Contents

SECTION 1: Systemic Topics

1. Process of Decision Making 3
2. Hypotension 4
3. Cardiac Arrhythmia 7
4. Respiratory Distress 9
5. Oliguria 12
6. Fever 14
7. Infections and Surgery 15
8. Antibiotic Therapy 17
9. Nutritional Support 20
10. Electrolytes and Blood Gases 22
11. Multiple Organ Failure 24

SECTION 2: Abdominal Pain

12. Abdominal Pain 29
13. Right Upper Quadrant Abdominal Pain 31
14. Right Lower Quadrant Abdominal Pain 34
15. Left Upper Quadrant Abdominal Pain 36
16. Left Lower Quadrant Abdominal Pain 38
17. Suprapubic Pain 40
18. Mid-Abdominal Pain 41
19. Severe Abdominal Pain 43

SECTION 3: Abdominal Conditions

20. Mass in the Abdomen 47
21. Abdominal Distension 49
22. Abnormal Air 51
23. Back Pain 53
24. Flank Pain 54
25. Jaundice 55
26. Anemia 59
27. Vomiting 61
28. Diarrhea 63
29. Heartburn: Acid Reflux 65
30. Obesity 66
31. Hematemesis 68

SECTION 4: Anorectal Conditions

32. Bleeding Per Rectum 73
33. Pain in the Anal Region 75
34. Hemorrhoids 77
35. Prolapse of the Rectum 79
36. Pruritus Ani 80
37. Pilonidal Cyst 81
38. Carcinoma of Colon and Rectum 82

SECTION 5: Head and Neck

39. Epistaxis 87
40. Mass in Front of the Neck: Thyroid 88
41. Thyroglossal Duct Cyst 91
42. Mass on Side of Neck: Lymph Nodes 92

SECTION 6: Breast

43. Mass in the Breast 97
44. Pain in the Breast 100
45. Bleeding or Discharge from the Nipple 101
46. Gynecomastia 102
47. Abnormal Mammogram 103

SECTION 7: Groin Conditions

48. Mass in the Groin 107
49. Mass in the Scrotum 109
50. Urological Problems in General Surgery 111
51. Hernia 113

SECTION 8: Vascular

52. Varicose Veins 117
53. Swelling of the Legs 119
54. Pain in the Legs 120
55. Numbness of the Legs or Hands 122
56. Gangrene of the Toes 124
57. Ulcerated Leg 127
58. Carotid Artery Surgery 129
59. Abdominal Aortic Aneurysm 132

SECTION 9: Skin and Subcutaneous Tissue

60. Skin Lesions 137
61. Subcutaneous Lumps and Bumps 138

62. Ganglion Cyst 139
63. Skin and Subcutaneous Infections 140

SECTION 10: Trauma

64. Lacerations 145
65. Stab Wounds 146
66. Gunshot Wounds 147
67. Blunt Injuries 148
68. Blast Injuries 149
69. Burns 150
70. Massive External Bleeding 152
71. Massive Internal Bleeding 154
72. Bites, Stings, and Scrapes 156

SECTION 11: General Care of Surgical Patient

73. Preoperative Rounds 161
74. Postoperative Care 163
75. Postsurgical Complications 165
76. Operative Care in General 168
77. Troubleshooting in the Operating Room 170
78. Bedside Procedures 172
79. Cancer Screening 175
80. What Test, What Method, What Instruments 177
81. Consultations and Ancillary Services 179
82. Surgical Challenge Situations 181
83. Wellness 184
84. Sign-out and Transfers 186
85. Safety in Surgery 187
86. Medical Malpractice Concerns 189