Contents

SECTION 1: Prepregnancy Care

1. Preconception Care 3
Prakash K Mehta (Chapter updated by Mohita Pengoria)
• Early Trends 3 • Preconception Visit 3

2. From Safe Motherhood to Reproductive Child Health 7
Alokendu Chatterjee, Joydeb Mukherjee, Partha Mukherjee, Nivedita Chattopadhyay (Chapter updated by Mohita Pengoria)
• Definition and Causes of Maternal Mortality 7 • Safe Motherhood Initiative 8 • Strategies of Safe Motherhood 8 • Health Care Interventions 9 • Reproductive and Child Health Program 11 • Road Ahead of Safe Motherhood 11

3. Principles of Antenatal, Intranatal and Postnatal Care at First and Second Referral Centers 13
Maya Hazra, Nandita Maitra (Chapter updated by Mohita Pengoria)
• Introduction: Magnitude of the Problem 13 • Trends in Development of Health Care Policies in India 14 • The National Rural Health Mission (2005–12) 15 • Community Mobilization Strategies 15 • Rural Health Care System: The Structure and Current Scenario 15 • Maternal and Child Health Services at the Primary and Secondary Level 16 • Future Challenges 16

4. Changing Trends in Maternal Nutrition and Interventions 18
Maninder Ahuja (Chapter updated by Mohita Pengoria)
• Noncommunicable Diseases 18 • Maternal Mortality Epidemiological Evidence 19 • Historical Trends in Recommendations for Weight Gain during Pregnancy 19 • Factors affecting Fetal Growth 21 • Gestational Weight Gain 22 • India 24 • Supplementation during Pregnancy 27 • Problems of Overweight 28 • Reaching Women 32 • For Future Considerations 34

5. Maternal Exercises, *Yoga* and Dance Therapy 37
Maninder Ahuja (Chapter updated by Mohita Pengoria)
• Cochrane Review 37 • What are the Benefits of Exercise during Pregnancy? 38 • Risks of Sedentary Lifestyle in Pregnancy 38 • When and How to Start an Exercise Program? 38 • Which Muscle Groups are Most Important to Exercise? 39 • Protocol of Exercise 40 • Duration of Exercise 40 • Intensity of Exercise during Pregnancy 40 • Competitive Athletes and Pregnancy 42 • The Actual Plan 43 • Instructions for Patient Education on Steps of Exercises: Body Weight Stretches 45 • Strength Training Exercises (Instruction for the Patients in Step of Exercises) 47 • Postpartum Exercise 49 • Exercise during Breastfeeding 49 • Exercises for the Working Women 50

6. Genetic Counseling for Obstetricians 52
Deepika Deka, Neerja Gupta, Madhulika Kabra (Chapter updated by Mohita Pengoria)
• Genetic Counseling 52 • Prenatal Diagnostic Techniques 52 • Congenital Malformations and Genetic Disease Inheritance 53 • Neural Tube Defect 54 • Role of a Genetic Counselor 54 • Indications of Prenatal Diagnosis and Genetic Counseling 55 • Genetic Counseling Case Management Procedure 55 • Genetic Counseling and Goals of Prenatal Diagnosis 55 • Genetic Counseling and Prenatal Diagnosis for Genetic Disorders 58 • Genetic Counseling for Principal Indications 59 • Pre-test and Post-test Counseling for Biochemical Screening 61 • Role of Obstetricians in Management of Patients with Genetic Disorder and Antenatal Detection of Malformation 61 • Special Problems in Genetic Counseling 61 • Problems with Chromosomal Prenatal Diagnosis 62

SECTION 2: Medical Disorders in Pregnancy

7. Anemia in Pregnancy 67
Manjari Matah, Partha Mukherjee, Arti Matah, Preeti Matah (Chapter updated by Meenal Jain)

• Definition and Severity of Anemia in Pregnancy 67 • Classification 67 • Physiological Anemia of Pregnancy 68 • Effects of Anemia on Pregnancy 68 • Effects of Pregnancy on Anemia 68 • Risk Periods for Maternal Mortality 68 • Iron Deficiency Anemia 68 • Dietary Sources of Iron 69 • Prevalence 70 • Causes 70 • Clinical Features 70 • Management 70 • Diagnosis 70 • Treatment 71 • Iron Therapy 72 • Management during Labor 75 • Megaloblastic Anemia in Pregnancy 76 • Folic Acid (Folate) Deficiency Anemia 76 • Management 77 • Vitamin B_{12} Deficiency Anemia 78 • Management 78 • Sickle Cell Trait (HbAS) 79 • Sickle Cell Disease (HbSS) 79 • Management 80 • Treatment 80 • Alpha Thalassemia Major 80 • Alpha Thalassemia Minor 81 • Beta Thalassemia Major 81 • Beta Thalassemia Minor 81 • Treatment 81 • Hemolytic Anemia 81 • Acquired Immune Hemolytic Anemia (Extravascular Hemolysis) 81 • Microangiopathic Hemolytic Anemia (Intravascular Hemolysis) 83 • Aplastic Anemia (Rare in Pregnancy) 84 • Management 84

8. Hematological Problems in Pregnancy 86
Prakash K Mehta (Chapter updated by Meenal Jain)

• Anemia Including Thalassemia and Sickle Cell Disease 86 • Bleeding Disorders 87 • Hypercoagulable States 89 • Antiphospholipid Antibody Syndrome and Systemic Lupus Erythematosus 89 • Leukemia/Leukemoid Reactions/Leukocytosis 90 • Chronic Myeloproliferative Disorders 90

9. Hemoglobinopathies in Pregnancy 92
Kavita N Singh (Chapter updated by Meenal Jain)

• Sickle Cell Hemoglobinopathies 92 • Management 94 • Contraceptive Advice 95 • Experimental Therapy 95 • Thalassemia 96 • Nestroft 98

10. Hypertension in Pregnancy 99
Sunil Bansal (Chapter updated by Rekha Rani)

• Normal Physiological Change in Blood Pressure during Pregnancy 99 • Definition of Hypertension in Pregnancy 99 • Classification of Hypertensive Disorders of Pregnancy 100 • Pathogenesis of Preeclampsia 100 • Management of Hypertension in Pregnancy 101 • Antenatal Care 102 • When to Treat Hypertension during Pregnancy 102 • Antihypertensive Drugs to Avoid in Pregnancy 104 • Antihypertensive Treatment Postpartum and during Breastfeeding 104 • Risk of Recurrence of Hypertensive Disorders in a Subsequent Pregnancy 104 • Long-term Cardiovascular Sequelae of Pregnancy-induced Hypertension 104 • Managing Hypertension in Pregnancy: Key Points 105

11. Cardiac Disease in Pregnancy 106
Tanya B Rohatgi, Kamal Buckshee (Chapter updated by Rekha Rani)

• Cardiovascular Drugs 107 • Management Options 108 • Congenital Heart Disease 110 • Atrial Septal Defect 110 • Ventricular Septal Defect 110 • Cyanotic Congenital Heart Disease 110 • Eisenmenger's Syndrome 110 • Pulmonary Hypertension 110 • Marfan's Syndrome 110 • Peripartum Cardiomyopathy 111 • Myocardial Infarction 111 • Mechanical Heart Valves 112 • Acquired Heart Disease 112 • Mitral Stenosis 112 • Arrhythmias 112 • Genetic Counseling 113 • Heart Disease in Pregnancy: Key Points 113

12. Diabetes in Pregnancy: Current Concepts 114
Tanya B Rohatgi, Kamal Buckshee, Sunil Bansal, Barun Sarkar (Chapter updated by Rekha Rani)

• Management 116 • Gestational Diabetes Mellitus 118

13. Liver Disease in Pregnancy 122
Kaizad R Damania, Parikshit D Tank (Chapter updated by Rekha Rani)

• Etiopathology 122 • Viral Hepatitis 122 • Acute Fatty Liver of Pregnancy 122 • HELLP Syndrome 123 • Clinical Presentation, Investigation and Differential Diagnosis 124 • Management 125

14. Malaria in Pregnancy 126
Hiralal Konar (Chapter updated by Rekha Rani)

• Epidemiology of Malaria Complex 126 • Pathology 127 • Important Maternal and Fetal Complications 129 • Effects of Pregnancy on Malaria 130 • Management 130 • Treatment 130

