Contents

Chapter 1. **Evolution of Nail** **1**
Savitha AS

Chapter 2. **Basic Science: Anatomy, Embryology, Biochemistry, Blood Supply, Functions** **4**
Deepika Pandhi, Amit Dhawan
Functions of the Nail 4
Comparative Anatomy 5

Chapter 3. **Approach to Nail Disorders** **19**
Vibhu Mendiratta, Niti Gaur
Nail Swab for Culture and Sensitivity Testing 21
Direct Microscopic Examination 21
Fungal Culture 24
Nailfold Capillaroscopy 26
Plain X-Ray 27
Nail Unit Biopsy 27
Dermatoscopy 30
Newer Diagnostic Modalities in Diagnosis of Nail Disorders 32

Chapter 4. **Dermatoscopy** **36**
Sushil T Tahiliani, Namrata Bijlani
History 37
Principle 37
Uses 37
Dermatoscopic Semiology 37
Dermatoscopic Examination of Nail Pigmentation 38
Dermatoscopy in Connective Tissue Disorders 44
Dermatoscopy of Nail Tumors 45

Chapter 5a. **Nail Disorders in Children** **49**
Deepak Parikh

Chapter 5b. **Congenital and Hereditary Diseases** **51**
Sahana MS
Change in Nail Matrix Form and/or Size 52
Change in Nail Matrix Position 59
Changes in Nail Matrix Function 60
Changes in Nail Matrix and Nail Bed 61
Genodermatoses with Secondary Nail Changes 62

Chapter 6. Nail Changes and Disorders in Elderly 69
Gurcharan Singh
Etiology 70
Senile Changes in Nails 70
Nail Disorders Among Elderly 71
Nail Changes in Elderly Due to Skin Diseases 74
Nail Signs of Systemic Diseases 75

Chapter 7. Nail Changes in Lichen Planus 84
Devinder Mohan Thappa, Priya Bishnoi
Epidemiology 84
Clinical Features 85

Chapter 8. Nail Psoriasis 90
Sumathy TK
Structure of the Nail Unit with Reference to Nail Psoriasis 91
Topical Therapy 94

Chapter 9. Trachyonychia 99
S Sacchidanand, Sujala S Aradhya
Synonym: Sand Paper Nails, Rough Nails 99

Chapter 10. Nail in Other Dermatological Diseases 105
Sharath Kumar BC, Shilpa K
Nail Changes in Alopecia Areata 105
Nail Changes in Eczema and Contact Dermatitis 107
Scabies 109
Bullous Disorders 110
Pityriasis Rubra Pilaris (PRP) 112
Paraneoplastic Acrokeratosis (Bazex Syndrome) 112
Darier's Disease 113
Reiter's Syndrome 114

Chapter 11. Dermatophytic Onychomycosis 119
Archana Singal, Deepshikha Khanna
Predisposing Factors 119
Etiology 120
Pathogenesis 121
Classification, Clinical Patterns and Mode of Invasion 121
Differential Diagnosis 125
Diagnosis of *Tinea Unguium* *126*
Treatment 132
BATT and BOAT 141
Relapse 142
Drug Resistance 143
Special Populations 143

Chapter 12. Nondermatophytic Onychomycosis 149
Manjunath Shenoy M, Suchitra Shenoy M
Epidemiology 150
Clinical Features 150

Chapter 13. Paronychia 158
Vijay Zawar

Chapter 14. Nail Tumors 169
Chander Grover, Ananta Khurana
Benign Tumors 170

Chapter 15. Ingrown Toenail 182
Raghunatha Reddy R, Shashikumar BM

Chapter 16. Pigment Anomalies of Nail 194
K Narendra Kamath
Exogenous or Nail Surface Changes 194
Nail Plate Pigmentation 196
Nail Bed Changes 197
Some Interesting Entities 198

Chapter 17. Psychosomatic Disorders 202
Asha GS
Nail Changes in Psychiatric Illness 203
Brittle Nail 205
Worn Down Nail Syndrome 205
Bidet Nails 205
White Banding of Nail 205
Habit-tic Deformity 205
Median Nail Dystrophy of Heller 206
Hemionychophagi 206
Nail Fold Vascular Plexus 206

Chapter 18. Drug Induced Nail Changes 207
Eswari L, Leelavathy B

Chapter 19. Nails in Systemic Diseases 221
Nataraja HV, Revathi TN, Preeti Sheth
Classification 222
Koilonychia 222
Digital Clubbing 223
Beau's Lines 224
Leukonychia 225
Red Lunulas 227
Splinter Hemorrhages 227

Yellow Nail Syndrome 228
Onycholysis 229
Anonychia 229
Nail Changes Associated with Specific Organ Involvement 230
Nail Changes in Renal Disorders 230
Nail Changes Associated with Gastrointestinal Disease 230
Nail Changes in Pulmonary System 231
Nail Changes Associated with Malnutrition 232
Nail Changes in Infectious Diseases 233
Nails in Patients with Human Immunodeficiency Virus 234
Nail Changes in Autoimmune Disorders 234
Nail Changes in Psychological Disorders 235
Diagnosis 235

Chapter 20a. Anesthesia and Instruments for Nail Surgery **237**
Nitin Barde
Anesthesia in Nail Surgery 237
Distal Nail Blocks 237
Proximal Nail Blocks 238
Transthecal Digital Anesthesia 239
Regional Blocks 240
Tourniquet and Hemostasis 241

Chapter 20b. Nail Surgery **243**
KPJS Puri, Nitin Barde

Chapter 21. Nail Cosmetics **253**
Umashankar Nagaraju
History of Nail Art 254
Variants of Manicure 260
Hardeners 265
Cosmetic Therapy in Nail Disorders 269

Index ***279***