Contents

Chapter 1: Introduction to Pedodontics and Preventive Dentistry 1

- Pedodontics 1
- Aims and objectives 1
- Scope 2

Chapter 2: Growth and Development 4

- Importance of study of growth and development in pedodontics 4
- Nature of growth and development 5
- Growth spurts 5
- Basic concepts in growth 11
- Mechanism of bone growth 14
- Theories of growth of craniofacial region 16
- Factors affecting growth and development 23
- Postnatal growth of cranial vault and cranial base 24
- Postnatal growth of nasomaxillary complex 26
- Postnatal growth of mandible 29
- Methods of growth measurements 31
- Facial growth trends 33
- Reflexes present in infants and its significance 34
- Developmental milestones in children 40
- Physiology and its significance in growing children 45

Chapter 3: Development of Occlusion. 52

- Nolla's stages of teeth development and its significance 52
- Tooth movements during tooth eruption 53
- Mechanism of tooth eruption 55
- Theories of tooth eruption 55
- Factors affecting tooth eruption 57
- Development of occlusion from birth to adolescence 59
- Molar relationship from primary dentition to permanent dentition stage 68
- Characteristics of normal occlusion in mixed and permanent stages 69
- Dimensional changes in the dental arch during growth 71

Chapter 4: Dental Anatomy, Morphology and Histology 75

- Development of teeth and its associated structures 75
- Dental anomalies that occur at different stages of tooth development 85
- Deciduous teeth and its functions 85
- Dental formulae 85
- Eruption of tooth 86

- Teething problems and their management 86
- Morphological characteristics of primary teeth....87
- Differences between primary and permanent teeth 90
- Exfoliation 90
- Pattern and mechanism of deciduous tooth shedding....90
- Nerve supply for the oral cavity 97
- Vessels associated with the oral cavity 98
- Characteristics and importance of young permanent teeth 100
- Importance of first permanent molar....101

Chapter 5: Dental Radiology Related to Pedodontics....104

- Radiography 104
- History of dental radiography 104
- Radiographic examination....105
- Selection criteria in radiographic examination....106
- Indications for exposing radiographs 108
- Guidelines for prescribing dental radiographs 110
- Uses of intraoral X-rays....110
- X-ray films....110
- Sedation for imaging procedures 113
- Intraoral and extraoral radiographs....113
- Commonly used radiographic techniques 113
- Bitewing radiographs....116
- Object localization radiography....117
- Significance of panoramic radiographs 118
- Cephalometrics....120
- Extraoral radiographs....120
- Principles of radiation protection 121
- Errors and difficulties in radiographic procedures and its management....122
- Precautions to be followed in radiographic procedures 124
- Radiobiological effects of X-ray exposure 125
- Recent imaging techniques and its advantages....127

Chapter 6: Oral Surgical Procedures in Children 129

- Anatomic and physiologic concerns and general considerations in sedating a pedodontic patient 130
- Drugs commonly used in sedation....130
- Routes of administration and sedation techniques....130
- Mild/preoperative sedation/anxiolytics 130
- General anesthesia in children 130
- Management of psychological effects of hospitalization 130
- Conscious sedation 132
- Nitrous oxide-oxygen mixture sedation....132
- Dissociative sedation 132
- Local anesthesia and local anesthetic agents 132
- Topical anesthetics....138
- Conventional injection techniques in maxillary and mandibular dentition 139
- Jet injection....145
- 'WAND' delivery system....146
- Armamentarium for basic oral surgical procedures and sterilization techniques....146
- Indications and contraindications of tooth extraction....152

- Tooth extraction procedure 152
- Postextraction instructions 152
- Management of oral soft-tissue injuries....157
- Selection of suturing materials....157
- Principles of surgical incision and flap design 160
- Soft-tissue surgical procedures 161
- Minor oral surgical procedures in children/Dentoalveolar surgery 162
- Anatomical considerations for maxillofacial injuries 165
- Patterns of pediatric facial fracture injury and methods of management....165
- Acquired temporomandibular disorders and its management 169