15. Thrombophilia in Pregnancy 133
SS Mehendale (Chapter updated by Poonam Yadav)

• Thrombophilia 133 • Mechanism of Clotting Disorders due to Inherited Defects 134
• Acquired Thrombophilia 135 • Clinical Presentation 136 • Treatment 137
• Future Perspectives 139

16. Pregnancy and Renal Disease 141
Alka Saraswat (Chapter updated by Poonam Yadav)

• Renal Disease Occuring during Pregnancy 141 • Asymptomatic Bacteriuria 142 • Acute Cystitis 142
• Acute Pyelonephritis 143 • Acute Renal Failure 144 • Chronic Renal Insufficiency 145
• Specific Types of Renal Disease 145 • Pregnancy in Dialysis Patients 147

17. HIV Infection in Pregnancy 150
Alok Vashishtha (Chapter updated by Poonam Yadav)

• Reproductive Health Issues in HIV-infected Women 150 • Methods of Conception in HIV-infected Patients 150
• Effects of Pregnancy on HIV Infection 151 • Effects of HIV Infection on Pregnancy 151 • Impact of Antiretroviral Therapy on HIV Transmission 152 • Guidelines for Use of Antiretroviral Therapy in Pregnancy 154 • Scenario 1 154
• Scenario 2 154 • Scenario 3 155 • Scenario 4 156 • Perinatal HIV Transmission and Route of Delivery 157

18. Recurrent Spontaneous Abortions: Current Choices in Treatment 162
Mandakini Parihar, Meenakshi Bharath (Chapter updated by Poonam Yadav)

• Incidence 162 • Definition 163 • Etiology of Recurrent Spontaneous Abortions 163 • Management of a Patient with Recurrent Spontaneous Abortions 164 • Polycystic Ovary Syndrome Causing Recurrent Pregnancy Losses 165
• Genetic Abnormalities 165 • Antiphospholipid Antibody (APLA) Syndrome 165

SECTION 3: Fetus as a Patient

19. Prenatal Diagnosis and Therapeutic Procedures 173
Vandana Chadda (Chapter updated by Poonam Yadav)

• Commonly Used Genetic Tests for Prenatal Diagnosis 173 • Common Diagnostic Procedures during Pregnancy Noninvasive Screenings 174 • Invasive Techniques for Obtaining Fetal Sample 175 • Amniocentesis 175
• Chorionic Villous Sampling 176 • Fetal Umbilical Vein Sampling 177 • Embryo-fetoscopy 177

20. Fetal Infections 179
Hema Divakar, Anupama Rao (Chapter updated by Poonam Yadav)

• Presentation 179 • Diagnostic Techniques 179 • Details of Individual Infections 180

21. Recent Trends in the Management of Recurrent Pregnancy Wastage 188
Pankaj Desai, Purvi Patel (Chapter updated by Ruchika Garg)

• Chances of Continuing the Pregnancy 188 • Genetic Factors and Recurrent Miscarriages 188
• Anatomical Causes and Recurrent Spontaneous Abortion 190 • Uterine Fibroids 191
• Cervical Incompetence 191 • Infections and Recurrent Spontaneous Abortion 192
• Endocrine Dysfunction and Recurrent Spontaneous Abortion 192 • Autoimmune Disease and Recurrent Spontaneous Abortion 193 • Alloimmune Causes and Recurrent Spontaneous Abortion 194
• Unexplained Recurrent Pregnancy Loss 194 • Psychological Aspects of Recurrent Spontaneous Abortion 194
• Endometriosis and Recurrent Spontaneous Abortion 194 • Toxic/Environmental Effects 195 • Treatment 195

22. Intrauterine Growth Restriction: Diagnosis and Management 199
Uday Thanawala, Krutika Khopkar (Chapter updated by Ruchika Garg)

• Definition of Intrauterine Growth Restriction 199 • Antepartum Recognition 200 • Etiology 202
• Investigation 202 • Management 202

23. Controversies in the Management of Twin Pregnancies 208
Parikshit D Tank (Chapter updated by Ruchika Garg)

• Vanishing Twin 208 • Preventing Preterm Delivery 208 • Antenatal Care 209
• Problems Unique to Twin Pregnancies 210 • Route of Delivery 210 • Postnatal Issues 210

24. Preterm Premature Rupture of Membranes 212
Sarita Bhalerao, Trupti Nadkarni (Chapter updated by Ruchika Garg)

• Incidence 212 • Etiopathogenesis 212 • Risk Factors 212 • Management 212
• Consequences of PPROM 213 • Management of PPROM 213

25. Current Trends in the Management of Preterm Labor 217
Asha Oumachigui, Latha Chaturvedula (Chapter updated by Ruchika Garg)

• Etiology 217 • Epidemiology 217 • Identifying Women at Risk of Preterm Birth 218 • Evaluation of PTL 219
• Investigations 219 • Treatment of Preterm Labor 219 • Risk to the Neonate 222 • In Utero Transfer 223
• Intrapartum Management 223 • Prepregnancy Prevention of Preterm Birth 223

26. New Approach to Management of Rhesus Alloimmunization 226
Duru Shah, Safala Shroff, Seema Jain (Chapter updated by Ruchika Garg)

• Antepartum Prophylaxis 227 • Postpartum Prophylaxis 228 • Monoclonal Versus Polyclonal 229
• Laboratory Techniques in Evaluating a Rhesus Alloimmunized Pregnancy 229 • Prenatal Investigations 230
• Investigations of the Fetus 231 • Clinician's Approach to Rhesus Alloimmunization 232 • Management of the Erythroblastic Baby after Birth 234 • Rhesus Alloimmunization: The Future 235

27. Fetal Surveillance: Newer Developments 237
Jyotsna Gandhi (Chapter updated by Ruchika Garg)

• Nonstress Test 237 • Nonstress Test in Clinical Conditions 238 • Amniotic Fluid Volume/Index 239
• Umbilical Artery Doppler Velocimetry in Antepartum Fetal Surveillance 240 • Concept of a Combined Testing Plan 241

28. Fetal Echocardiography 243
Sonal Panchal (Chapter updated by Ruchika Garg)

• Risk Factors for Cardiac Anomalies 243 • Equipment Settings 244 • M-mode Study 244
• Evaluation of the Heart 245 • Study of Internal Cardiac Anatomy 247 • Four Chamber View 249
• Left Ventricular Outflow Tract 250 • Right Ventricular Outflow Tract 250 • Three Vessel View 250
• Short Axis View 250 • Arch/Longitudinal Views 251 • Fetal Circulation 251
• Classification of Cardiac Diseases 252 • Septal Defects 252 • Right Heart Anomalies 254
• Left Heart Anomalies 255 • Conotruncal Defects 256 • Single Ventricle Defects 259
• Other Cardiac Defects 259 • Arrhythmias 260

29. The Genetic Sonogram 262
Ashok Khurana (Chapter updated by Ruchika Garg)

• Definition and Background 262 • Sonographic Markers for Down's Syndrome (Trisomy 21) 263
• Trisomy 18 (Edwards Syndrome) 265 • Trisomy 13 (Patau Syndrome) 265 • Turner's Syndrome (XO) 265
• Triploidy 265 • Genetic Sonography after First Trimester Screening 265

30. Fetal Therapy: Medical and Surgical 268
Deepika Deka (Chapter updated by Ruchika Garg)

• Medical Fetal Therapy 268 • Thyroid 268 • Congenital Adrenal Hyperplasia 269
• Nonimmune Hydrops 269 • Inborn Errors of Metabolism 270 • Alloimmune Thrombocytopenia 270
• Fetal Infections 270 • Toxoplasmosis 271 • Fetal Arrhythmias 272 • Cardiac Malformations 273
• Rhesus Isoimmunization 273 • Fetal Surgical Therapy 274 • Urinary Tract Obstructive Defects 274
• Lung Defects 276 • Pleural Effusion 276 • Multiple Pregnancies 277 • Congenital Diaphragmatic Hernia 278
• Fetal Tumors 279 • Sacrococcygeal Teratoma 279 • Recent Advances 279 • Fetal Gene Therapy 280

