CONTENTS

Section 1: Obstetrics

1. History Taking and Examination in Obstetrics **3**
Introduction 3 • History 3 • Clinical Presentation 7 • Clinical Examination 9
General Physical Examination 9 • Specific Systemic Examination 9
Abdominal Examination 9 • Vaginal Examination 16

2. Bony Pelvis and Fetal Skull **18**
Introduction 18 • The Maternal Pelvis: Passageway 18
Pelvic Inlet 20
Pelvic Assessment 24 • Passenger: Fetus 24

3. Normal Pregnancy and Labor **28**
Antenatal Care 28
Routine Antenatal Care 29
Normal Labor 31
Introduction 31 • Prelabor 31 • True Labor 31 • Stages of Labor 31 • Clinical Examination in Labor 32
Abdominal examination 32 • Vaginal examination 37 • Mechanism of Normal Labor 41
Conducting Normal Vaginal Delivery 45
Monitoring During Labor 47

4. Labor in Case of Malpresentations **51**
Breech Delivery 51
Breech Vaginal Delivery 52 • Mechanism of Breech Vaginal Delivery 52
Assisted Breech Vaginal Delivery 54 • Steps for Breech Vaginal Delivery 54
Occipitoposterior Position 59
Deep Transverse Arrest 63
Management 63
Transverse Lie 66 • Face Presentation 66 • Brow Presentation 67
Cord Prolapse 68 • Compound Presentation 69

5. Cases in Obstetrics **72**
Anemia in Pregnancy 72 • Hypertensive Disorders in Pregnancy 81
Breech Presentation 92 • Previous Cesarean Delivery 97
Multifetal Gestation 101 • Abnormalities of Liquor 108
Oligohydramnios 108
Polyhydramnios 109 • Transverse Lie 111 • Intrauterine Growth Restriction 114
Antepartum Hemorrhage 120 • Intrauterine Death 130 • Preterm Labor, PROM 133
Post-Term Pregnancy 138 • Bad Obstetric History/Recurrent Pregnancy Loss 140
Rh Isoimmunization 145 • Cardiac Disease in Pregnancy 150 • Diabetes in Pregnancy 155

6. Routine Labor Room Procedures **162**
Obstetric Forceps 162
Surgical Equipment used 163 • Application of the Forceps 166
Functions of the Forceps 169 • Complications 170
Obstetric Vacuum Application 171
Surgical Equipment Used 172 • Complications 176
Management of Shoulder Dystocia 178
Management of Shoulder Dystocia 179 • Complications 183
Episiotomy 183 • Perineal Tear Repair 186 • Cervical Tear Repair 188
Induction of Labor 189 • Version 192
External Cephalic Version 192 • Internal Podalic Version 195

Artificial Rupture of Membranes 195 • Amnioinfusion 197
Cervical Cerlage for Cervical Incompetence 198 • Cervical Cerclage 199
Surgery 200
Fetal Scalp Blood Sampling 202 • Insertion of Dinoprostone (Cerviprime Gel) 204
Removal of Adherent Placenta 205
Manual Removal of Placenta 205 • Complications 206
Pudendal Nerve Block 206

7. Operation Theater Procedures: Obstetrics 208
Medical Termination of Pregnancy 208
Surgical Equipment used 208 • Procedure 209 • Complications 211
Drainage of Pelvic/Vulvar Hematoma 212
Surgery 213
Cesarean Section 213
Overview of Surgery 213 • Surgery 214 • Complications 219
Obstetric Hysterectomy 219
Surgery 220
Surgical Procedures for Controlling PPH 223
Introduction 223 • Management of PPH 224 • Types of Surgical Options 226
Surgical Management of Ectopic Pregnancy 229
Surgery 232
Destructive Procedures 234
Surgery 235

Section 2: Gynecology

8. History Taking and Examination in Gynecology 241
Introduction 241 • History and Clinical Presentation 241
General Physical Examination 244 • Specific Systemic Examination 245
Abdominal Examination 245 • Cardiovascular System Examination 249
Examination of the Pulmonary System 249
Pelvic Examination 249 • Management 253

9. Cases in Gynecology 254
Carcinoma Cervix 254 • Carcinoma Endometrium 262 • Fibroid Uterus 267
Genital Prolapse 275 • Dysfunctional Uterine Bleeding 284 • Infertility 288
Abnormal Vaginal Discharge 298 • Genitourinary Fistula 304 • Abdominal Lump 308
Ovarian Cancer 308
Endometriosis 315 • Molar Gestation 320