Chapter 7: Dental Caries 171

- Historical background 172
- Classification and theories of caries formation....174
- Chemoparasitic theory 174
- Histopathological changes in dental caries....177
- Pathogenesis and factors influencing caries formation....180
- Keyes triad/Caries tetralogy....180
- Role of microbes in caries formation....182
- Window of infectivity, Stephan's curve and critical pH level....182
- Influence of fissure morphology in caries formation....186
- Caries pattern in primary, young permanent and permanent teeth 186
- Arrested caries....189
- Affected and infected dentin....189
- Childhood caries 190
- Baby bottle tooth syndrome and RIECDD 190
- Rampant caries 194
- Prevention schedule for high-risk caries group 194
- Rampant caries and nursing bottle caries 197
- Pre-eruptive caries 197
- Incipient caries....199
- Root caries....200
- Role of diet in dental caries 201
- 'Sucrose—the arch criminal'....201
- Diet analysis/diet chart and dietary counseling....203
- Caries detection—methods and recent views 207
- Risk assessment and dentist's role in caries control program....210
- Caries activity tests 213
- Cariostat 220
- Cariogram 220

Chapter 8: Gingival and Periodontal Diseases in Children 225

- Features of normal periodontium....225
- Changes observed in periodontium during eruption of tooth....225
- Classification of periodontal diseases and conditions....227
- Common gingival lesions 227
- Common microbes in oral cavity....229
- Microflora composition in young children and its role in plaque formation 229
- Eruption gingivitis in children....232
- Acute gingival diseases in children....232
- Chronic marginal gingivitis....233

- Chronic non-specific gingivitis 234
- Localized gingival recession....234
- Gingival diseases modified by systemic factors....235
- Aggressive periodontitis and its management....237
- Classification of periodontitis as a manifestation of systemic diseases 239
- Papillon-Lefèvre syndrome/Precocious periodontosis 240
- Abnormal frenal attachment and its management 240
- Periodontal screening and recording (PSR) 244
- Extrinsic stains and its management in children....244
- Prevention of gingival and periodontal diseases 246
- Methods of plaque control....246

Chapter 9: Child Psychology....247

- Child psychology and its importance 247
- Different schools of psychology....248
- Theories of child psychology....248
- Three levels of awareness and structural model of personality according to Sigmund Freud 248
- Sigmund Freud theory of psychological development from birth through adolescence....252
- Erikson's theory of psychosocial development....255
- Cognitive developmental theory 260
- Classical conditioning 264
- Operant conditioning 266
- Observational learning theory 268
- Maslow's theory of psychological development....269
- Mahler's theory of personality development....270
- Psycho-orthodontic theory of motivation 270
- Classification of child development 271
- Oral theory of sears....272
- Benjamin theory (1960)....272
- Emotion, its characteristics and significance....273
- Parental attitudes that affect child behavior 276

Chapter 10: Behavior Management 280

- Classification of child according to behavior pattern....280
- Factors that influence child behavior 284
- Types of cry....286
- Pedodontic treatment triangle....287
- Functional enquiry....288
- Behavior shaping....289
- Techniques used for management of dental behavior 289
- Implosion therapy....299
- Coping 299
- Word substitutes used for communicating with children 300
- Physical assessment and its significance 300
- Relation of emotional maturation to the dental situation....301
- Intelligence quotient (IQ) assessment and its significance 302
- Pharmacological methods of behavior management 304

- Anatomic and physiologic concerns and general considerations in sedating 304
- Drugs commonly used in sedation 310
- Routes of administration and sedation techniques 310
- Preoperative sedation/anxiolytics 310
- Conscious sedation 314
- Nitrous oxide-oxygen mixture sedation 314
- Dissociative sedation 318

Chapter 11: Pediatric Operative Dentistry 320

- Principles/guidelines in pediatric restorative dentistry 321
- Instrumentation in pediatric restorative dentistry 323
- Various isolation techniques 324
- Types of clamps 324
- Morphology and histology influencing cavity preparation 330
- Conventional cavity preparation in primary and permanent tooth 332
- Basic principles in cavity preparation of primary teeth 333
- Class 1 cavity preparation for incipient lesions and pit and fissures 334
- Matrices and wedges 337
- Class 2 cavity preparation in primary tooth and its modifications 340
- Tunnel preparation 345
- Class 2 cavity preparation for amalgam and esthetic materials 348
- Failure of amalgam restorations 349
- Management of primary molar with multiple carious lesions 350
- Restoration of primary anterior teeth 356
- Sandwich technique 361
- Prophylactic odontotomy 363
- Enamel microabrasion 363
- Kinetic cavity preparation/Air abrasion technique 365
- Lamination techniques in restoration 366
- Chemomechanical caries removal 369
- Alternative restorative treatment/Atraumatic restorative treatment 371