SECTION 4: Intrapartum Management

31. Place of Induction of Labor in Modern Obstetrics 285
Murari S Nanavati, Saloni Nanavati (Chapter updated by Anu Pathak)

• Incidence of Induction of Labor 285 • Indications for Induction of Labor 285
• Role of Cesarean Section 286 • Factors Influencing the Outcome of Induced Labor 286
• Methods of Cervical Priming 286 • Methods of Induction of Labor 286

32. Modern Management of Labor 289
Shirish N Daftary (Chapter updated by Anu Pathak)
• Admission Procedure 289 • Partography 292 • Active Management of Labor 292
• Programmed Labor 294 • Illustrative Cases 295 • Dysfunctional Labor 297

33. Intrapartum Fetal Monitoring Controversies 299
Rajyashri Sharma, Shaheen (Chapter updated by Anu Pathak)
• Intermittent Auscultation 300 • Electronic Fetal Monitoring 300 • Internal or Direct Monitoring 302
• Other Intrapartum Fetal Monitoring Techniques 302

34. Management of Obstructed Labor at a Referral Center 308
Chandrawati, Priti Kumar (Chapter updated by Anu Pathak)
• Etiology 308 • Clinical Picture of the Obstructed Labor 310 • Management 313 • Complications 316

35. Instrumental Vaginal Delivery 318
Atul Munshi, Dujal Munshi (Chapter updated by Anu Pathak)
• Historical Aspect 318 • Incidence 318 • Indications 318 • Prerequisites 319 • Contraindications 319
• Trial of Instrumental Delivery 320 • Choice of Anesthesia 320 • Classification of Forceps Deliveries 320
• Application 321 • Risks 323 • Ventouse 323 • Risks Related to Instrumental Delivery 324

36. Modern Management of Breech Presentation 329
Vandana Walvekar, Pratima Anjaria (Chapter updated by Anu Pathak)
• External Cephalic Version 330 • Elective Cesarean 332 • Trial of Breech (Vaginal Breech Delivery) 332
• Dilemmas and Discussion 333

37. Changing Trends in Cesarean Section 335
Neera Agarwal, Sumita Mehta, Shalini Rajaram (Chapter updated by Anu Pathak)
• History of Cesarean Section 335 • Incidence 335 • Indication 336
• Changing Trends in Operative Technique of Cesarean Section 337

38. Active Management of Third Stage of Labor 340
MP Patil (Chapter updated by Anu Pathak)
• Active Management 340 • Oxytocic Drugs for Active Management of Third Stage of Labor 341

SECTION 5: Postpartum Conditions

39. Management of Postpartum Hemorrhage 345
Maya Sood, Ritu P Khiwal, Anita Sabharwal (Chapter updated by Anu Pathak)
• Definition 345 • Etiopathology 346 • Clinical Presentation 346 • Diagnosis 346 • Management 347

40. Puerperal Sepsis 352
Madhuri A Patel, Usha B Saraiya (Chapter updated by Anu Pathak)
• Historical Aspect 352 • Predisposing Factors for the Development of Puerperal Sepsis 353 • Septicemia and Septic Shock 354 • Differential Diagnosis of Persistent Fever 355 • Puerperal Sepsis 355

41. Breastfeeding Promotion 360
Sonali Tank (Chapter updated by Mohita Pengoria)
• Special Issues 361 • How do We Promote Breastfeeding? 362

42. Postpartum Psychiatric Disorders 364
KC Gurnani (Chapter updated by Mohita Pengoria)
• Etiopathology 364 • Clinical Presentations 365 • Investigations and Diagnosis 366
• Management 367 • Prevention 369

43. Postpartum Exercises 371
Meera Desai (Chapter updated by Mohita Pengoria)
• Assessment 371 • Diastasis Recti Abdominis 372 • Pelvic Floor 372 • Pelvic Floor Exercises 372
• Abdominal Muscle Exercises 372 • Pelvic Tilting 372 • The Early Postnatal Class 374

44. Postpartum Collapse **378**
Hiralal Konar, Saunitra Inamdar, Picklu Choudhury, Gayatri P Nagpure (Chapter updated by Meenal Jain)

• Management of Postpartum Collapse 379 • Amniotic Fluid Embolism 380 • Pulmonary Thromboembolism 381
• Acute Inversion of the Uterus 382 • Regional Anesthesia/Drug Toxicity or Self Poisoning (Suicide) 383
• Myocardial Infarction 383 • Hemorrhagic Shock 384 • Septic Shock 387 • Eclampsia 387 • Anaphylaxis 389
• Cardiomyopathy 389 • Aortic Dissection 389 • Deterioration of Cardiac Disease 389 • Stroke 389
• Inhaled Vomit Syndrome (Mendelson's Syndrome) 389 • Cardiac Arrest 390 • Mortality What to Do 390

SECTION 6: Emergency in Pregnancy

45. Antepartum Hemorrhage **395**
Sukanta Misra (Chapter updated by Meenal Jain, Mohita Pengoria)

• Incidence 395 • Causes 395 • Management 396 • Placenta Previa 397 • Abruptio Placentae 403
• Unclassified (Undetermined) Antepartum hemorrhage 407 • Vasa Previa 408

46. Tumors during Pregnancy: Management **411**
DK Dutta (Chapter updated by Meenal Jain)

• Tumors Arising from Reproductive Organs 411 • Tumors Arising from Nonreproductive Organs (Intra-abdominal) 411 • Tumors Arising from Extra-abdominal Organs 411 • Ovarian Tumors during Pregnancy 411 • Effect of Fibroid on Pregnancy and Labors 412 • Cancer Cervix with Pregnancy 413
• Tumors Arising from Nonreproductive Organs (Intra-abdominal) 414

47. Surgical Emergencies during Pregnancy **415**
Anupam Gupta, Sushma Gupta (Chapter updated by Meenal Jain)

• Maternal Physiologic Changes Relevant to Surgery 415 • Anesthesia during Pregnancy 416
• Specific Surgical Problems in Pregnancy 417 • Traumatic Injuries during Pregnancy 421

48. Critical Care in Obstetrics: An Overview **422**
B Shakuntala Baliga (Chapter updated by Meenal Jain)

• Costs of Intensive Care 422 • Need for an Obstetric ICU 423 • Investigations to be Done in the Critically Ill Obstetric Patient 423 • Factors affecting Outcome of Critical Illness 423 • Illness Severity Scoring Systems 423
• Multiple Organ System Failure 424 • Invasive Hemodynamic Monitoring in the Critically Ill Obstetric Patient 424
• Drug Therapy during Intensive Care in Pregnant Women 425 • Radiologic Studies in Pregnancy 425
• Fetal Concerns during Critical Care 426 • Postmortem Cesarean Delivery 426 • Hypertensive Disorders of Pregnancy 426 • Sepsis 426 • Obstetric Hemorrhage 426 • Acute Respiratory Distress Syndrome 427
• Device-Associated Nosocomial Infections in the ICU 427 • The Need for an ICU at the Subdistrict and District Hospitals 428

49. Emergency Obstetric Care for Reducing Maternal Mortality **430**
Sadhana Desai, Prakash Bhatt, Mandakini Parihar (Chapter updated by Meenal Jain)

• Maternal Mortality: A Burning Issue Worldwide 430 • Indian Scenario 430 • Causes of Maternal Deaths 431
• Key Strategies to Save Life of Pregnant Women 431 • Why Focus on Emergency Obstetric Care? 431
• Public Health Concept 431 • Defining Emergency Obstetric Care 433 • Federation of Obstetric and Gynaecological Societies of India and EMOC 433

SECTION 7: Family Welfare and Contraception

50. History and Development of Contraception **437**
Manju Puri, Anjali Taneja (Chapter updated by Meenal Jain, Mohita Pengoria)

• Natural Methods of Contraception 437 • Barrier Contraceptive Methods 438 • Intrauterine Contraceptive Devices 438
• Hormonal Contraceptives 439 • Emergency Contraception 440 • Male and Female Sterilization 440

