Contents

Video 1 Introduction (9 Minutes) 1
- PMMA vs Foldable IOL 1
- Magnification 2

Video 2 'Stop and Chop' Technique (18 Minutes) 3
- Epinucleus and Cortex Removal 5
- How to Avoid Mistakes Commonly Done by Beginners 5

Video 3 'Chop' Technique (40 Minutes) 8
- Normal Cataract 10
- Soft Cataract 10
- Hard Cataract 11

Video 4 Challenging Situations (43 Minutes) 12
- Subluxated Lens 12
- Capsular Problems 13
- Difficult Cataracts 13
- Problems with IOL Haptic 14
- Coloboma 15
- Posterior Polar Cataract 15
- Posterior Capsule Rupture 17
- Conclusion 17

DVD CONTENTS

- Introduction
- ‘Stop and Chop' Technique
- 'Chop' Technique
- Challenging Situations