Contents

Section 1 ▪ Introduction to Neuroscience Nursing

1. Historical Development in Neuroscience Nursing 3

Historical Perspectives of Neuroscience Nursing 3
Neuroscience Nursing Organizations 4
History of Neuronursing in Some Important Nations 4
Clinical Role of Neuroscience Nurse 6
Scope of Neuroscience Nursing 7
Characteristics of Neuroscience Nursing 8
Nursing Process Application in Neuroscience Nursing 8

2. Emerging Trends and Issues in Neuroscience Nursing 11

Technological Advancement 11
Research in Neurosciences 12
Neurotrauma-related Issues 12
Neuroscience Nursing Practice 13
Role of Nurse in Neuroscience Nursing 13

3. Standards of Neuroscience Nursing Practice 15

Responsibilities of Advanced Practice Nurse 15
Standards of Advanced Neuronursing Practice 15
Professional Standards in Neuronursing 17

4. Neuroethics 20

Ethics in Nursing 20
History of Neuroethics 21
Ethics in Neuroscience 21
Therapeutic Interventions 22
Code of Ethics 22
Ethical Dilemma 23
Ethical Principles in Nursing Practice 23
Ethical Principles for Nurses 24

5. Neurogenetics 26

History of Neurogenetics 26
Advancement in Neurogenetics 26
Neurogenetic Disorders 27

Section 2 ▪ Review of Neuroanatomy and Physiology

6. Embryology of Central Nervous System 35

Embryological Development 36

7. Cells of the Nervous System 38

Neuroglial Cells 38
Neuromuscular Junction 41
Neural Impulse 41
Neurotransmitters 42
Important Neurotransmitters 43

8. Cranial and Spinal Bones 45
Skull 45
Vertebral Column 45
9. Meninges of the Brain and Spinal Cord 47
Meninges 47
Applied Anatomy 47
10. Ventricles of the Brain 49
Ventricles 49
Ventriculography 49
Choroid Plexuses 49
Applied Anatomy 51
11. Brain (Encephalon) 52
Cerebrum 52
Barrier System in the Brain 57
Functions of the Human Brain 58
12. Gray Matter of Cerebrum/Diencephalon (Forebrain) 59
Diencephalon 59
Thalamus 59
Hypothalamus 60
Basal Nuclei/Ganglia 61
13. White Matter of Cerebrum 63
Myelinated Fibers 63
Corpus Callosum 63
Internal Capsule 65
Applied Anatomy 65
14. Brainstem (Mesencephalon) 66
Midbrain 66
Pons 67
Medulla Oblongata 68
Features of Brainstem Lesions 68
15. Cerebellum 70
Cerebellum 70
16. Spinal Cord 73
External Features 73
Internal Features 73
Physiology of Reflex Action 75
Tracts of Spinal Cord 75
Applied Anatomy 77
Applied Physiology 78
Study of Spinal Cord 78
17. Cranial Nerves 79
Olfactory Nerve 79
Optic Nerve 80
Oculomotor 82

Trochlear Nerve 83
Trigeminal Nerve 84
Abducens Nerve 85
Facial Nerve 85
Vestibulocochlear Nerve 88
Glossopharyngeal Nerve 88
Vagus Nerve 89
Accessory Nerve 90
Hypoglossal Nerve 90
Nervus Terminalis 91

18. Nerve Plexuses 92
Cervical Plexus 92
Brachial Plexus 92
Lumbar Plexus 94
Sacral Plexus 95

19. Autonomic Nervous System 97
Subdivisions of ANS 97
Functions of Sympathetic and Parasympathetic Divisions 98
Applied Anatomy 98

Section 3 ▪ Neuroscience Investigation

20. Skull and Spinal X-ray 103
Purposes 104
General Instructions 104
Client Preparation 104
Procedure 104
Aftercare 104

21. Computed Tomography 105
Indications 105
Purposes 105
Preparation of the Client 105
Preparation of the Environment 106
Procedure 106
Complications 107
Advantages 107
Nurses' Responsibility 107

22. Magnetic Resonance Imaging 108
Purposes 108
Principles 108
General Instructions 109
Preparation 109
Procedure 109
Advantages and Disadvantages 109
Contraindications 110
Nursing Care 110