51. Natural Methods of Family Planning: Barrier Contraception **442**
D Pushpalatha (Chapter updated by Meenal Jain)

• Natural Family Planning Methods 443 • Barrier Methods 445

52. Steroidal and Nonsteroidal Contraception 446
Krishnendu Gupta, Bijit Chowdhury, Alokendu Chatterjee (Chapter updated by Meenal Jain)
• Steroidal Contraception 447 • Nonsteroidal Contraception 451 • Future Contraceptives 457

53. Abortion Practices 460
Nozer Sheriar (Chapter updated by Meenal Jain)
• Current Status of Abortions 460 • Characteristics of Abortion Seeker 460 • Legal Status of Induced Abortions in India 461 • Technical Nuances of Medical Termination of Pregnancy 462 • Abortion Related Complications 463 • Training Interventions 463 • Vision for the Future 463

54. Complications and Sequelae of Medical Termination of Pregnancy 465
Alka Saraswat, Manju Mataliya (Chapter updated by Meenal Jain)
• Complications due to Surgical Methods 466 • Complications due to Medical Methods of Termination 468 • Sequelae of Medical Termination of Pregnancy 470 • Complications Remote from Abortion Procedure 470

55. Permanent Methods of Sterilization 472
Pratap Kumar, Sreelakshmi (Chapter updated by Meenal Jain)
• Female Sterilization 473 • Surgical Approach 475 • Complications 475 • What is Essure? 476

56. Social Work in Modern Medicine 478
Girija Wagh, Shirish Patwardhan (Chapter updated by Meenal Jain)
• What is Social Work? 478

57. Intrauterine Contraceptive Device 481
Milind R Shah (Chapter updated by Meenal Jain)
• History and Development 481 • Types of Intrauterine Contraceptive Devices 482 • Intrauterine System 484 • Mechanism of Contraception 484 • Effectiveness of Contraception 485 • Timing of Insertion 485 • Removal 487 • Indications 487 • Advantages 487 • Disadvantages and Side Effects 488 • Contraindications 488 • Complications 489

58. Emergency Contraception 492
Nayna A Dastur, Ameya C Purandare (Chapter updated by Meenal Jain)
• Definition 492 • Indications 492 • Epidemiosocial Aspects 492 • Mode of Action 493 • Contraindications 495 • Drug Interactions Relevant to Emergency Contraceptive Use 496 • Practical Management Following a Request for Emergency Contraception 496 • After Care and Follow-up 496 • Role of Various Organizations in Emergency Contraception 496

59. Medical Termination of Pregnancy Act: Interpretation and Implications 499
Jaydeep Tank (Chapter update by Meenal Jain)
• Problem of Unsafe Abortion 499 • Background 499 • The Medical Termination of Pregnancy Act 500

60. Vasectomy and Male Partner Involvement in Family Planning and Welfare 503
KM Nadkarni, Arun Tewari (Chapter updated by Meenal Jain)
• Indications 503 • Technique of Vasectomy 504 • Recent Developments 506

SECTION 8: General Gynecology

61. Approach to Abnormal Uterine Bleeding 511
Jaideep Malhotra, Narendra Malhotra, Joshep Kurian, Neharika Malhotra (Chapter updated by Rekha Rani)
• Menstrual Physiology 511 • Evaluation 513 • Steps for Evaluation 513 • Treatment 516 • Treatment Options 516 • Approach to a Case of DUB 518

62. Fibroids: Epidemiology, Etiopathophysiology and Diagnosis 521
Joydeb Mukherjee, Gourisankar Kamilya, Subrata Lall Seal (Chapter updated by Rekha Rani)
• Epidemiology 521 • Pathology 522 • Etiopathogenesis 522 • Clinical Features 524 • Investigations 525

63. Current Management of Fibroid **527**
Girija Wagh, Sanjay Gupte (Chapter updated by Rekha Rani)

• Treatment for Myomas Modalities 527

64. Prolapse: Pathological Anatomy and its Bearing to the Selection of its Treatment **538**
AK Debdas (Chapter updated by Rekha Rani)

• Conceptual Types of Female Pelvic Anatomy 538 • Structural Anatomy 538 • Positional Anatomy 539
• Functional Anatomy 539 • Pathological Anatomy of Prolapse and its Therapeutic Implications 540
• Organwise Description 540 • Surgical Anatomy 542 • Supports of Female Reproductive Tract and their Relation with Pathological Anatomy of Prolapse 543

65. Current Trends in the Management of Prolapse **547**
Subhash M Nargolkar, Anand N Bhalerao, Vivek M Joshi (Chapter updated by Rekha Rani)

• Site-specific Defects 548 • Posthysterectomy Apical Prolapse 548 • Rectocele 548
• Cystocele 548 • Conclusion 549 • Investigations 549 • Points to Remember 549
• Surgical Procedures 550 • Vault Prolapse 552 • The Use of Prosthetics in Pelvic Reconstructive Surgery 553 • Classification 553

66. Pelvic Inflammatory Disease **555**
Purnima Chatterjee, Tarun Kumar Ghosh, Amitava Mukhopadhyay (Chapter updated by Urvashi Verma)

• Causative Organisms 555 • Prevalence 556 • Diagnostic Considerations 556
• Criteria for the Diagnosis of Acute PID (CDC, May 2002) 557 • Risk Factors for Acute PID 557
• Prevention of PID 557 • Sequelae of PID 557 • Differential Diagnosis 557 • Investigations 557
• Treatment 557 • Treatment Regimens (RCOG Guidelines 32, May 2003) 558 • Treatment in Pregnancy (RCOG, May 2003) 558 • Treatment in Young Women (RCOG, May 2003) 558 • Treatment in a Woman with an Intrauterine Device 558 • Surgical Treatment (Grade B Recommendation RCOG 2003) 558
• Management of Sex Partners 558 • PID in Woman with HIV 558 • PID in Postmenopausal Women 558
• Follow-up 559

67. Ectopic Pregnancy: Current Concepts **560**
KK Das, BK Mitra, K Mitra (Chapter updated by Urvashi Verma)

• Etiopathology 560 • Clinical Presentations 560 • Historical Background 561
• Current Diagnostic Approach 561 • Current Therapeutic Approach 564
• What Future Holds? 566 • Case Study 566

68. Endometriosis **568**
Sudip Chakraborti (Chapter updated by Urvashi Verma)

• Incidence 568 • Pathogenesis 568 • Clinical Presentation 569 • Appearance 569 • Diagnosis 570
• Management 570 • Medical Management 571 • Surgical Treatment 574 • Endometriosis and Cancer Risk 574
• Assisted Reproduction in Endometriosis 575

69. Urinary Tract Infection in Women **577**
Kumud M Ingle, Himangi Warke (Chapter updated by Urvashi Verma)

• Terminology 577 • Bacteriology 578 • Etiology 578 • Presentation 580 • Diagnosis 580 • Management 581

70. Stress Urinary Incontinence **585**
CN Purandare, S Karia, N Purandare (Chapter updated by Urvashi Verma)

• Micturition 585 • Theories of Female Continence 587 • Urinary Incontinence 587 • Methods of Evaluation of Urethral Support 588 • Management 589 • Classification of Operations for Stress Urinary Incontinence 590
• Operations to Correct Intrinsic Sphincteric Deficiency 591 • Postoperative Management 593 • Failure of Surgery 593
• Causes of Recurrent Stress Urinary Incontinence 593

71. Genital Fistula **595**
Vinita Das, Anjoo Agarwal (Chapter updated by Urvashi Verma)

• Urinary Fistulae 595 • Incidence 595 • Etiopathogenesis 596 • Ureterovaginal Fistula 598
• Urethrovaginal Fistula 598 • Fecal Fistulae 599

72. Genitourinary Fistula Repair 601
Manu Sobti (Chapter updated by Urvashi Verma)
• Incidence and Etiology 601 • Management 601 • Plan for Treatment 602 • Prevention of Genitourinary Fistulas 603

73. Decision Making for the Choice of Hysterectomy 608
Shirish S Sheth, Kurush P Paghdiwalla (Chapter updated by Urvashi Verma)
• Indications or Associated Conditions 610 • Examination Under Anesthesia 614 • Important Points to Remember When Choosing the Route for Hysterectomy 617