10. Operation Theater Procedures: Gynecology 328
Cervical Biopsy 328 • Cryosurgery 329 • Tests for Tubal Patency 330
Rubin's Test 330 • Hysterosalpingography 330 • Saline Infusion Sonography/Sonosalpingography 333
Tests for Ovarian Function 334
Endometrial Biopsy 335 • Ferning 336 • Basal Body Temperature Method 336
Cytologic Screening: Pap Smear 337 • Colposcopy 340 • Dilatation and Curettage 341
Fractional Curettage 342
Endometrial Aspiration 342 • Female Sterilization 342 • Three Swab Test 346
Test for Cervical Factor Infertility 346 • Hysteroscopy 347
Marsupialization of Bartholin's Cyst 349 • Hysterectomy 350
Abdominal Hysterectomy 350 • Complications 353 • Vaginal Hysterectomy 354

11. Contraception 357
Introduction 357 • Natural Family Planning Methods 358
Side Effects 361

Barrier Method of Contraception 361
Male Condom 361 • Female Condom 362 • Diaphragm 363 • Cervical Cap 363
Contraceptive Sponge 364 • Spermicides 364 • Side Effects of Barrier Contraception 364
Hormonal Method of Contraception 365 • Combined Oral Contraception Pills 365
Progestogen-Only Contraception 367 • Subdermal Implants 368
Intrauterine Contraceptive Devices 369
Insertion of Intrauterine Contraceptive Device 370
Emergency Contraception 371 • Permanent Methods of Contraception 372 • Failure Rate 373

Section 3: Imaging, Instruments, Specimens and Drugs

12. Imaging in Obstetrics and Gynecology 377
Obstetric Ultrasound 377
Pregnancy Scanning 377 • Fetal Biometry 381 • Doppler Ultrasound 382
Color Doppler Evaluation of Fetal Circulation 384 • Ultrasound for Diagnosis of Ectopic Pregnancy 387
Ultrasound for the Diagnosis of Hydatidiform Mole 388 • Diagnosis of Miscarriageusing Ultrasound 389
Ultrasound for Diagnosis of Multifetal Gestation 389
Gynecological Ultrasound 390
Normal Anatomy on TVS 390 • Normal Anatomy on TAS 391 • Evaluation of Endometrial Thickness 391
Fibroids 393 • Adenomyosis 394 • Pelvic Inflammatory Disease 395 • Ovarian Neoplasms 396
Endometrial Cancer 398 • Cervical Cancer 399
Diagnostic Radiology in Obstetrics 400 • X-rays in Gynecology 401
Diagnosis of Perforation Caused by Intrauterine Devices 401

13. Instruments in Obstetrics and Gynecology 403
Sims' Speculum 404
Description 404 • Uses 404
Sims' Anterior Vaginal Wall Retractor 404
Description 404 • Uses 404
Cusco's Speculum 405
Description 405 • Uses 405
Auvard's Weighted Self-Retaining Posterior Vaginal Speculum 405
Description 405 • Uses 405
Soonawala's Self-Retaining Vaginal Speculum 405
Description 405 • Uses 405
Fergusson's Tubular Vaginal Speculum 406
Description 406
Doyen's Retractor 406
Description 406 • Uses 406
Landon Bladder Retractor 406
Description 406 • Uses 407
Self-Retaining Abdominal Retractors 407
Description 407 • Uses 407
Right Angle Retractor 407
Description 407 • Uses 407
Tongue Depressor 407
Description 407 • Use 407
Flushing Curette 407
Description 407 • Uses 407
Towel Clip 408
Description 408 • Uses 408
Allis Tissue-Holding Forceps 408
Description 408 • Uses 408
Needle Holder 408
Description 408 • Use 409

Artery Forceps 409
Description 409 • Uses 409
Sponge-Holding Forceps 409
Description 409 • Uses 409
Kidney Tray 410
Description 410 • Uses 410
Kocher's Clamp 410
Description 410 • Uses 410
Square-Jaw Single-Tooth Tenaculum 411
Description 411 • Uses 411 • Special Uses 411
Straight Babcock Forceps 411
Description 411 • Uses 411
Green Armytage Forceps 411
Description 411 • Uses 412
Bladder Sound 412
Description 412 • Uses 412
Simpson's Olive Pointed Graduated Metallic Uterine Sound 412
Description 412 • Uses 413
Rubin's Cannula 413
Description 413 • Uses 413
Leech Wilkinson/Colwin's Cannula 413
Description 413 • Uses 413
Plain Forceps 413
Description 413 • Uses 414
Toothed Forceps 414
Description 414 • Uses 414
Uterine Polyp Forceps 414
Description 414 • Use 414
Cheatle Forceps 415
Description 415 • Use 415
Hegar's Dilator 415
Description 415 • Uses 415
Fenton/Pratt's Dilator 415
Description 415 • Use 416
Hawkin Ambler Dilator 416
Description 416 • Use 416
Purandare Mtp Dilators 416
Description 416 • Use 416
Episiotomy Scissors 416
Description 416 • Use 416
Cuzzi Placental Curette 416
Description 416 • Uses 416
Sharp and Blunt Uterine Curette 417
Description 417 • Uses 417
Ayre's Wooden Spatula 417
Description 417 • Uses 417
Cytobrush 417
Description 417 • Use 418
Rubber Catheter 418
Description 418 • Uses 418
Metal Catheter 418
Description 418 • Use 418
Foley's Catheter 418
Description 418 • Uses 418