23. Positron Emission Tomography 111
Purposes 111
Principles of PET 111
General Instructions 112
Preparation of the Client 112
Procedure 112
Advantages and Disadvantages 112
Nurses' Role 112
24. Electroencephalography 113
Purposes 113
Indications 113
Wave Patterns in Electroencephalography 113
General Instructions 113
Client Preparation 114
Procedures 114
25. Glasgow Coma Scale 116
Purposes 116
General Instructions 116
Client Preparation 116
Procedure 116
Pediatric Coma Scale 118
Explanatory Notes on the Pediatric Coma Scale 118
Neurological Observation in Children Under 5 Years of Age 119
26. Doppler Imaging 121
Indications 121
Purposes 121
Advantages 121
Types 121
Preparation 121
Procedure 122
27. Evoked Potentials 123
Purposes 123
Indications 123
Types of Evoked Potentials 123
Advantages 123
Client Preparation 123
Procedure 124
28. Echoencephalography 125
Reference Values 125
Indications for Echoencephalography 125
Client Preparations 125
Procedure 125
29. Lumbar Puncture 126
Purposes 126
Indications 126
General Instructions 127

Preparation 127
Procedure 127
Complications 128
Nurses' Responsibility 129

30. Myelography **130**
Purposes 130
Indications 130
General Instructions 130
Client Preparation 130
Procedure 130
Nurses' Responsibility 131

31. Electromyography **132**
Indications 132
Purposes 132
Client Preparation 132
Procedure 132

32. Cerebral Angiography **134**
Indications 134
Purposes 134
General Instructions 134
Client Preparation 134
Procedure 135
Complications 135
Contraindications 135
Nurses' Responsibility 135

33. Digital Subtraction Angiography **137**
Purposes 137
Indications 137
Instructions 137
Client Preparation 137
Procedure 138
Disadvantages 138

34. Cisternal Puncture **139**
Purposes 139
Client Preparation 139
Procedure 139

35. Caloric Testing **140**
Instructions 140
Patient Preparation 140
Procedure 140
Interpretation 141

36. Tensilon (Edrophonium Chloride) Test **142**
Purpose 142
Equipment 142
Client Preparation 142
Procedure 142

37. Intracranial Pressure Monitoring 144
Indications 144
Classification 144
General Instructions 144
Client and Environment Preparation 145
Procedure 145
38. Cerebral Blood Flow Monitoring 147
Indications 147
Client and Environment Preparation 147
Procedure 148
39. Cerebrospinal Fluid Flow Monitoring 149
Reference Values 149
Interfering Factors 149
Indications and Contraindications 149
Procedure 149
Lateral C1–C2 Puncture 150
Ventricular Puncture 150
Nerve Conduction Velocity Studies 151
40. Biopsy—Muscle, Nerve and Brain 152
Muscle and Nerve Biopsy 152
Brain Biopsy 152
41. Hearing Test 154
Whisper and Conversation Tests 154
Tuning Fork Tests 154

Section 4 ▪ Neuropharmacology

42. Neurological Drugs and Nurses' Responsibilities 159
Patient Education 159
Important Neurological Drugs 159
43. Opium Derivatives 160
Opium 160
Medications 160
Interventions for Opioid Analgesics 161
Morphine 161
Synthetic Substitutes of Morphine 163
44. Narcotic Antagonists 165
Classifications 165
Interventions 166
45. Non-opioid Analgesics 167
Non-steroidal Anti-inflammatory Drugs 167
Acetaminophen (Tylenol) 167
46. Hypnotics 169
Organic Hypnotics 169

47. Barbiturates 170
Classification 170
Effects 170
Uses 170
Toxicity 170
Contraindications 171
Treatment 171
Phenobarbitone 171
Intravenous Barbiturates (Ultrashort Barbiturates) 171
48. Non-barbiturate Hypnotics 173
Important Non-barbiturate Hypnotics 173
Methaqualone (Melsedin) 173
Flurazepam 173
Thalidomide 173
49. Alcohol 174
Actions of Alcohol 174
Advantage 174
Disadvantage 174
Uses 174
Contraindications 175
Treatment of Chronic Alcoholism 175
50. Antiepileptic Drugs 176
Classification 176
Barbiturates 176
Primidone 177
Hydantoin Derivatives (Diphenylhydantoin Phenytoin) 177
Phenytoin Sodium (Dilantin) 177
Mesantoin 178
Oxazolidinedione (Trimethadione) 178
Succinimides 178
Acetylureas 178
Aminoglutethimide (Cytadren) 178
Acetazolamide (Diamox) 178
Sulthiame (Ospolot) 179
Diazepam (Valium) 179
Clonazepam (Klonopin) 179
Nitrazepam 179
Carbamazepine (Tegretol) 179
Sodium Valproate 179
51. Antipyretics 180
Salicylates 180
Acid Acetylsalicylic (Aspirin) 180
Phenacetin 181
Aspirin Phenacetin Combination 181
Paracetamol 181
Dextropropoxyphene 181
Phenylbutazone 181