SECTION 9: Endocrinology

74. Female Endocrinology and its Clinical Relevance 621
CB Nagori (Chapter updated by Urvashi Verma)
• Two-cell System 621 • Ovary 623 • Puberty 625 • Physiology of Puberty 625 • Period of Infancy and Childhood 625 • Prepubertal Period 625 • Puberty 626 • Precocious Puberty 627 • Endocrinology of Ovulation 628

75. Disorders of Menstruation in Adolescent Age 631
Parul J Kotdawala (Chapter updated by Urvashi Verma)
• Menstruation in Adolescence 631 • Dysmenorrhea 632 • Amenorrhea 633 • Menorrhagia and Dysfunctional Uterine Bleeding 635

76. Hormone Therapy: Current Concepts 640
Urvashi Prasad Jha, Ruchira Menka Jha, Swasti (Chapter updated by Neha Agarwal)
• The Basket of Hormones 640 • Functional and Need-based Classification of Hormonal Therapy Use 641 • Tissue Selective Rationale of Hormone Use 642 • The Currently Enlarged Canvas of Hormone Therapy Actions 643 • Tailoring Therapy: Investigations Prior to Starting Hormone Therapy, Follow-up and Monitoring 650

77. Management of Hyperprolactinemia 654
Sulochana Gunasheela (Chapter updated by Saroj Singh)
• Conditions Associated with Increased Prolactin Secretion 654 • Management of Hyperprolactinemia 655 • Should Asymptomatic Hyperprolactinemia be Treated? 657 • Management during Pregnancy in Women with Prolactinoma 657

78. Polycystic Ovary Syndrome and Hirsutism 659
Usha R Krishna, Pradnya Parulkar (Chapter updated by Neha Agarwal)
• Pathophysiology 659 • Hyperandrogenism and Hirsutism 662 • Clinical Features 662 • Diagnosis of PCOS 663 • Differential Diagnosis 664 • Management 665 • Treatment of PCOS in Adolescent Girls 665 • Treatment of Menstrual Disturbances 666 • Hirsutism 666 • Treatment of Infertility 667 • Surgical Treatment 668 • The Pregnancy Outcome for Women with PCOS 669 • Long-term Health Implications in Women with PCOS 669

79. Luteal Phase Inadequacy 671
Asha R Rao, Roopa J Pai (Chapter updated by Neha Agarwal)
• Incidence and Etiopathology 671 • Ovulatory Events and Luteal Phase 671 • Pathophysiological Mechanisms of Luteal Phase Defect 672 • Luteal Phase Defect and Clomiphene Citrate 672 • Luteal Phase Defect in Controlled Ovarian Hyperstimulation 672 • Diagnosis of Luteal Phase Defect 672 • Treatment of Luteal Phase Defect 674

80. Hyperandrogenism 678
Abha Majumdar, Tejshree Singh (Chapter updated by Saroj Singh)
• Androgen Excess in Reproductive Life 678 • Androgens Production in Females 678 • Various Androgens Present in Females 679 • Estimation of Androgens 679 • Androgen Excess Manifest in Two Ways 679 • Effect of Androgen Excess on Ovulation/Reproductive Performance 680 • Disorders Leading to Androgen Excess in Reproductive Age Group Female 680 • Polycystic Ovarian Syndrome 680 • HAIR-AN Syndrome 681 • Congenital Adrenal Hyperplasia 681 • Cushing's Syndrome 682 • Virilizing Ovarian Tumors 682 • Androgen-secreting Adrenal Tumor 683 • Hyperprolactinemia 683 • Acromegaly 684 • Iatrogenic Virilization 684

81. Thyroid and Adrenal Disorders in Gynecology **685**
Snehamay Chaudhuri, Hiralal Konar (Chapter updated by Neha Agarwal)

• Disorders of Thyroid Function 685 • Thyroid Disorders and Infertility 686 • Thyroid Disorders and Menstrual Irregularities 687 • Thyroid Disorders in Relation to Gynecological Surgery 688 • Disorders of Adrenal Function 689

82. Clinical Approach to Primary Amenorrhea **692**
Ashwini Bhalerao Gandhi, Vandana G Shetty (Chapter updated by Neha Agarwal)

• Basic Principles of Menstrual Function 692 • Pathological Amenorrhea 692 • Etiology of Primary Amenorrhea 692 • Management 698

83. Precocious Puberty: Clinical Dilemmas in Practice **700**
Ashwini Bhalerao Gandhi, E Sarulatha (Chapter updated by Neha Agarwal)

• Puberty 700 • Factors Affecting the Onset of Puberty 700 • Precocious Puberty 701 • Recent Advances and Controversies 703

SECTION 10: Infertility

84. Basic Management of Infertility **707**
Manish Banker, Pravin M Patel (Chapter updated by Neha Agarwal)

• Incidence 707 • Initial Infertility Evaluation 708 • Primary Evaluation 708 • Secondary Evaluation 715 • Basic Treatment of Infertility 715 • Assisted Reproductive Technologies 717

85. Induction of Ovulation **719**
Kamini A Rao (Chapter updated by Neha Agarwal)

• Clomiphene Citrate 719 • Clomiphene Citrate-Human Menopausal Gonadotropin (CC-hMG) Therapy 720 • Gonadotropin Therapy 720 • Gonadotropin-Releasing Hormone Agonists 721

86. Premature Ovarian Failure **725**
Kamini A Rao (Chapter updated by Poonam Yadav)

• Menopause 725 • Incidence 725 • Definition 725 • Classification 726 • Etiology 726 • Pathogenesis 726 • Clinical Manifestations 727 • Long-term Consequences 728 • Investigations 728 • Reduced Ovarian Reserve 728 • Differential Diagnosis of POF 728 • Treatment 728 • Mortality/Morbidity 730

87. Male Factor in Infertility **731**
Jayant G Mehta, Thankam R Varma (Chapter updated by Poonam Yadav)

• Physiology 731 • Male Fertility Evaluation 732 • Treatment Procedures 734 • What is in Future? 738

88. Intrauterine Insemination: Current Perspective **741**
Sadhana Desai, Partha Guharoy, Mehroo Hansotia, Gautam N Allahbadia, Vijay Mangoli (Chapter updated by Poonam Yadav)

• Indications for Treatment 741 • Donor Sperm Insemination 742 • Stimulation Protocols and Monitoring of the Cycle 742 • Timing of Intrauterine Insemination 743 • Equipment for the Intrauterine Insemination Unit 743 • Guidelines for Sperm Preparation 743 • Techniques of Intrauterine Insemination 745 • Results 746

89. Tubal Factors in Infertility **748**
Pravin M Patel, Manish Banker, Tejas Dave, Sujal Munshi (Chapter updated by Poonam Yadav)

• Incidence 748 • Pathophysiology 748 • Causes 748 • Investigation 750 • Management 750 • Hydrosalpinges and Assisted Reproductive Techniques 753 • New Techniques of in Vitro Fertilization and Embryo Transfer 753

90. Reconstructive Surgery in Infertility **755**
BN Chakravarty (Chapter updated by Poonam Yadav)

• Changing Concept in Reconstructive Surgery 755 • Indications of Reconstructive Surgery 755

91. Overview of Assisted Reproductive Technology 768
Monesh Shah, Jaideep Malhotra (Chapter updated by Poonam Yadav)

• History 768 • Assessment of Ovarian Reserve 769 • Ovarian Stimulation 769 • Main Treatments 771
• In Vitro Fertilization and Embryo Transfer 771 • Intracytoplasmic Sperm Injection 772 • Oocyte Retrieval 773
• Embryo Transfer 774 • Luteal Phase Support 774 • Laboratory Aspects 774 • Oocyte Donation 776
• Surrogacy 776 • Cryopreservation 776 • In Vitro Maturation 777 • Preimplantation Genetic Diagnosis 777
• Laser-assisted Hatching 778 • Complications of Assisted Reproductive Technology 778
• Ovarian Hyperstimulation Syndrome 779 • Justification of Assisted Reproductive Technology 780

92. Cloning: Current Research 783
Narendra Malhotra, Jaideep Malhotra (Chapter updated by Poonam Yadav)

• Definition 783 • Current Research 786 • Cloning in News 790 • Ten Myths about Human Cloning (Gregory E Pence 1998) 793 • Human Reproductive Cloning from the Perspective of the Future 795