Chapter 12: Pediatric Endodontics 374

- Primary pulp and its anatomic considerations and differences from permanent pulp tissue 375
- Pulpal reactions to dental caries and during operative procedures 377
- Classification and causes of pulpal pathology 379
- Reversible and irreversible pulpitis 379
- Principles/goals of pulp therapy 382
- Factors influencing pulp therapy 382
- Pulp vitality tests and its recent advancements 385
- Pulpal treatments 389
- Importance of size of exposure and hemorrhage in deciding treatment 389
- Pulp capping 390
- Pulp capping agents 390
- Treatment of deep carious lesions 397
- Indirect pulp capping 397
- Vital pulp therapy techniques 400

- Direct and indirect pulp capping....402
- Pulpotomy....403
- Various techniques in pulpotomy....405
- Failures after vital pulp therapy....413
- Requirements of root canal filling materials....414
- Obturation technique used in primary teeth....414
- Non-vital pulp therapy....416
- Pulpectomy....416
- Open apex and its management in young permanent tooth....422
- Apexification vs apexogenesis....425
- Bleaching of non-vital discolored teeth in children....425

Chapter 13: Traumatic Injuries in Children....429

- Dental traumatology....429
- Etiology and predisposing factors for traumatic injuries....430
- Significance of diagnosing and treating traumatic injuries....430
- Clinical changes and sequelae of trauma....431
- Classification of traumatic injuries....433
- Examination of traumatized teeth....437
- Principles in treating dental traumatic injuries....437
- Clinical features and management of teeth displacement injuries....438
- Avulsion and its management....442
- Emergency treatment and temporary restoration of fractured teeth without pulpal exposure....447
- Management of crown fractures....449
- Root fracture and its management....452
- Autotransplantation....453
- Soft-tissue injuries, its management and prevention....454
- Oral burns—causes and management....454
- Sports injuries and its preventive management....457

Chapter 14: Preventive and Interceptive Orthodontics....460

Section-A: Preventive Orthodontics

- Various preventive orthodontic procedures....460
- Rationale and principles of preventive orthodontics....460
- Preventive procedures without appliances....462
- Classification of space maintainers....464
- Planning space maintenance....466
- Prerequisites of an ideal space maintainer....467
- Indications and contraindications of space maintainer....467
- Removable space maintainers....468
- Types of fixed space maintainers....470
- Various space maintenance procedures according to different conditions or teeth areas....476
- Mouth guard/mouth protector/gum shield....476

Section-B: Interceptive Orthodontics

- Various interceptive orthodontic procedures....478
- Occlusal equilibration/Occlusal grinding....478

- Incipient malocclusions....480
- Management of anterior crossbite in primary and mixed dentition....480
- Management of posterior crossbite in primary and mixed dentition....483
- Problems related to eruption of teeth and its management....487
- Mixed dentition analyses....490
- Muscle exercises....492
- Space regainers/Active space maintainers....493
- Serial extraction....495
- Management of deleterious habits....499
- Comprehensive orthodontics for the developing occlusion....499

Chapter 15: Oral Habits....505

- Classification of habits....505
- Various deleterious oral habits....505
- Thumb sucking....506
- Tongue thrusting and its management....510
- Lip habits....512
- Classification of mouth breathers....512
- Mouth breathing habits....512
- Masochistic habits/Self-mutilation habits....514
- Bruxism....514
- Secondary habits....515