Oxyphenbutazone (Suganril) 181
Indomethacin 182
Whitfield's Ointment 182

52. Analgesics **183**
Classification 183

53. Drugs Used in Rheumatoid Arthritis **184**
Management 184
Classification 184
Mode of Action of Non-steroid Anti-inflammatory Drugs 184
Anti-inflammatory Drugs 184
Corticosteroids 185
Cytotoxic Drugs 185

54. Antiparkinsonian Agents **187**
Treatment 187

55. Analeptics **189**
Classification 189
Uses 189

56. Antimyasthenic Medications **191**
Interventions 191
Tensilon Test 191

57. Osmotic Diuretics **192**
Side Effects 192
Interventions 192

Section 5 ▪ Neurological Manifestations

58. Migraine **195**
Causes 195
Mechanisms 195
Classical Migraine 195
Types 196
Treatment 196
Management 197

59. Vertigo **199**
Physiology 199
Causes of Vertigo 199
Investigations 200
Treatment 200

60. Aphasia **202**
Anatomy and Physiology of Speech 202
Classifications 202
Assessment of Aphasic Patients 203
Diagnosis 203
Management 204
Nursing Management 204
Nursing Interventions 204

61. Ataxia 206
Causes 206
Types 207
Clinical Manifestations 208
Diagnostic Evaluation 209
Management 209
62. Dysarthrias (Disorder of Speech) 211
Causes 211
Types and Causes 211
Examination of Speech 212
Clinical Manifestations 212
Management 212
63. Dysphonia/Aphonia 213
Causes 213
64. Concussion 214
Causes 214
Clinical Manifestations 214
Complications 215
First Aid for Concussion 215
Management 216
65. Paralysis 217
Important Paralytic Diseases 217
Causes 217
Clinical Manifestations 217
Types of Paralysis 217
Diagnosis 217
Management 218
Complications 218
66. Hemiplegia 219
Nursing Management 219
67. Quadriplegia 221
Causes 221
Spinal Nerves and Levels 222
Symptoms of Quadriplegia 223
Management 224
Complications of Quadriplegia 224
68. Paraplegia 225
Causes 225
Clinical Manifestations 225
Diagnostic Evaluation 226
Assessment 226
Nursing Intervention and Goals 226
Rehabilitation 228
Health Education 228

69. Sensory Impairment 229
Conduction of Sensory Afferent Impulses 229
Localization of 'Lesion of Disturbances' of Sensation 230
Sensory Disorders 232
70. Visual Disturbances 235
Common Visual Symptoms 235
Examination of Visual Defects 237
Patterns of Visual Field Loss 237
Optic Nerve Lesions 237
Tumors of the Optic Nerve 237
71. Cerebral Compression 239
Causes 239
Symptoms 239
Cerebral Concussion 239
Cerebral Contusion 239
72. Nystagmus 241
Causes 241
Degrees of Nystagmus 241
Types of Nystagmus 241
73. Disorders of Motor Function and Equilibrium 243
Disorders of Motor Function 243
Disorders of Equilibrium 244
74. Abnormal Movements 246
Myoclonus 246
Opisthotonus 246
Chorea 247
Dystonia 247
Ballism 248
Tremors 248
Tics 249
Involuntary Movements of Face and Neck 250
Movements Limited to Muscles 250
75. Spinal Reflexes 252
Myotatic or Stretch Reflexes 252
Superficial Reflexes 252
76. Pupillary Disorders 254
Parasympathetic and Sympathetic Pathways 254
Pupillary Abnormalities 254
77. Gait and Gait Disturbances 256
Gait Cycle 256
Pathological Gaits 258
Gait Training 260
78. Rigidity and Back Pain 262
Muscle Tone Disorder (Rigidity) 262
Back Pain 262

79. Spasticity 265
Pathophysiology 265
Classification of Spasticity 265
Effects of Spasticity 265
Clinical Evaluation 266
Management 266
Principles 266
Pharmacology in Treatment of Spasticity 267

Section 6 ▪ Neurological Examination and Assessment

80. Introduction to Neurological Examination 271
Neurophysical Examination 271
Purposes 271
Instruments Used 271
Neuroexamination Tools 273
History Collection 275
81. Assessment of Conscious Levels and Higher Cerebral Function 279
Conscious Level Assessment 279
Examination of Higher Cerebral Function 280
82. Cranial Nerve Examination 282
Olfactory Nerve 282
Optic Nerve 282
Oculomotor, Trochlear and Abducens 284
Trigeminal Nerve 285
Facial Nerve 287
Acoustic/Auditory Nerve 287
Glossopharyngeal and Vagus Nerve 288
Spinal Accessory Nerve 289
Hypoglossal Nerve 290
83. Neurological Examination of Different Body Parts 291
Examination of Motor Status 291
Examination of Upper Limbs 292
Examination of Sensation 292
Examination of Upper Limb Reflexes 297
Examination of Lower Limb Motor System 300
Assessing Deep Tendon and Plantar Reflexes 300
Examination of Coordination 305
Examination of Posture and Gait 305

