Contents

1. Nutrition **1**
- ❑ Nutritive Values of Food Items 11
- ❑ Recommended Daily Allowance 39
- ❑ Nutritional Disorders 40

2. Instruments and Procedures **48**
- ❑ Antropometry 48
- ❑ Skinfold Caliper 52
- ❑ Instruments to Record Vital Signs 53
- ❑ Blood Pressure 55
- ❑ Needles 56
- ❑ Biopsy Needles 67
- ❑ Syringes 73
- ❑ Tubes 74
- ❑ Catheters 87
- ❑ Bags 91
- ❑ Infusion Sets 92
- ❑ Oxygen Delivery Systems 93
- ❑ Pediatric Breathing Circuit 96
- ❑ Newborn Resuscitation 97
- ❑ Asthma Devices 108
- ❑ Airways 113
- ❑ Miscellaneous 115

3. Radiology—X-rays **119**
- ❑ General Considerations 119
- ❑ X-rays Chest 125
- ❑ Cardiovascular System 138
- ❑ Respiratory System 151
- ❑ Abdomen 186
- ❑ Endocrine System 192
- ❑ Chromosomal Disorders 194
- ❑ Genitourinary System 196
- ❑ Hematology 198

Musculoskeletal System **201**
- ❑ General 201
- ❑ Skeleton 203
- ❑ Skull 218
- ❑ Neck 219
- ❑ Pelvis 219
- ❑ Newborn 221

Pediatric Surgery **234**
- ❑ Cardiovascular System 234
- ❑ Respiratory System 237
- ❑ Gastrointestinal System 245
- ❑ Miscellaneous 275

4. Drugs **278**
- ❑ Antibiotics 279
- ❑ Antivirals 308
- ❑ Antifungals 312
- ❑ Antiprotozoal 315
- ❑ Anthelmintics 319
- ❑ Antihistaminics 322
- ❑ Cholinergic Drugs 324
- ❑ Sympathomimetic/ Inotropic Drugs 329
- ❑ Antihypertensives 339
- ❑ Antiasthmatics 349
- ❑ Sedatives Hypnotics 358
- ❑ Opioids 363
- ❑ Anticonvulsants 368
- ❑ Corticosteroids (Glucocorticoids) 384
- ❑ Hormones 390
- ❑ Diuretics 396
- ❑ Cardiac Glycosides 401
- ❑ Chelating Agents 407
- ❑ H2-receptor Blockers 408
- ❑ Miscellaneous 411

5. Vitamins **449**
- ❑ Vitamin A 449
- ❑ Vitamin B_{12} (Cyanocobalamin) 453
- ❑ Vitamin D 455
- ❑ Vitamin E 458
- ❑ Vitamin K 459

6. Intravenous Fluids **464**
- ❑ Intravenous Fluid Requirements 465
- ❑ Crystalloids 467
- ❑ Colloids 475
- ❑ Blood Products 482

7. Vaccines **483**
- ❑ Vaccines for General use 485
- ❑ Vaccines used on Special Occasions 515
- ❑ Combination of Vaccines 534
- ❑ Duration of Protection Offered by Vaccines 537
- ❑ Contradictions Precautions for Immunization 537
- ❑ Vaccination Failure 538
- ❑ Vaccine Storage 538
- ❑ Adverse Events following Vaccination 545
- ❑ National Vaccine Injury Compensation Program 552

8. Supplement on Vaccines—2019 ..... **554**
- ❑ Immunization Schedule of Vaccines 554
- ❑ High-risk Group 560
- ❑ Immunization Schedules 560
- ❑ Catch-up Vaccination 560
- ❑ Vaccine Schedule for an Unimmunized Child 560

Annexure *563*

Index *565*