93. Stem Cell Research 797
Ameet Patki, Vijay Pawar (Chapter updated by Poonam Yadav)

• History and Perspective of Stem Cell Research 797 • Human Embryonic Stem Cells 797
• Adult Stem Cell/Somatic Stem Cell 798 • Fetal Stem Cells 799 • Potential Uses and Obstacles in the Uses of Human Stem Cells 800 • The Ethics of Human Embryonic Stem Cell Research 802
• Policy on Stem Cell Research 803 • Key Events in Stem Cell Research 803

94. Lasers in Human Reproduction 805
Hrishikesh Pai (Chapter updated by Poonam Yadav)

• Lasers in Endoscopy 805 • Laser Physics 805 • Laser Tissue Interaction 805 • Laser in Management of Fibroid 806
• Laser Hysteroscopic Procedures 806 • Lasers in Assisted Reproduction 806 • Laser Safety 810

SECTION 11: Imaging in Obstetrics and Gynecology

95. Ultrasonography in Gynecology 815
PK Shah, Narendra Malhotra, Sakshi Tomar, Jaideep Malhotra
(Chapter updated by Rishabh Bora, Poonam Yadav)

• Normal Female Pelvis 815 • Ultrasound of the Uterus 819 • Ultrasound and Puerperium 830
• Diseases of Cervix 830 • Vagina 830 • Ovarian Sonography 830 • Evaluation of an Ovarian Mass 838

96. Obstetric Ultrasound 841
Narendra Malhotra, Sakshi Tomar, Jaya Prakash Shah, BI Patel, Jaideep Malhotra
(Chapter updated by Neharika Malhotra Bora, Anu Pathak)

• First-trimester Ultrasound 841 • Normal Sonographic Appearance 842 • Ectopic Pregnancy 845
• Early Pregnancy Failure 847 • Fetal Anomalies 849 • First Trimester Masses 849
• Ultrasound in Second and Third Trimester 850 • Doppler Ultrasonography in Obstetrics 856
• 3D and 4D Ultrasound 857 • Ultrasonography and Prenatal Diagnosis 859
• Indian Law (PCPNDT Act) and Obstetric Ultrasound 859

97. Color Doppler in Decision-making for Delivery 861
Narendra Malhotra, Kuldeep Singh, Jaideep Malhotra (Chapter updated by Ruchika Garg)

• Pathophysiology of Fetal Distress 861 • Indicators for Fetal Wellness 861 • Tests for Fetal Well-being 861
• Assessment of Maternal-Placental Unit 862 • Color Doppler Assessment 862 • Oxygenation of Fetus 865

98. Three-dimensional and Four-dimensional Ultrasound in Obstetrics and Gynecology 869
Sonal Panchal (Chapter updated by Mohita Pengoria)

• Genetic Scan 871 • Limitations of 3D-4D US 880 • Gynecology 880 • Congenital Uterine Abnormalities 880
• Acquired Uterine Abnormalities 880 • Sonohysterography 882 • Ovarian Lesions 883 • Infertility 883

99. CT-MRI in Obstetrics and Gynecology 887
Anu Vij (Chapter updated by Mohita Pengoria)

• Computed Tomography Imaging 887 • Magnetic Resonance Imaging 888 • Magnetic Resonance Imaging Versus Computed Tomography 888 • Magnetic Resonance Imaging to Assess the Fetus in Utero 888
• Computed Tomography and Magnetic Resonance Imaging in Gynecology 893

SECTION 12: Oncology

100. Surgical Management of Vulvar Tumors 901
Ashwini Bhalerao Gandhi, Murad E Lala, Bimal Mody (Chapter updated by Ruchika Garg)

• Solid Benign Tumors of Vulva 901 • Cancer of the Vulva 902 • Other Types of Vulvar Malignancies 906

101. Cervical Intraepithelial Neoplasia: Diagnosis and Management 911
Maya Lulla, Usha B Saraiya (Chapter updated by Meenal Jain)

• Current Concept of Development of Cervical Cancer 911 • Methods of Diagnosis 912
• New Cervical Cancer Screening Recommendations—ACOG Guidelines 916
• Management of Cervical Intraepithelial Neoplasia 916 • Treatment of Low Grade Squamous Intraepithelial Lesion 917 • Treatment Modalities 918 • Treatment of Cervical Intraepithelial Neoplasia during Pregnancy 920 • Future Prospects 920

102. Downstaging of Cervical Cancer 922
Pranay Shah (Chapter updated by Meenal Jain)

• Historical Background 922 • Rationale for Clinical Downstaging of Cancer of the Cervix 922
• Approach to Clinical Diagnosis 923 • Health Education 923 • Personnel Needed for the Examination 923
• Equipment Required 926 • Examination 926 • Reporting Visual Inspection Findings 926
• Frequency of Examination 926 • Referral Protocol 926 • Assessment and Evaluation of the Program 928

103. Surgical Treatment of Cervical Cancer 930
M Banumathy (Chapter updated by Meenal Jain)

• Surgery for Cervical Cancer 930 • Newer Treatments in the Management 935

104. Ovarian Tumors: Epidemiology and Classification 937
Richa Singh Chauhan (Chapter written and updated by Richa Singh Chauhan)

• Incidence 937 • Epidemiology 937

105. Ovarian Carcinoma: Clinical Features/Diagnosis/Principles of Treatment 940
K Jayakrishnan, Richa Singh Chauhan (Chapter updated by Richa Singh Chauhan)

• Clinical Features 940 • Screening for Ovarian Cancer 940 • Chemotherapy 945 • Interperitoneal Chemotherapy 945
• Immunotherapy 945 • Gene Therapy 945 • Management of Recurrent Disease 946 • Prognosis 946

106. Gestational Trophoblastic Disease 947
PK Sekharan (Chapter updated by Shikha Singh)

• Gestational Trophoblastic Disease 947 • Gestational Trophoblastic Neoplasia 947 • Normal Trophoblast 948
• Genetics of Hydatidiform Moles 948 • Clinical Pathology of Gestational Trophoblastic Diseases 949
• Epidemiology 950 • Presentation of Molar Pregnancy 951 • Diagnosis 952 • Management of Hydatidiform Mole 953

107. Endometrial Carcinoma 965
SK Giri, BL Nayak (Chapter updated by Anu Pathak)

• Etiopathology 966 • Pathology 966 • Clinical Presentation 967 • Investigations and Diagnosis 968
• Management 968 • Endometrial Cancer-Diagnosed Posthysterectomy 974 • Results 974
• Fertility Preservation in Endometrial Cancer 974 • Future Directions 975

108. Germ Cell Tumors 977
Harshad Parasnis (Chapter updated by Ruchika Garg)

• Histogenesis 977 • Cellular Classification 978 • Pathological Types 978 • Clinical Features 979
• Preoperative Evaluation 979 • Prognosis 980 • Pretreatment Counseling 980 • Surgical Staging 980
• Staging 980 • Stagewise Treatment Plans 981 • Role of Second-look Laparotomy 982 • Follow-up 982
• Recurrent Ovarian Germ Cell Tumors 982 • Post-therapy Fertility 982 • Survival Rates 982

109. Radiation Therapy in Gynecological Cancer 984
Atul Munshi, Sanjay Munshi (Chapter updated by Mohita Pengoria)

• Radiation Effect 984 • Oxygen Effect 984 • Methods of Overcoming Tumor Hypoxia 984 • Cancer of Cervix 985
• Types of Radiotherapy Treatment 988 • Side Effects of Radiation 992 • Radiation Therapy 994 • Cancer of the Ovary 995
• Cancer of the Vagina 997 • Cancer of the Vulva 997

110. Role of Chemotherapy in Gynecologic Malignancies **999**
Gautam Bhattacharjee (Chapter updated by Mohita Pengoria)

• Cancer of the Cervix 999 • Cancer of the Endometrium 1000 • Germ Cell Tumors of Ovary 1002 • Gestational Trophoblastic Disease 1002 • Breast Cancer 1002

111. Human Papillomavirus Infection and its Role in Cervical Cancer **1004**
Usha B Saraiya, Giovanni Miniello (Chapter updated by Shikha Singh)

