Contents

1. Introduction 1

- Human Anatomy 1
- Techniques and Methods of Knowing about Living Anatomy 2
- Planes of the Body 3 • Anatomical Terms in Relation to Different Aspects 4
- Some Important Anatomical Terms 4

2. Superior Extremity 9

- Shoulder Joint 9 • Elbow Joint 13 • Wrist (Radiocarpal) Joint 17
- Radial Artery 20 • Ulnar Artery 22 • Median Nerve 23
- Ulnar Nerve 26 • Radial Nerve 29 • Axilla 32 • Axillary Artery 34
- Axillary Lymph Nodes 38 • The Brachial Plexus 39 • Axillary Nerve 42
- The Musculocutaneous Nerve 43 • Brachial Artery 44
- Anastomosis Around the Elbow Joint 46 • Cubital Fossa 46
- Adult Female Breast 47

3. Short Notes on Superior Extremity 54

- Anatomical Snuff Box 54 • Flexor Retinaculum of Hand 54
- Palmar Aponeurosis 56 • Superficial Palmar Arch 59
- Deep Palmar Arch 60 • Extensor Retinaculum of Hand 60
- Erb's Point 61 • Sibson's Fascia or Suprapleural Membrane 62
- Clavipectoral Fascia 62 • Arteria Profunda Brachii 63
- Biceps Brachii 64 • Triceps Brachii 64 • Brachialis 66
- Deltoid 67 • Pectoralis Major 68 • Latissimus Dorsi 69
- Trapezius 69 • Intrinsic Muscles of Hand 70
- Muscles of Thenar Eminence and Adductor Pollicis 71
- Muscles of Hypothenar Eminence and Palmaris Brevis 73
- Muscles Acting on the Fingers 74

4. Thorax 78

- Mediastinum 78 • Pericardium 83 • Heart 86
- Arterial Supply of the Heart 99 • Arch of Aorta 106 • Lungs 109
- Bronchopulmonary Segments 115 • Pleura 117
- Esophagus 121 • Thoracic Duct 124 • Trachea 126
- The Diaphragm 129 • Azygos Vein 131 • Superior Vena Cava 132

5. Abdomen and Pelvis 136

- Stomach 136 • Small Intestine 145 • Duodenum 145
- Jejunum 152 • Ileum 153 • Cecum 154 • Appendix 156
- Spleen 159 • Pancreas 164 • Liver 170
- Extrahepatic Biliary Apparatus 180 • Kidneys 185 • Ureters 194

- Rectum 198 • Anal Canal 205 • Penis 209 • Testes/Testis 214
- Descent of the Testis 217 • Prostate 219 • The Ovaries 225
- Uterine Tube (Fallopian Tubes) 229 • The Uterus 231 • Vagina 239
- Urinary Bladder 243 • Internal Trigone 247 • Male Urethra 249
- Female Urethra 253 • Abdominal Aorta 254 • Celiac Trunk 256
- Superior Mesenteric Artery 256 • Inferior Mesenteric Artery 258
- Inferior Vena Cava 259 • Portal Vein 262

6. Short Notes on Abdomen and Pelvis 265

- Linea Alba 265 • Holden's Line 266 • The Umbilicus or Omphalos 266
- Inguinal Ligament/Poupart's Ligament 268
- Falx Inguinalis/Conjoint Tendon 269 • Rectus Sheath 270
- Inguinal Canal 271 • Defensive Mechanism of the Inguinal Canal 272
- Scrotum 274 • Spermatic Cord 276 • The Mesentery 277
- Epiploic Foramen 278 • Meckel's Diverticulum 278 • Peyer's Patches 280
- Cisterna Chyli 280 • Renal Fascia or Fascia of Gerota 281
- Ischiorectal Fossa 282 • Perineal Body/Central Tendon of the Perineum 285
- Superficial Perineal Pouch 286
- Deep Perineal Pouch 287 • The Suprarenal Glands 288
- Name Different Regions of Abdomen and Their Important Contents 291

7. Inferior Extremity 293

- Muscles of Anterior Aspect of Thigh 293 • Hamstring Muscles 295
- Muscles of The Medial Aspect of the Thigh 296
- Muscles of Gluteal Region 298
- Structures Deep to the Gluteus Maximus 299 • Femoral Artery 301
- Relations 302 • Popliteal Artery 303 • Anterior Tibial Artery 306
- Posterior Tibial Artery 307 • Femoral Nerve 309
- Obturator Nerve 310 • Sciatic Nerve 312 • Common Peroneal Nerve 314
- Deep Peroneal Nerve (Anterior Tibial Nerve) 315
- Superficial Peroneal Nerve 316 • Tibial Nerve 317
- Hip Joint 319 • Knee Joint 326 • Bursae Around the Knee Joint 330
- Ankle or Talocrural Joint 336