Section 7 ▪ Neurodevelopmental Disorders

84. Neurological Anomalies 309
Etiology 309
Types 309
Assessment Findings 309
Spina Bifida 309

Anencephaly 313
Encephalocele 313
Microcephalus 313

85. Meningomyelocele 314
Types of Meningomyelocele 314
Pathophysiology 314
Clinical Features 314
Diagnostic Evaluation 315
Management 315

86. Hydrocephalus 317
Cerebrospinal Fluid Circulation Pathway 317
Etiology of Hydrocephalus 317
Classifications 318
Pathophysiology 318
Clinical Manifestations 318
Diagnostic Evaluation 319
Management 319
Nursing Management 321
Complications 322
Prognosis 322

87. Syringomyelia 323
Incidence 323
Etiology 323
Clinical Manifestations 323
Diagnostic Evaluation 324
Management 324
Surgery 324
Nursing Management 325
Complications 325

88. Chiari Malformation 326
History 326
Classifications 326
Causes 326
Clinical Manifestations 327
Diagnostic Evaluation 327
Medical Management 328

89. Microcephaly 329
Causes of Microcephaly 329
Clinical Manifestations 329
Diagnostic Evaluation 329
Management 330

90. Anencephaly 331
Causes 331
Clinical Manifestations 331
Diagnostic Evaluation 331
Management and Counseling 332

91. Craniosynostosis 333
Causes 333
Types 333
Clinical Manifestations 334
Diagnostic Evaluation 334
Treatment 335
Complications 335
Prevention and Counseling 335
92. Down Syndrome (Mongolism) 336
Types 336
Clinical Manifestations 336
Physical Characteristics 336
Diagnostic Evaluation 337
Management 337
Counseling 337
Prognosis 337
93. Mental Retardation 338
Classification 338
Etiology 338
Clinical Manifestations 339
Diagnostic Evaluation 339
Management 339
Preventive Measures 340
94. Cerebral Palsy 341
Etiology 341
Recognition of Cerebral Palsy 341
Communication Difficulties 342
Types 343
Pattern of Involvement in Cerebral Palsy 344
Management 344
Principles of Corrective Positioning in Cerebral Palsy 346
Contractures in Cerebral Palsy 349
Activities of Daily Living in Cerebral Palsy 350

Section 8 ▪ Injury to Brain and Spinal Cord

95. Head Injury 357
Etiology 357
Pathophysiology 357
Clinical Manifestation 358
Effects of Brain Injuries 360
Clinical Approach of a Patient with Head Injury 361
Diagnostic Evaluation 362
Management 362
Complications of Head Injury 362
Nursing Management During Emergency 364
Nursing Process 364
Brain Herniation 366

96. Spinal Cord Injury 370
Etiology 370
Mechanism of Injury 370
Types of Spinal Cord Damage 371
Spinal Cord Syndrome 372
Pathophysiology 372
Spinal Shock 373
Clinical Manifestations 373
Management 374
Emergency Management 374
Nursing Intervention 376
Health Education 376

Section 9 ▪ Neuroinfections

97. Meningitis 381
Etiology 381
Route of Entry 381
Pathophysiology 381
Clinical Manifestations 382
Complications 382
Diagnostic Evaluation 382
Management 383
Types of Meningitis 383
98. Encephalitis 386
Etiology 386
Pathophysiology 387
Clinical Manifestations 387
Diagnostic Evaluation 387
Management 387
Complications 388
Nursing Management 388
99. Brain Abscess 390
Etiology 390
Clinical Manifestations 390
Diagnostic Evaluation 390
Management 390
Nursing Management 391
100. Neurosyphilis 392
Pathophysiology 392
Clinical Manifestations 392
Symptoms 393
Diagnostic Evaluation 393
Management 393
Nursing Management 393

101. HIV and Neurological Manifestations 394
Sources of Infection 394
HIV Transmission 394
Pathophysiology 395
Clinical Manifestations 395
Neurological Manifestations 396
Diagnostic Evaluation 396
Management 397
Prevention of Transmission 397

102. Neurocysticercosis 398
Epidemiology 398
Pathogenesis 398
Clinical Manifestations 399
Diagnostic Evaluation 399
Management 400
Prevention 400
Complications 400

