# Contents

**1. Art of Interviewing to a Patient** **1**

*Communication means good and successful interview 1; Approach to a patient for physical examination 20*

**2. Physical Examinations** **27**

*Temperature 27; Anthropometry 37; Posture 50; Apparent Age 50; Facies 51; Lymphn node 58; Clubbing 77; Cyanosis 84; Anemia 97; Nail 99; Hair 112; Edema 120; Neck vein 129; A wave 135*

**3. Respiratory System** **146**

*Anatomy and physiology of respiratory system 146; Thorax 146; Lungs 152; Ventilation and lung mechanics 156; Physiology of pleural fluid absorption and reabsorption 166; Vascular system 167; Symptoms of respiratory diseases 171; Cough 171; Sputum 175; Hemoptysis 176; Chest Pain 178; Breathlessness 181; Wheeze 188; Hoarseness 189; Other important points in history 190; Past history 192; Social history 192; Occupational history 193; Family history 194; Drug history 194; Personal history 194; Chest inspection 195; Abnormalities in respiration 195; Abnormalities in posture 198; Abnormalities in respiratory musculature 200; Asymmetry in thoracic expansions 201; Abnormalities of the sternum 204; Abnormality of the ribs 206; Abnormalities of chest surfaces 208; Palpation 211; Assessment of expansion of hemithoraces 216; Chest percussion 222; Auscultation 229; Pleural rub 250; Transmitted voice sounds 251*

**4. Cardiovascular System** **255**

*Anatomy of cardiovascular system 255; Gross anatomy 255; Symptoms related to cardiovascular systems 286; Chest pain 286; Palpitation 296; Syncope 302; Claudication 318; Breathlessness 320; Hemoptysis 327; Cardiovascular system examinations 330; Body appearance and facies 330; Arterial pulse 347; Precordial movement of impulse 381; Apical area of chest 381; Heart sounds 385; Inspection 386*

**5. Gastroenterology and Urinary System** **467**

*Anatomy and physiology of gastrointestinal and urinary systems 467; Mouth and oral cavity 468; Stomach 476; Phase of gastric secretion 481; Small intestine 485; Large intestine 491; Spleen 495; Liver 496; Gallbladder 499; Pancreas 503; Kidney—anatomy and physiology 508; Basic structure of nephron 513; Symptoms and physical examination 525; Abdominal pain 528; Vomiting 534; Diarrhea 550; Constipation 553; Jaundice 566; Physical examinations 582; Umbilicus 616; Palpations 621; Stomach 641; Pancreas 643; Kidneys 644; Urinary bladder 646; Palpation of aorta 647; Ascites 648; Hernia 656; Rectum and anal canal 659; Prostate gland 660*

**6. Eye Disease** **668**

*Eye 668; Orbit 668; Structures of eye 671; Symptoms of eye disease 683; Presenting problems 683; Discharge 685; involvement of one or both eyes 685; History of photophobia 685; Disturbance in vision 685; Drug 688*

**7. Nose** **734**

*External nose 734; Saddle nose 735; Structures of internal nose 736*

**8. Oral Cavity and Pharynx** **741**

*Pharynx 741; Cleft palate 741; Uvula 741; Scarlatina (Scarlet fever) 744; Vincent's angina 746; Oral mucosa 747; Tongue 755; Anatomy of the tongue 755; Tongue Abnormalities 755; Lips 765; Cheilosis 765; Cheilitis 765; Angioedema 765; Pigmented areas of lip 767; Gum and teeth 768; Parulia 768; Epulis fissuratum 768; Causes of thickening of gum 768; Scurvy 768; Causes of tooth loss 769; Blue line in the gum 770; Hutchinson's teeth 771; Halitosis 771*

**9. Ear** **772**

*Examination of ears 772; Components of ear 772*

**10. Skin** **781**

*Anatomy 781; Appendages of skin 783; Color of skin 783; Functions of the skin 783; Diagnosis of skin disease 784*

**11. Neurology** **860**

*Anatomy of nervous system 860; Diencephalon 860; Hypothalamus 862; Cerebral hemisphere 865; Basal ganglia 870; Arterial supply 872; History taking and symptoms 879; Neurological examination 879; Gait 891; Dizziness and vertigo 906; Physical examination 914; General examination 914; Outline of neurological clinical examination 921; Language 939; Aphasia 941; Cranial nerves 957; Functional components of*

*cranial nerves 957; Olfactory cranial nerve 960; Optic nerve 965; Fifth cranial nerve 995; Facial nerve 1017; Eighth cranial nerve 1037; Ninth cranial nerves 1058; Tenth cranial nerve (vagus nerve) 1063; Eleventh cranial nerve (spinal accessory nerve) 1070; Hypoglossal nerve (XII cranial nerve) 1077; Convergenic—accommodation reflex pathway 1101; Motor system 1103; Involuntary movement 1103; Opisthotonos 1106; Chorea 1107; Athetosis 1108; Hemiballismus 1109; Idiopathic generalized torsion dystonia 1109; Truncal athetoid movements 1110; Involuntary movements of face and neck 1110; Muscle tone 1122; Muscle power 1130; Muscles of head and neck 1131; Muscles of lower leg and ankle 1156; Motor power and strength 1162; Posture and stance 1167; Deep tendon reflexes 1172; Clonus 1196; Associated movement 1199; Symmetric associated movements (mirror movement) 1200; Cerebellar function 1201; Autonomic nervous system 1211; Sensory system 1220; Cerebral sensory system 1234; Sensory localization 1238; High level of bladder control 1239; Nystagmus 1241; Oscillopsia 1241; Opticokinetic drum 1241; Normal nystagmus 1241; Types of nystagmus 1244; Examination of patient in coma 1251; Lowering of consciousness 1251; Mode of onset of unconsciousness 1252; Miscellaneous neurological signs 1268; Signs of meningeal irritation 1268; Nuchal rigidity 1268; Cervical radiculopathy 1272*

**12. Thyroid Gland** **1281**

*Relation of thyroid lobe to the other neck structure 1281*

**13. Musculoskeletal System** **1296**

*Bone 1296; Cartilage 1298; Joints 1299; Ligaments 1305; Muscles 1308; Symptoms related to bone pain 1309; Symptoms related to joint pain 1310; Symptoms related to muscles pain 1311; Hip joint 1359; Knee joints 1368; Ankle joint 1382*

**14. Genitalia** **1397**

*Male genitalia 1397; Female genitalia 1399; Genital symptoms for male 1402; Genital symptoms for female 1421; Signs 1426*

*Index* *1437*