 388 • Practical Problem that may Arise from Preservation of Stem Cell 390 • Intrafallopian Insemination 391

Index 393