103. Intracranial Tuberculosis 401
Incidence 401
Tuberculou Meningitis 401
Nursing Management 403

104. Cerebral Malaria 405
Etiology 405
Disease Specific Severity Scales 406
Pathogenesis 406
Clinical Manifestations 407
Management 407

Section 10 ▪ Care of Neurological Conditions

105. Altered Level of Consciousness 411
Components of Consciousness 411
Etiology 412
Pathophysiology 412
Clinical Manifestations 413
Diagnostic Evaluation 413
Nursing Assessment 414
Nursing Diagnosis 414
Objectives 415
Nursing Interventions 415

106. Increased Intracranial Pressure 417
Etiology 417
Pathophysiology 417
Clinical Manifestations 418
Diagnostic Evaluation 419
Management 419

107. Intervertebral Disk Prolapses 421
Clinical Manifestations 421
Management 421
Complications 422
108. Low Back Pain 423
Causes of Low Back Pain 423
Factors, Which Increases Low Back Pain 423
Clinical Manifestations 424
Treatment 424
109. Pain 426
Types 426
Acute Pain 427
Pain Theories 428
Factors Influencing Pain 429
Nursing Management 430
Alleviation of Pain: Non-invasive Pain Relief Measures 432
Pain Management 433
110. Neurological Disturbances of Bladder 434
Classification 434
Etiology 435
Types of Bladder Disturbances 435
Diagnostic Evaluation 436
Management 436

Section 11 ▪ Cerebrovascular Disorder

111. Cerebrovascular Accident/Stroke 441
Incidence 441
Etiology 441
Pathophysiology 442
Factors Influencing Cerebral Blood Flow 442
Clinical Manifestations 442
Common Symptoms 444
Diagnostic Evaluation 445
Emergency Management 446
Surgical Management 446
Complications of Stroke 447
Nursing Responsibilities and Interventions 447
Compensatory for Sensory-perceptual Deficits 449
Restoring Continence 449
Promoting Effective Coping 450
Transferring to Wheelchair 450
112. Transient Ischemic Attacks 451
Incidence 451
Causes 451
Risk Factors 451

Clinical Manifestations 452
Warning Signs 453
Diagnostic Evaluation 453
Treatment 454
Management 454
Prevention 454

113. Cerebral Aneurysm 455
Incidence 455
Etiology of Cerebral Aneurysm 455
Classifications 455
Morphology 456
Location 457
Pathophysiology 457
Clinical Manifestations 457
Diagnostic Evaluation 458
Management of Cerebral Aneurysm 458
Surgical Management 459
Complications 460
Nursing Care of Patient with Cerebral Aneurysm 460

114. Cerebral Arteriovenous Malformation 462
Incidence 462
Causes 462
Pathology 462
Classification and Grading 463
Clinical Manifestations 463
Diagnostic Evaluation 464
Management 464
Surgical Management 464
Complications 464

115. Moyamoya Disease 465
Incidence 465
Etiology 465
Associated Diseases 466
Clinical Manifestations 466
Pathology 466
Diagnostic Evaluation 467
Management 467
Surgical Management 468
Complications 469
Rehabilitation 469

116. Interventional Neuroradiology 470
Embolization 470
Nursing Role Prior, During and Postprocedure 472
Lysis of Thrombotic Materials 474
Dilatation of Stenosis 474

Section 12 ▪ Paroxysmal Disorders

117. Epilepsy/Seizures 477
Etiology 477
Risk Factors 477
Pathophysiology 477
Classifications 477
Clinical Manifestations 480
Diagnostic Evaluation 480
Management 481
Emergency Management 482
Nursing Interventions 483
Health Education 483

118. Cephalgia/Headache 484
Etiology 484
Pathophysiology 484
Diagnostic Evaluation 485
Physical Examination 486
Diagnosis 486
Assessment of Headache 487
Nursing Diagnosis 487
Nursing Intervention 487

119. Syncope 489
Etiology 489
Diagnostic Evaluation 490
Management 490
Nursing Care Application 490

Section 13 ▪ Central Nervous System Tumors

120. Cerebral Tumors 493
Types 493
Tumor Grade 494
Diagnostic Evaluation 495
Management 495
Pituitary Adenoma 496
Infratentorial or Posterior Fossa Lesions 496
Cerebral Tumors 496
Preoperative Preparation 496
Surgery 496
Meningioma 497
Gliomas and Metastatic Tumors 497
Postoperative Nursing Care 497
Potential Problems 497
Nursing Management 498
Complications of Surgery 498