Chapter 16: Dental Care of Children with Special Needs....516

- Classification of handicapped children....517
- Oral hygiene measures in handicapped child....517
- Management of children with special needs....523
- Behavior management in handicapped children....523
- Management of visually impaired child....527
- Management of child with hearing incompetence....527
- Dental considerations and management of child with learning disabilities....530
- Management of children with cerebral palsy....531
- Intellectual disability and its dental management....534
- Dental management of autism spectrum disorder....537
- Management of child with trisomy 21....539
- Tourette's syndrome—characteristic features and management....541
- Classification of bleeding disorders....543
- Periodontal therapy....543
- Restorative procedures....543
- Pulpal therapy....543
- Oral surgery....543
- Orthodontic treatment....543
- Dental management in viral hepatitis, sickle cell anemia, epilepsy....551
- Oral manifestations of AIDS and its dental management....556
- Childhood leukemias and its dental management....559
- Hematopoietic stem cell transplantation/Graft-versus-host disease....565
- Renal failure and its management....568
- Management of child with cardiovascular disease....569
- Various methods of treatment for children with medically compromised conditions....571

Chapter 17: Congenital and Developmental Abnormalities in Children 574

- Principles of genetic and developmental traits, and types of gene expression 575
- Influence of genetic factors on major craniofacial, oral and dental conditions 581
- Classification of congenital abnormalities and its management 584
- Developmental anomalies in craniofacial growth 586
- Characteristic craniofacial/dental features that help in diagnosis 586
- Etiology, clinical features and management of child with trisomy 21 586
- Classification of cleft lip and cleft palate, and its management 586
- Management of dental anomalies 599
- Natal and neonatal teeth and its management 600
- Ectopic eruption and its management 601
- Developmental anomalies in size of teeth and its management 603
- Developmental anomalies in shape of teeth and its management 604
- Developmental disturbances relating to number of teeth and its management 607
- Developmental disturbances in relation to structure of teeth 610
- Amelogenesis imperfecta and its dental management 610
- Early exfoliation of teeth 615
- Pre-eruptive coronal resorption/Pre-eruptive caries 616
- Intrinsic discoloration of teeth and its management 616
- Tetracycline discoloration 616
- Developmental anomalies of tongue and its management 617
- Abnormal labial frenum and its management 620

Chapter 18: Dental Emergencies in Pediatric Dental Practice 623

- Duties and responsibilities of a dentist during medical emergencies 623
- Critical steps in preparation of emergency 624
- Fundamental steps in emergency management 625
- Treatment protocols in pediatric emergency 625
- Emergency drugs and equipment 631
- Basic life support 634
- Emergency situations in pediatric dental practice 635
- Management of unconsciousness/fainting/syncope 636
- Management of respiratory difficulty 637
- Management of altered consciousness/hyper and hypoglycemic states 639
- Management of seizures 639
- Management of drug-related emergencies/allergy/anaphylaxis/drug toxicity 640
- Management of bleeding 642
- Management of chest pain 642
- Management of cardiac arrest 644

Chapter 19: Dental Materials Used in Pediatric Dentistry 647

- Armamentarium 648
- Classification of dental materials 648
- Pit and fissure sealants 648
- Classification of glass ionomer cements 648
- Classification of dental composites 653
- Composition, setting reaction, recommendations, advantages and disadvantages of dental composites 654
- Dentin bonding agents 656
- Mechanism of dentin bonding 656

- Acid-etch technique 659
- Tooth-colored restoratives/Direct restoratives 660
- Dental amalgam 661
- Stainless steel crowns 664
- Factors affecting the choice of restorative materials 665
- Different restorative materials 665
- Dental ceramics 667
- Cavity liners and bases 668
- Zinc polycarboxylate cement 669
- Root canal obturating materials in primary tooth 670
- Root canal irrigants 671
- Materials used for pulpotomy and pulpectomy 673
- Pulp capping agents 673
- Mineral trioxide aggregate (MTA) 674
- Smart materials 674
- Semi-permanent restorations 675

Chapter 20: Preventive Dentistry 677

- Different levels of prevention 677
- Balanced diet and biological factors responsible for oral health 679
- Healthy dietary patterns and its importance 679
- Pediatric malnutrition and food insecurity 681
- Nutritional considerations from infancy through adolescence 686
- Plaque and its formation 688
- Methods of plaque control 688
- Sugar substitutes 702
- Role of xylitol in caries prevention 702
- Plaque control measures in special children 703
- Pit and fissure sealants 703
- Home care oral hygiene instructions 707
- Caries vaccine/Modern trends in preventive dentistry 710