• Etiopathology 1004 • Clinical Presentation 1004 • Investigations 1005 • Immune Response to Human Papillomavirus 1008 • Management of Human Papillomavirus 1008 • Vaccines against Human Papillomavirus 1009 • Global View of Cervical Cancer 1009

SECTION 13: Endoscopy

112. Diagnostic Endoscopy in Gynecology (Laparoscopy and Hysteroscopy) **1013**
Nutan Jain (Chapter updated by Richa Singh Chauhan)

• Indications of Diagnostic Laparoscopy 1013 • Technique and Instrumentation of Diagnostic Laparoscopy 1018 • Technique of Diagnostic Laparoscopy 1018 • Complications of Laparoscopy 1022 • Diagnostic Hysteroscopy 1023 • Technique and Instrumentation 1025 • Complications of Hysteroscopy 1027

113. Endoscopy in Infertility **1029**
Shyam Desai, Nikhil Jani (Chapter updated by Anu Pathak)

• Diagnostic 1029 • Therapeutic 1029 • Polycystic Ovary Syndrome 1030 • Endometriosis 1030 • Tubal Occlusion 1031 • Fibroids 1031 • Adhesiolysis 1031 • Congenital Uterine Anomalies 1032

114. Laparoscopic Electrocauterization of Ovarian Surface **1033**
Duru Shah, Safala Shroff, Sukhpreet Patel (Chapter updated by Richa Singh Chauhan)

• A Practical Approach to Ovulation Induction 1033 • Pathophysiology of Polycystic Ovary Syndrome 1035 • Mechanism of Action of Laparoscopic Electrocauterization of Ovarian Surface in Ovarian Ovulation Induction 1036 • Outcome Analysis of Laparoscopic Electrocauterization of Ovarian Surface 1036 • Predictive Factors of Laparoscopic Electrocauterization of Ovarian Surface 1036 • Factors Influencing Postoperative Ovulation Induction after Treatment with Laparoscopic Electrocauterization of Ovarian Surface 1038 • Advantages of Laparoscopic Electrocauterization of Ovarian Surface 1038 • Complications 1038 • Other Complications 1041

115. Widening Horizons of Operative Laparoscopy **1045**
PG Paul, Satyen Kasabwala, P Biju (Chapter updated by Mohita Pengoria)

• Tubal Anastomosis 1045 • Laparoscopic Hysterectomy in Frozen Pelvis 1047 • Laparoscopic Presacral Neurectomy 1053 • Robotic Surgery 1054

116. Hysteroscopy in Infertility **1056**
Nandita Palshetkar, Rishma Pai (Chapter updated by Richa Singh Chauhan)

• Hysteroscopy in an Office Setting 1056 • Components of Hysteroscopy 1056 • Hysteroscopy in an Operation Theater Setting 1059 • Complications 1059 • Discussion 1060

117. Laparoscopic Hysterectomy: Current Concepts **1065**
Prakash Trivedi, Aditi Singhi, Sylvia D'Costa (Chapter updated by Anu Pathak)

• Indications 1065 • Approach for Hysterectomy 1065 • Classification System 1065 • Use of Special Instruments 1076 • Generation 4 Harmonic ACE 1077 • Our Experience 1079 • Complications of Laparoscopy 1082 • Role of New Vessel Sealing Devices in Laparoscopic Hysterectomy 1084 • Discussion 1092

118. Complications of Endoscopic Surgery in Gynecology **1095**
Pradeep Kumar Garg, Alka Kriplani (Chapter updated by Meenal Jain)

• Complications of the Laparoscopic Surgery 1095 • Complications of Hysteroscopic Surgery 1105

SECTION 14: Miscellaneous

119. Menopause: A Phase in Woman's Life **1111**
Suchitra Pandit, Shashikant Umbardand, Vijay Pawar, Prachi Bhikaji Shitut
(Chapter updated by Meenal Jain)

• Menopause 1111 • Perimenopause 1111 • Age of Menopause 1112 • Premature Ovarian Failure 1112
• Hormonal Changes 1112 • Anatomical Changes 1113 • Behavioral Changes 1114
• Effects of Postmenopausal Estrogen Deprivation 1115 • Treatment of Menopausal Woman 1118
• Patient Concerns about Menopause 1118

120. Applications of Genetics in Modern Obstetrics and Gynecology **1122**
Deepika Deka, Uma Vaidyanathan, Jaideep Malhotra, Neharika Malhotra Bora (Chapter updated by Anu Pathak)

• Definition of Genetics 1122 • Need of Study of Genetics 1122 • Some Basic Concepts of Genetics 1123
• Genetics in Relation to Society 1123 • Chromosomal Abnormalities 1123 • Prenatal Genetic Diagnosis 1125
• Genetic Amniocentesis 1127 • Chorionic Villus Sampling 1127 • Cordocentesis 1128 • Techniques of Genetic Diagnosis 1129 • Genetics in Pregnancy Loss 1131 • Common Gynecological Disorders 1132
• Genetics of Male Infertility 1136 • Disorders of Sexual Differentiation 1137

121. Breast and the Gynecologist **1141**
Behram S Anklesaria (Chapter updated by Meenal Jain)

• Mastalgia 1141 • Nipple Discharge 1143 • Breast Lumps 1143 • Breast Cancer 1144
• Pregnancy and Breast Lumps 1145 • American Cancer Society Guidelines for Preventive Breast Care 1145
• Hormone Replacement Therapy and the Breast 1146 • Benefits of Lactation 1146

122. Medicolegal Aspects of Obstetric Practice **1149**
Gita Ganguly Mukherjee, Basab Mukherjee (Chapter updated by Mohita Pengoria)

• Reasons for Obstetric Litigation 1149 • Potential Areas of Litigation in Obstetrics 1150
• Remedies to Minimize Medicolegal Problems 1152 • Course after Litigation 1153

123. Medicolegal Deficiencies in Gynecological Practice **1155**
Sanjay Gupte (Chapter updated by Mohita Pengoria)

• Medical Negligence 1155 • Accepted Practices and Procedures 1156
• Accidents, Misadventures and Mishaps 1156 • Error of Judgment 1157
• Inherent Risks of Treatment 1157 • Vicarious Liability 1157
• Deficiencies in Statutory Requirements 1157

124. Audit in Obstetrics and Gynecology **1158**
Suchitra Pandit, Vijay Pawar, Sanjay B Rao (Chapter updated by Anu Pathak)

• Historical Aspects 1158 • Key Component of Clinical Audit 1158 • Types of Obstetric Audit 1159
• The Place of Clinical Audit in Modern Healthcare 1160 • Keystones of Audit: The "Why, How and What" 1160
• Structure of Clinical Audit 1161 • Clinical Audit: The Process 1161 • Problems Associated with Audit 1162
• The Pros and Cons 1162

125. The Obstetrician and Gynecologist and the Indian Laws **1164**
Prakash V Pawar, Kanan Yelikar, Rajendra Singh Pardeshi, Amol P Pawar, Ashish Kale,
Vimla P Pawar, Markandey Katju, RN Goel (Chapter updated by Ruchika Garg)

• Medical Termination of Pregnancy Act, 1971 1164 • Prenatal Diagnostic Technique Act, 1994 1165
• The Transplantation of Human Organs Act, 1994 1166 • The Registration of Births and Deaths Act 1167
• Indian Medical Council Act 1956, Act 102 of 1956 1168 • Consumer Protection Act 1986 with Amendments in 2002 1169 • Environment Protection Act 1986, Act 29 of 1986 1170 • Biomedical Waste Act 1171
• Labor Laws Applicable to Maternity and Nursing Home 1172 • The Bombay Nursing Homes Registration Act, 1949 and Rules there Under 1173 • General Principles Relating to Medical Negligence 1175 • Medical Negligence 1175
• Speech on Medical Negligence Delivered by Hon'ble Mr Justice Markandey Katju, Judge, Supreme Court of India 1175
• Protection to Doctors in Criminal Cases 1177 • Precautions Which the Doctors or Hospitals or Nursing Homes should Take 1178 • The Consumer Protection Act, 1986 1178 • Application of the Above-mentioned General Principles to Particular Cases 1178 • The Existing Medical Ethics, Codes and Laws 1181 • Medical Council of India Notification 1181 • Medical Council of India Registration 1188 • Legal Forms and Registrations for