121. Intracranial Tumors 500
Classification 500
Pathophysiology 500
Clinical Manifestations 501
Diagnostic Evaluation 501
Management 501
Prognosis 502
122. Pituitary Tumors 503
Etiology 503
Classification 503
Clinical Manifestations 503
Diagnostic Evaluation 504
Surgical Management 505
Nursing Management 505
123. Craniopharyngiomas 506
Clinical Features 506
Investigation 506
Management 506
124. Spinal Cord Tumors 508
Etiology 508
Classifications of Spinal Tumors 508
Diagnostic Evaluation 509
Management 509

Section 14 ▪ Neurodegenerative Disorders

125. Dementia 513
Causes 513
Classification 513
Clinical Manifestations 514
Dementia Measurement Scale 514
Diagnostic Evaluation 515
Management 516
Complications 517
Nursing Management 517
126. Alzheimer's Disease 519
Etiology 519
Pathophysiology 519
Clinical Manifestations 520
Diagnostic Evaluation 521
Medical Management 521
Nursing Management 521
127. Parkinson Disease 523
Etiology 523
Pathophysiology 523
Clinical Manifestations 524

Diagnostic Evaluation 525
Complications 525
Management 526
Nursing Management 528

128. Guillain-Barré Syndrome 530
Incidence 530
Etiology 530
Pathophysiology 531
Clinical Manifestations 531
Diagnostic Evaluation 532
Complications 532
Management 532
Prognosis 532
Nursing Diagnosis 532
Nursing Interventions 533
Health Education 534

129. Myasthenia Gravis 535
Etiology 535
Pathophysiology 535
Clinical Manifestations 535
Management 536
Nursing Diagnosis 537
Nursing Interventions 537

130. Multiple Sclerosis 538
Etiology 538
Pathophysiology 538
Clinical Manifestations 539
Symptoms 539
Management 539
Nursing Management 540
Drugs Used 540
Patient Education 541

131. Amyotrophic Lateral Sclerosis 542
Etiology 542
Pathophysiology 542
Clinical Manifestations 542
Management 542

132. Huntington's Disease 543
Incidence 543
Clinical Manifestations 543
Classifications Based on Age Groups 543
Genetics of Huntington's Disease 543

133. Neurofibromatosis Type 1 544
Clinical Manifestations 544
Genetic Neurofibromatosis 544
Inheritance Facts of Neurofibromatosis 545

Section 15 ▪ Cranial Nerve Diseases

134. Trigeminal Neuralgia 549
Anatomy of Trigeminal Nerve 550
Types of Trigeminal Neuralgia 550
Risk Factors 551
Etiology 551
Pathophysiology 551
Clinical Manifestations 551
Diagnostic Evaluation 551
Management 551
Surgical Management 552
Nursing Diagnosis 555
Health Teaching 555

135. Bell's Palsy 556
Etiology 556
Pathophysiology 556
Clinical Manifestations 556
Diagnosis and Prognosis 556
Treatment 556
Nursing Interventions 557

136. Ménière's Disease 558
Etiology 558
Pathophysiology 558
Clinical Features 558
Diagnostic Evaluation 558
Variants of Ménière's Disease 559
Management 559

137. Glossopharyngeal Neuralgia 560
Etiology 560
Clinical Manifestations 560
Diagnostic Evaluation 560
Treatment 560
Surgical Management 561
Nursing Management 562
Complications 562

138. Carpal Tunnel Syndrome 563
Incidence and Risk Factors 563
Causes of Tunnel Syndrome 563
Clinical Manifestations 564
Diagnostic Evaluation 564
Management of Carpal Tunnel Syndrome 564
Complications 565
Preventive Measures 565
Instructions to Patient on Self-care 566

Section 16 ▪ Neurosurgery

139. Introduction to Neurosurgery 569
Brain Surgery 571
History of Neurosurgery 571
Development of Neurosurgery in India 572
140. Development of Neurosurgical Techniques 573
Surgery for Brain Tumors 573
Cerebrovascular Surgery 574
Surgery for Epilepsy 575
Surgery for Movement Disorders 575
Surgery for Intractable Pain 576
Surgery for Trigeminal Neuralgia 576
Psychosurgery 576
Stereotactic Surgery 576
Endoscopic Neurosurgery 577
Development of High-speed Drills 577
141. Equipments Used for Neurosurgery 578
Neurodiagnosis: Study of Equipments 578
Surgical Equipments 579
142. Perioperative Process in Neurosurgery 582
Perioperative Goals 582
Indications for Neurosurgery 582
Neurosurgical Diseases 582
Neurosurgical Procedures 584
Cerebral Revascularization Surgical Procedure 585
Preoperative Phase 586
Intraoperative Phase 586
Postoperative Phase 588
143. Craniotomy 589
Purposes 590
Methods of Doing Craniotomy 590
Description of the Surgery 590
Diagnostic Evaluation 591
Preoperative Care 591
Intraoperative Care 591
Positioning 591
Postoperative Care 592
Jackson-Pratt Suction Drain 592
Complications of Surgery 592
144. Laminectomy 594
Spinal Decompression 594
Description of Surgery 594
Patient Preparation 595
Postoperative Care 596
Complications 597
Risk of Laminectomy Surgery 597