8. Short Notes on Inferior Extremity 340

- Deep Fascia of Thigh/Fascia Lata 340 • Iliotibial Tract 340
- Saphenous Opening 341 • Inguinal Lymph Nodes 342
- Femoral Sheath 343 • Tendocalcaneus or Tendoachilles 345
- Plantar Aponeurosis 346 • First Layer of Muscles of Sole 347
- Lateral Plantar Artery 348 • Medial Plantar Artery 349
- Plantar Arterial Arch 349 • Superior Extensor Retinaculum 350
- Inferior Extensor Retinaculum 351 • Superior Peroneal Retinaculum 352
- Inferior Peroneal Retinaculum 352 • Flexor Retinaculum 353
- Arteria Profunda Femoris 354 • Arteria Dorsalis Pedis 355
- Superficial Veins of the Lower Limb 356 • Great Saphenous Vein 356

- Small or Short Saphenous Vein 358 • Arches of the Foot 359
- Structures Maintain the Foot Arches 361 • Greater Sciatic Foramen 363
- Lesser Sciatic Foramen 363 • Femoral Triangle 363
- Adductor Canal/Hunter's Canal or Subsartorial Canal 367
- Popliteal Fossa 368 • Anastomosis Around the Knee Joint 369

9. Head, Neck and Face 372

- Middle Ear or Tympanic Cavity 372 • Eyeball 377 • The Larynx 387
- Mechanism of Speech (Phonation) 398 • The Pharynx 398
- Anterior Triangle of Neck 405 • Posterior Triangle of Neck 409
- Thyroid Gland 412 • Parotid Gland 417
- Parotid Duct or Stensen's Duct 422 • Tongue 422
- Muscles of the Tongue 425 • Common Carotid Artery 431
- External Carotid Artery 433 • Internal Carotid Artery 441
- Internal Jugular Vein 443 • Temporomandibular Joint 445

10. Short Notes on Head, Neck and Face 449

- Scalp 449 • Extent 449 • Muscles of the Face 452
- Carotid Sheath 456 • Waldeyer's Lymphatic Ring 456 • Palatine Tonsil 457
- Posterior Cricoarytenoideus or Safety Muscle of Larynx 460
- Styloid Apparatus 461 • The Orbits 461 • Extraocular Muscles 464
- Muscles of Mastication 467 • Soft Palate 470 • Palatine Aponeurosis 471
- Muscles of Soft Palate 472 • Lateral Wall of Nose 473
- Nasal Septum 477 • Tympanic Membrane or Eardrum 480
- Pharyngotympanic or Auditory or Eustachian Tube 482
- The Circulus Arteriosus or Circle of Willis 485 • Blood-Brain Barrier 486
- The Optic Chiasma 487 • Dural Sinuses 488 • Cavernous Sinuses 492
- Otic Ganglion 494 • Ciliary Ganglion 495
- Ansa Cervicalis or Ansa Hypoglossi 496 • Nasociliary Nerve 496
- Paranasal Sinuses 497 • Lacrimal Apparatus 501 • Vertebral Artery 503
- Pituitary Gland 505 • Sternocleidomastoid Muscle 508

11. Brain and Spinal Cord 510

- Cerebrum 510 • Basal Nuclei 522 • Internal Capsule 526
- White Matter of the Cerebrum 529 • Fourth Ventricle 530
- Lateral Ventricles 534 • Third Ventricle 538 • Thalamus 540
- Metathalamus 543 • Epithalamus 544 • Pineal Body 545
- Habenular Nuclei 545 • Hypothalamus 545
- Subthalamus 546 • Cerebellum 547 • Spinal Cord 552
- Internal Structures of the Spinal Cord 557 • Meninges 561
- Cerebrospinal Fluid 569 • Brainstem 571

12. Other Short Notes 591

- Umbilical Cord 591 • The Placenta 593 • Fetal Circulation 594
- Horner's Syndrome 595 • Turner's Syndrome 595

- Down's Syndrome or Mongolism 596 • Notochord 596
- Right Atrioventricular Valve or Tricuspid Valve 597

13. Cranial Nerves and Some Neural Pathways 600

- Olfactory Nerve 600 • Optic Nerve 601 • Oculomotor Nerve 604
- Trochlear Nerve 606 • Trigeminal Nerve 607 • Abducent Nerve 609
- Facial Nerve 611 • Vestibulocochlear Nerve 615
- Glossopharyngeal Nerve 616 • Vagus Nerve 618
- Accessory Nerve 621 • Hypoglossal Nerve 622
- Visual Pathway 624 • Auditory Pathway (Pathway of Hearing) 626
- Vestibular Pathway 627 • Taste Pathway 627 • Olfactory Pathway 627
- Pathway of Touch/Tract of Conscious Proprioceptive Impulses 628
- Pathway of Pain and Temperature or Lateral Spinothalamic Tract 628
- Reticular Formation 629 • Limbic System 630