Medical Practice in India 1188 • Nursing Home Registration 1191 • Biomedical Waste Rules 1191 • Doctors are not to be Charged Just because the Patient Died 1195 • Medical Termination of Pregnancy Act 1971 1196 • Provisions Prenatal Diagnostic Techniques Act 1209 • Declaration of Pregnant Woman 1217 • Declaration of Doctor Conducting Ultrasonography 1217

126. Immunotherapy in Obstetrics and Gynecology **1219**
Soundara Raghavan, Beena, Reena (Chapter updated by Anu Pathak)

• Definition 1219 • Tumor-associated Antigens 1219 • Types of Immunotherapy 1220 • Other Areas of Application of Immunotherapy in Obstetrics and Gynecology 1223

127. Fluid Management in Labor **1224**
Parul J Kotdawala (Chapter updated by Shikha Singh)

• Why Fluid Management? 1224 • Oral Intake during Labor 1224 • Parenteral Infusions in Labor 1225 • Recommendations 1226 • Special Situations 1226

128. Female Feticide in India **1229**
Kanan Yelikar, Ashwini Kale (Chapter updated by Meenal Jain)

• Some Basic Facts 1229 • An Appeal 1230

129. Blood and Blood Component Transfusion **1231**
Rahul Wani (Chapter updated by Shikha Singh)

• Indications for Blood Transfusion 1231 • Storage of Blood 1231 • Complications 1232 • Transfusion Reactions 1232 • Blood Component Therapy 1233 • Informed Consent 1234 • Newer Replacement of Blood—Red Blood Cell Substitute 1234

130. How to Answer Questions in Theory and Viva in Postgraduate Examination? **1236**
Rohit V Bhatt (Chapter updated by Ruchika Garg)

• Definition 1236 • Myths and Misconceptions about Postgraduate Examination 1236 • How to Write Answers in Theory? 1237 • How to Face the Viva? 1237

131. How to Write a Paper for Publication? **1239**
Mahendra N Parikh (Chapter updated by Shikha Singh)

• Why do We Publish a Paper? 1239 • Science of Writing of a Paper 1239

132. How to Become a Good Doctor: Ethics in Obstetrics and Gynecology **1244**
Mandakini Megh (Chapter updated by Meenal Jain)

• Autonomy and the Patient-Doctor Relationship 1244 • Choice of Treatment 1245 • Requests for Treatment 1245

133. FOGSI as a Brand for Woman's Health **1247**
Girija Wagh, Shirish Patwardhan (Chapter updated by Anu Pathak)

• Member Benefits 1247 • Branding Basics 1247

134. Doctors' Liability Under Consumer Protection Act and Preventive Steps to Avoid Litigation **1250**
Nidhi Gupta, Anurag Gupta (Chapter written and updated by Nidhi Gupta, Anurag Gupta)

• Consumer Protection Act, 1986 1250 • Preventive Steps to Avoid Litigation and its Outcome 1252 • Nine Rs of Preventive Steps 1253 • Risk Management 1254 • Do's for Doctors 1254 • Don'ts for Doctors 1256

135. Instruments in Obstetrics and Gynecology **1258**
Saunitra Inamdar, Kiran Agarwal (Chapter updated by Richa Saxena)

• Sim's Speculum 1258 • Sim's Anterior Vaginal Wall Retractor 1258 • Doyen's Retractor 1258 • Cusco's Bivalved Self-retaining Vaginal Speculum 1259 • Auvard's Weighted Self-retaining Posterior Vaginal Speculum 1259 • Sonawala's Self-retaining Vaginal Speculum 1259 • Landon Bladder Retractor 1259 • Tongue Depressor 1260 • Right Angle Retractor 1260 • Flushing Curette 1260 • Towel Clip 1260 • Allis Tissue-holding Forceps 1261 • Needle Holder 1261 • Artery Forceps 1261 • Sponge-holding Forceps 1261

• Kidney Tray 1262 • Kocher's Clamp 1262 • Tenaculum 1262 • Babcock Forceps (Curved and Straight) 1262 • Green Armytage Forceps 1263 • Bladder Sound 1263 • Leech Wilkinson Cannula 1263 • Plain Forcep 1263 • Tooth Forcep 1264 • Hegar Dilator 1264 • Fenton Dilator 1264 • Cuzzi Placental Curette 1264 • Uterine Curette 1265 • Ayre's Wooden Spatula 1265 • IUCD Removing Hook 1265 • Vacuum Extractor 1266 • Vulsellum 1266 • Hulka Uterine Manipulator 1266 • Vitoon Uterine Manipulator 1266 • Drew-Smythe Catheter 1267 • Flushing Cannula 1267 • Long-curved Obstetric Forceps 1267 • Wrigley's Forceps 1268 • Kielland's Forceps 1268 • Mixter Forceps 1268 • Suction Cannula 1268 • Doyen's Myoma Screw 1268 • Simpson Perforator 1269 • Oldham Perforator 1269 • Braun's Cranioclast 1269 • Auvard-Zweifel Combined Cranioclast and Cephalotribe 1269 • Willett Scalp Traction Forceps 1269 • Blunt Hook and Crochet 1270 • To Aid Delivery of Fetal Head after Craniotomy 1270 • Pinard's Stethoscope 1271 • Stethoscope and Digital Fetal Doppler 1271 • Ovum Forceps 1271 • Karman Double Whistle Cannula, Karman Menstrual Regulation Syringe and Manual Vacuum Aspiration Syringe 1272 • Laminaria Tent 1274 • Bard Parker's Knife 1274 • Umbilical Cord Clamp 1275 • Bonney's Myomectomy Clamp 1275 • Mersilene Tape 1276 • Shirodkar Cervical Encerclage Needles 1277 • Intrauterine Insemination Cannula 1277 • Electrosurgical Loop 1278 • Cervical Punch Biopsy Forceps 1278 • Cryomachine 1279 • Suture Materials 1280 • Ayre's Spatula, Cytobrush and Broom 1284 • Colposcope 1285

136. Specimens in Obstetrics and Gynecology **1287**
Narayan M Patel, Saunitra Inamdar (Chapter updated by Richa Saxena)

137. Radiology in Obstetrics and Gynecology **1299**
Satish K Bhargava, Sudhanshu Bankata, Shifali Gupta, Mukta Jain
(Chapter updated by Rishabh Bora)

• Obstetrics Radiology 1299 • Fetal Abnormalities 1300 • Pelvimetry 1302 • Radiation Hazard 1304 • Plain Radiographs of the Abdomen 1305 • Role of Plain Radiographs in Specific Gynecological Conditions 1306 • Role of Intravenous Urography in Gynecology 1307 • Interpretation 1308 • Angiography 1308 • Vaginography 1309 • Pneumogynecography 1309 • Hysterosalpingography 1309 • Normal Radiological Anatomy 1310 • Hysterosalpingography Appearances 1311

SECTION 15: Recent Advances

138. Applications of Laser in Gynecology **1321**
Parul Mittal, Narendra Malhotra (Chapter updated by Parul Mittal)

• Applications of Laser in Gynecology 1321 • Laser Surgery for Cervix 1321 • Laser Surgery of the Vulva 1321 • Laser Surgery of the Vagina 1322 • Intra-abdominal Laser Surgery 1322

139. Robotics Surgery **1323**
Parul Mittal, Richa Saxena (www.daVinciSurgeryCommunity.com)
(Chapter updated by Parul Mittal)

• Features of Robotic Surgery 1323 • Overview 1323 • Advantages of Robotic Surgery 1326 • Risks of Robotic Surgery 1326 • Innovations Used in Robotic Surgery 1327 • Indications for Use of Robotic Surgery in Gynecology 1329 • Endometriosis 1329 • Myomectomy 1330 • Criticism and Controversies 1332

Appendices **1333**
Narendra Malhotra (Updated by Neharika Malhotra Bora, Parul Mittal)

• Key Priorities for Implementation 1333 • Peak Flow Normal Values (Liters Per Minute) 1346

Index *1349*