145. Stereotactic Radiosurgery 598
History 598
Indications 599
Need 599
Classifications 599
Types of Stereotactic Frame System 600
Different Stereotactic Radiosurgery Systems 600
Side Effects 602
146. Ventriculoperitoneal Shunt 603
Purposes of Shunt 603
Risks of Surgery 603
Description of Surgery 603
Surgical Management 604
Health Education 604
Complications 604
Treatment of Shunt Infections 605
147. Neuroendoscopic Surger 607
Indications 607
Early History 607
Rediscovery of Neuroendoscopy 608
Uses in Neuro-oncology 608
Instruments Used in Neuroendoscopy 609
Image-guided Endoscopy 610
Endoscopic Third Ventriculostomy 610
Endoscopic Applications to Neuro-oncology 611
Endoscope-assisted Microsurgery 611
Endoscopic Transsphenoidal Surgery 612
Neuroendoscopic Biopsy 612
Robot-assisted Neuroendoscopy 613
Complications of Neuroendoscopy 613
148. Microneurosurgery 614
Pioneers in Neuroanatomy and Microneurosurgery 614
Microneurosurgical Techniques in Aneurysms 615
149. Neurosurgical Complications 617
Factors Influencing Complications 617
Common Neurological Complications 617
Open Surgical Complications 619
Complications of Neuroendoscopy 619
Whole-brain Radiation Therapy and Stereotactic Radiosurgery Complications 619
Endovascular Complications 620
Chemotherapy Complications 620
Steroid Therapy Complications 621
150. Awake Craniotomy 622
Description of Surgery 622
Premedication 622
Preoperative Preparation 623

Section 17 ▪ Neurological Emergencies and Care

151. Neurogenic Shock 627
Etiology 627
Pathophysiology 627
Clinical Manifestations 627
Assessment of Neurogenic Shock 628
Diagnosis and Differentiation 628
Emergency Department Care and Disposition 629
Medical Management 629
Nursing Diagnosis 629
Nursing Management 629

152. Status Epilepticus 631
Incidence 631
Types of Status Epilepticus 631
Clinical Manifestations 631
Precipitating Factors 632
Management 633
Specific Drug Therapy 633

153. Brain Death 635
Diagnosis 635
Guidelines for Determination 635
Pupillary Examination 636
Criteria for Brain Death 636
Assessment of Vestibulo-ocular Reflexes 636
Reflex Test 637
Apnea Test 637
Confirmatory Test for Brain Death 638

154. Neurological Intensive Care 640
Neurological Intensive Care Unit 640
Indications of NICU Admission 640
Role of NICU in Patient Care 641
Types of Patients Treated in NICU 642
Neurocritical Care Society 645

Section 18 ▪ Trends in Neurology

155. Gene Therapy 649
Gene Therapy Process 649
Types 649
Factors Influencing Gene Therapy 651
Gene Delivery Method 651
Procedure of Gene Therapy 652
Gene Therapy in Specific Neurological Disorders 652
Ethical Concern 655

156. Stem Cell Therapy 656
Historical Development of Stem Cell Therapy 656
Accessible Sources 657
Properties of Stem Cell 657
Stem Cell-based Therapy in Neurological Diseases 658
Neurological Disorder and Stem Cell Therapy 659

Section 19 ▪ Therapeutic Procedure in Neuroscience

157. Cervical Traction 665
Purposes 665
Halo Traction 665
Skeletal Tongs 665
Procedure 666
Principles of Traction 666
Nursing Application 667
158. Log-rolling Maneuver 668
Description 668
Log-rolling Techniques 668
Bed Transfer: Logrolling 668
159. Pressure Sore Prevention and Management 671
Pressure Sore 671
Pathology 671
High-risk Patients 671
Prevention of Pressure Sores 671
Management 672