IUCD Removing Hook 419
Description 419 • Uses 419
Vacuum Extractor 419
Vulsellum 419
Description 419 • Uses 419
Uterine Manipulator 419
Description 419 • Uses 420
Dartigue Uterus-Holding Forceps 420
Description 420 • Uses 420
Drew-Smythe Catheter 420
Description 420 • Uses 420
Uterine Packing Forceps 421
Description 421 • Uses 421
Obstetric Forceps 421 • Veress Needle 422
Description 422 • Use 422
Trocar and Cannula 422
Description 422 • Use 422
Suction Cannula 422
Description 422 • Uses 422
Doyen's Myoma Screw 422
Description 422 • Use 422
Shirodkar Uterus-Holding Forceps 423
Description 423 • Use 423
Simpson Perforator 423
Description 423 • Use 423
Embryotomy Scissors 424
Description 424 • Use 424
Hook with Crochet 424
Description 424 • Uses 424
Ramsbotham's Decapitation Hook with Knife 424
Description 424 • Use 425
Auvard-Zweifel Combined Cranioclast and Cephalotribe 425
Description 425 • Uses 425
Willett Scalp Traction Forceps 425
Description 425 • Uses 425
Martin Pelvimeter 425
Description 425 • Use 426
Rubber Ring Pessary 426
Description 426 • Use 426
Pinard's Stethoscope 426
Description 426 • Use 426
Stethoscope 426
Description 426 • Uses 427
Digital Fetal Doppler 427
Description 427 • Use 427
Haywood Smiths Ovum Forceps 427
Description 427 • Uses 427
Laminaria Tent 428
Description 428 • Uses 428
Bard Parker's Knife 428
Description 428 • Uses 428
Curved Scissors 428
Description 428 • Uses 428
Mayo's Scissors 429
Description 429 • Uses 429

Metzenbaum Scissors 429
Description 429 • Uses 429
Umbilical Cord Clamp 429
Description 429 • Uses 429
Bonney's Myomectomy Clamp 430
Description 430 • Uses 430
Iris Scissors 430
Description 430 • Uses 430
Sharp-Curved Mosquito Hemostat 430
Description 430 • Uses 430
Shirodkar Cervical Encerclage Needles 431
Description 431 • Use 431
Intrauterine Insemination Cannula 431
Uses 431
Electrosurgical Loop 431
Uses 432
Cervical Punch Biopsy Forceps 432
Description 432 • Uses 432
Cryomachine 432
Description 432 • Uses 432
Novak's Endometrial Biopsy Curette 433
Description 433 • Uses 433

14. Specimens in Obstetrics and Gynecology 434
Description of Specimen 434
Gross appearance of the specimen 434
Obstetric Specimens 434
Anencephaly 434 • Ruptured Uterus 435 • Ectopic Pregnancy 436
Normal Placenta 436 • Couvelaire Uterus 437
Gynecological Specimens 438
Fibroids 438 • Vesicular/Hydatidiform Mole 439 • Endometriosis 439
Endometrial Cancer 440 • Neoplastic Growths of Ovary 440 • Hydrosalpinx 442
Polycystic Ovaries 443 • Carcinoma Cervix 443 • Müllerian Duct Anomalies 444 • Uterine Prolapse 446

15. Drugs in Obstetrics and Gynecology 447
Atosiban 447 • Bromocriptine 448 • Cabergoline 448 • Cerviprime Gel 449
Clomiphene Citrate 449 • Cyproterone Acetate 450 • Danazol 450
Diazepam 451 • Drotaverine Hydrochloride 452 • GnRH Agonists 452
GnRH Antagonists 453 • Isoxsuprine 454 • Labetalol 454 • Letrozole 455
Magnesium Sulfate 456 • Metformin 456 • Methergine 457 • Methotrexate 458
Mifepristone 460 • Misoprostol 460 • Oxytocin 462 • Pethidine 464
Primiprost 465 • Prostodin 466 • Rhesus Anti-D Immunoglobulins 467
Ritodrine Hydrochloride 467 • Tranexamic Acid 468

Section 4: Appendices

Appendix 1: Nutritional Values of the Common Food Stuffs 471
Appendix 2: Reference Intervals: Biochemistry 472
Appendix 3: Reference Intervals: Urine 474
Appendix 4: Hematology: Reference Intervals 475

Index 477