Chapter 21: Dental Health Education and School Dental Health Programs 714

- Dental public health 714
- Principles and approaches of dental health education 714
- School health program 715
- Indices commonly used in children 719
- DMFT and DMFS index 719

Chapter 22: Fluorides 728

- Historical background 728
- Fluoride and its pharmacokinetics in body tissues 728
- Biomechanism of fluoride as an anticariogenic agent 733
- Communal water fluoridation/Community water fluoridation 734
- Dietary fluoride supplements 736
- Topical fluorides 740
- Role of topical fluorides in prevention of caries 740
- Indications and recommended use of professionally applied topical fluorides 748
- Professionally applied topical fluoride agents 750
- Topical and systemic fluorides 751

- Fluoride toxicity and its management 751
- Defluoridation 756
- Defluoridation techniques in India 756

Chapter 23: Case History Recording, Examination and Treatment Planning 760

- Significance of case history recording 760
- Clinical examination 762
- Treatment planning 767

Chapter 24: Setting up of Pedodontic Clinic 771

- Setting up and management of dental clinic 771
- Modifications of dental clinic for special children 773
- Infection control in pediatric dental care 773

Chapter 25: Pediatric Oral Medicine 777

- Eruption cyst/Eruption hematoma 778
- Eruption sequestrum 778
- Palatal and alveolar cysts of newborn/Epstein's pearls, Bohn's nodules and dental lamina cysts 778
- Alveolar abscess and its management 779
- Periapical and periodontal abscess 781
- Cellulitis 781
- Commonly involved space infections in children 782
- Ludwig's angina 784
- Focal sepsis 784
- Common types of ulcers 786
- Clinical features and management of recurrent aphthous ulcer 786
- Recurrent aphthous ulcer 786
- Bacterial infections affecting oral mucosa 788
- Clinical features and management of syphilis 788
- Common viral infections 790
- Clinical features and management of HSV/PHG/recurrent herpes labialis 790
- Common fungal infections in children 792
- Antifungal agents 792
- Oral manifestation of systemic diseases 795
- Acrodynia 801
- Diseases that cause early exfoliation of teeth 802
- Reasons for intrinsic pigmentation of teeth 802
- Discoloration in tetracycline therapy 802
- Developmental disorders of buccal mucosa and its management 802
- Various developmental anomalies of tongue 802
- Ankyloglossia and its management 802
- Developmental disorders of floor of the mouth 802
- Cleidocranial dysostosis 802

Chapter 26: Drugs Used in Pediatric Dentistry 804

- Influence of biological maturation in pediatric pharmacology 804
- Factors affecting drug dosage in children 804
- Drug dosage calculation 807

- Guidelines in writing a prescription 809
- Classification of antimicrobials 811
- Antibiotic resistance and complications of antibiotic therapy 811
- Guidelines on use of antibiotic therapy 815
- Commonly prescribed analgesics and antibiotics in pedodontics 817
- Drugs that interact with antibiotics and its effects 824
- Contraindicated drugs 824
- Infective endocarditis prophylaxis 826
- Immunization schedule 826
- Antiseptic mouth rinses 828
- Premedications used in surgical procedures 829
- Anesthetic agents—topical, local and general 829
- Agents used in conscious sedation 829

Chapter 27: Prosthodontic Considerations for Pediatric Patients 831

- Tooth loss in children and its consequences 831
- Types of prosthodontic restorations 831
- Factors affecting prosthodontic replacement 832
- Prosthetic restoration of malformed/discolored/fractured teeth 833
- Principles of tooth preparation 833
- Guidelines in complete denture fabrication 834
- Management of ectodermal dysplasia 834
- Removable partial denture 837
- Adult and pediatric removable partial denture 837
- Immediate dentures 838
- Overdentures 839
- Fixed partial dentures 839
- Implants in growing children and its concerns 842
- Intraoral maxillary obturator 844
- Management of ectodermal dysplasia 845
- Prosthetic options for treating disorders related to teeth number 845

Chapter 28: Child Abuse and Neglect 848

- Child abuse 848
- Battered child syndrome 856
- Shaken baby syndrome 857
- Importance of teeth in medical jurisprudence 859
- Bite marks in dentistry 861
- Levels of prevention and role of pedodontist in child abuse 864

Index ***....869***