Section 20 ▪ Neuropathies/Peripheral Nerve Lesions

160. Bulbar Palsy/Lower Brainstem Lesions 677
Causes 678
Clinical Manifestations 678
Goals and Intervention 679
Pinched Nerve Syndrome 679
161. Sciatica (Sciatic Nerve Compression) 680
Causes of Sciatica 680
Clinical Manifestations of Sciatica 680
Diagnostic Evaluation 680
General Principles of Treatment 681
Goal and Interventions 682
Instruction to Patient on Self-care 682
Management 683
162. Brachial Neuralgia or Neuritis 684
Etiology 684
Pathophysiology 684
Clinical Manifestations 684

Assessment 685
Diagnostic Evaluation 685
Goals and Intervention 685
Prognosis 686

163. Peripheral Nerve Injuries 687
Classification 687
Erb-Duchenne Palsy 687
Klumpke's Palsy 688
Goals and Interventions 688
Deformities 688

164. Thoracic Outlet Syndrome 690
Etiology 690
Clinical Manifestations 691
Activities Cause Compression Syndromes 691
Assessment 691
Goals and Interventions in Thoracic Outlet Syndrome 691

165. Peripheral Neuropathy 693
Epidemiology 693
Risk Factors 693
Cardinal Patterns of Neuropathy 693
Causes of Neuropathies 693
Pathological Changes 696
Clinical Manifestations 696
Types of Peripheral Neuropathy 697
Diagnostic Evaluation 698
Prevention and Screening 699
Treatment of Peripheral Neuropathies 699
Self-care Instruction to Patient 700
Alternative Medicine 700
Prognosis 701
Follow-up 701

166. Mononeuropathy 702
Etiology 702
Management 702
Medications 702
Prevention 703

167. Mononeuritis Multiplex 704
Clinical Manifestations 704
Management 704
Inflammatory Demyelinating Polyradiculoneuropathies 705
Nursing Care 705

168. Wilson's Diseases 706
Incidence 706
Etiology 706
Pathology 706
Clinical Manifestations 707
Diagnostic Evaluation 707

Management 708
Nursing Management 709
Complications 709

Section 21 ▪ Neuroscience Rehabilitation

169. Introduction to Neurorehabilitation 713
Meaning of Rehabilitation 713
Goals of Rehabilitation 713
Types of Rehabilitation 714
Approaches of Rehabilitation 714
Principles of Rehabilitation 714
Theory Application in Rehabilitation 714
Preventive Rehabilitation 715
170. Neurorehabilitation Team 716
Rehabilitation Team 716
Role of Physiatrist 717
Role of Rehabilitation Nurse 718
Role of Physiotherapist 718
Role of Occupational Therapist 718
Role of Clinical Psychologist 719
Role of Social and Vocational Counselors 719
Role of Orthotist 719
171. Disability 720
Disability Process 720
Prevention of Disabilities 720
Rehabilitation for Neurological Conditions 721
Disability Due to Other Conditions 721
Activities of Daily Living Guidelines 722
Nurse's Role in Disability Prevention 722
172. Rehabilitation of Brain Injury 723
Traumatic Brain Injury Classification 723
Motor Disturbances 723
Sensory Disturbances 723
Rehabilitation Assessment 724
Assessment Scales 724
Rancho Los Amigos Scale 724
Other Scales 725
Management 725
Medical Treatment 725
Surgical Treatment 725
Rehabilitation: Physiotherapy and Occupational Therapy 725
Speech Therapy 727
Role of the Physiatrist 727
173. Principles of Physiotherapy 729
Physiotherapy in Intensive Care 729
Treatment Techniques 730
Functional Rehabilitation 730

174. Stroke Rehabilitation 732
Etiopathogenesis 732
Rehabilitation Assessment 732
Conscious Level Assessment 732
Higher Cortical Functions 732
Negative Prognostic Indicators 733
Complications of Stroke 733
Management 733
Positioning of Patient 735
Activities for the Recovering Arm: Occupational Therapy 735
175. Rehabilitation of Spinal Cord Injury 738
Etiology 738
Mechanism of Injury 738
Staging 739
Syndrome Associated with Cord Injury 739
General Examination of the Patient 739
Specific Assessment 740
Psychological Evaluation 740
Nursing Assessment 740
Management of Acute SCI 740
Rehabilitation for SCI 741
Innervation of the Bladder 744
Management of Bowels 746
176. Rehabilitation for Neurodegenerative Disorders 748
Multiple Sclerosis 748
Parkinsonism 749
Cerebellar Diseases 750
Motor Neuron Disease 751
177. Community-based Rehabilitation 753
Goals 753
Aims of CBR Program 753
Criteria 754
Aspects 754
Members of the CBR Team 754
Role of the Rehabilitation Professional 754
Models of CBR 754
Glossary ***757***
Appendices ***763***
Index ***767***