14. Dissection 631

- Dissection of Anterior Triangle of Neck 631
- Dissection of Posterior Triangle of the Neck 634
- Dissection of Parotid Region 635
- Dissection of Suboccipital Triangle 637 • Dissection of Axilla 638
- Dissection of the Front of the Arm 641
- Dissection of the Triangular and Quadrangular Spaces 642
- Dissection of Cubital Fossa 644 • Dissection of the Front of the Forearm 647
- Dissection of the Palm 649 • Dissection of the Dorsum of the Hand 653
- Dissection of Rectus Sheath 654 • Dissection of Inguinal Canal 657
- Dissection of Femoral Triangle 659
- Dissection of Adductor Canal/Hunter's Canal 663
- Dissection of Gluteal Region 664 • Dissection of Popliteal Fossa 666
- Dissection of Sole of Foot 670

15. Histology (T.S.) 674

- General Structures of the Gastrointestinal Tract (T.S.) 674
- T.S. of Stomach 675 • T.S. of Duodenum 675 • T.S. of Jejunum 676
- T.S. of Ileum 677 • T.S. of Vermiform Appendix 677
- T.S. of Large Intestine 677 • T.S. of Spleen 678
- T.S. of Pancreas 678 • T.S. of Liver 679 • T.S. of Gallbladder 680
- T.S. of Kidney 680 • T.S. of Ureter 681 • T.S. of Prostate 682
- T.S. of Testis 682 • T.S. of Epididymis 683 • T.S. of Ovary 684
- T.S. of Fallopian Tube 684 • T.S. of Uterus 685
- T.S. of Suprarenal (Adrenal) Glands 685 • T.S. of Thyroid Gland 686
- T.S. of Lung 686 • T.S. of Tongue 687 • T.S. of Cerebrum 688
- T.S. of Cerebellar Cortex 689 • T.S. of Spinal Cord 689
- T.S. of Hyaline Cartilage 690 • T.S. of Elastic Cartilage 690
- T.S. of Fibrocartilage 691 • T.S. of Compact Bone 692 • T.S. of Skin 692

16. Radiology **693**

- Radiology of Head, Neck and Skull 693 • Radiology of Vertebral Column 695
- Radiology of Thorax/Chest 696 • Radiology of Abdomen and Pelvis 699
- Radiology of Superior Extremity 704
- Sequences of Ossification and Union 707
- Radiology of Inferior Extremity 709

17. Surface Anatomy **713**

- Head, Neck and Face 713 • Thorax 719 • Heart 720
- Lungs 721 • Abdomen and Pelvis 722
- Superior Extremity 729 • Inferior Extremity 730

18. Osteology **735**

- Introduction 735 • Osseous System or Skeletal System 735
- Bones of Upper Limb 736 • Clavicle 736 • Scapula 739
- Humerus 747 • Radius 754 • Ulna 757 • Skeleton of the Hand 763
- Bones of Lower Limb 764 • Hip Bone 764 • Femur 774 • Patella 779
- Tibia 781 • Fibula 786 • Skeleton of the Foot 791
- Tarsus/Tarsal Bones 791 • Talus 791 • Calcaneus/Calcaneum 794
- Metatarsal Bones 797 • Phalanges 798 • Ribs and Sternum 798
- Ribs 798 • Typical Ribs 799 • Atypical Ribs 802 • Sternum 803
- Cervical Vertebrae 806 • Thoracic Vertebrae 812 • Lumbar Vertebrae 813
- Sacrum 815 • Skull 824 • Occipital Bone 831 • Temporal Bone 835
- Mandible 841 • Sphenoid Bone 844 • Parietal Bone 852
- Frontal Bone 853 • Maxillae 859

19. Oral Questions and Answers **863**

- Larynx 863 • Heart 864 • Aorta 869 • Trachea 870
- Lungs 872 • Esophagus 873 • Diaphragm 874 • Thorax 875
- Stomach 876 • Appendix 879 • Spleen 880 • Pancreas 883
- Liver 884 • Kidneys 887 • Gallbladder 888 • Uterus 889
- Abdomen and Pelvis 892 • Superior Extremity 894
- Inferior Extremity 898 • Head and Neck 900
- Foramina of Skull 907 • General Anatomy 908
- Miscellaneous Oral Questions and Answers 909

Index 913