Contents

Section 1 History

1. **History of Bariatric Surgery** 3

Section 2 Case Capsules

2. **Indications for Bariatric Surgery** 11
3. **Bariatric Surgery in Adolescents** 18
4. **Bariatric Surgery in the Elderly** 25
5. **Selection of an Appropriate Procedure** 29
6. **Well Controlled Type 2 Diabetes Mellitus** 40
7. **Poorly Controlled Type 2 Diabetes Mellitus** 49
8. **Bariatric Surgery in the Nonmorbidly Obese Type 2 Diabetic** 56
9. **Bariatric Surgery in Type 1 Diabetes Mellitus** 61
10. **Nonalcoholic Fatty Liver Disease and Bariatric Surgery** 65
11. **Dyslipidemia and Bariatric Surgery** 72
12. **Bariatric Surgery in Obstructive Sleep Apnea** 76
13. **Nephropathy and Bariatric Surgery** 85
14. **Polycystic Ovarian Syndrome and Bariatric Surgery** 89
15. **Ventral Hernia in the Morbidly Obese** 97
16. **Deep Vein Thrombosis and Venous Thromboembolism** 102
17. **Bleeding after Bariatric Surgery** 109
18. **Anemia and Calcium Deficiency after Bariatric Surgery** 114
19. **Protein-energy Malnutrition** 122
20. **Gastroesophageal Reflux Disease and Bariatric Surgery** 126

21. Internal Hernia and Stricture **134**

22. Gallstones Disease and Bariatric Surgery **139**

23. Leaks after Bariatric Surgery **143**

24. Weight Regain after Bariatric Surgery **153**

25. Revisional Surgery after Adjustable Gastric Banding **160**

26. Body Contouring Post-Weight Loss **165**

Section 3 Surgical Techniques

27. Sleeve Gastrectomy **173**

28. Roux-en-Y Gastric Bypass **183**

29. Single/One Anastomosis Gastric Bypass **194**

30. Duodenojejunal Bypass with Sleeve Gastrectomy **202**

31. Single Incision Bariatric Surgery **209**

32. Stapling Technology **219**

Annexures

Annexure 1 **227**

Annexure 2 **230**

Annexure 3 **234**

Annexure 4 **237**

Annexure 5 **239**

Index *243*