AIIMS May 2019
The Precise Version



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AIIMS May 2019: The Precise Version

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Dedication

I dedicate this book to my students, my teachers and my patients who helped me evolve into a better teacher and Orthopedic Surgeon.

Apurv Mehra

I dedicate this book to all my students who have enabled me to become a better student of this awesome subject of medicine.

Thameem Saif

I dedicate this book to my parents.

Akhil Monga

I dedicate this book to my parents and Dr Aswani.

Vishnu Prasad

Teri Kismat da likha
Tere toh koi kho nahin sakda
Tu shram (Karam) kara chal bande…
Je usdi meher hove ta tenu o v mil jauga jo tera ho nahin sakda

Preface

Entrance exams are often seen as tough obstacles which are difficult to overcome. Exams can be easily taken care of once you identify the areas from which questions are asked. Assimilate the fact that you cannot study the whole syllabus of MBBS no matter how hard you try. Half the job is done once you pinpoint the hot topics to be focused upon. I would like to recommend a few tips to stay on the right track during your preparation:

- Avoid studying standard textbooks during your preparation, although you may use them for clearing your doubts—the reason being that they are difficult to revise.
- Choose one good review book per subject and use the same for revision—review books have the advantage of having only the most relevant topics.
- Special focus has to be given for 1st and 2nd year subjects, as they are mostly fact-based and high yielding.
- Subscribe to any one online test series which includes grand tests and subject wise tests and practice them regularly.
- Practice at least 20–30 questions daily.

Revision is the key to obtain a good rank. Once you attempt mock tests, you will realize that most of your answers come from your recent memory rather than your remote memory. Unless you revise things in the end, you will not be able to score well.

So, in this book we have compiled all the questions which have been in the May 2019 AIIMS entrance exam. All 200 questions have been included based on the most accurate recall. Correct answers and explanations have been taken from the standard textbooks. It is important to have a thorough reading of the whole book, as it will give you an idea about the hot topics that are frequently asked in AIIMS exams.

Wishing you good luck for your forthcoming exams!!

Apurv Mehra
Thameem Saif
Akhil Monga
Vishnu Prasad

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Acknowledgments

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Recent PG Toppers have gone through and suggested appropriate changes to enhance output through this book.

- Dr Archana Sasi, Rank 1 AIIMS 2017
- Dr Sanchit Kumar, Rank 3 AIIMS 2017
- Dr Umang Arora, Rank 1 AIIMS 2018
- Dr Ayush Goel, Rank 2 AIIMS 2018
- Dr Piyush Aggarwal, Rank 9 AIIMS 2018
- Dr Pavan Gabra, Rank 5 AIIMS 2018
- Dr Komal Gupta, Rank 27 AIIMS May 2019
- Dr Kavan Parikh, Rank 18 NEET PG 2019

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30. Dr Preeti Yadav, MD Anesthesia, AIIMS, MedMiracle Faculty of Anaesthesia.

A Valuable Drop in The Ocean!

The Idea behind the book AIIMS: The Precise Version stems from the age-old principle of competition exams – "***What has been asked will be asked again***!"

This idea has commonly misinterpreted by various teachers and students alike. It does not mean that the same questions shall be repeated in future exams. Though, old questions are sometimes repeated as it is, they are not sufficient to get you across the line.

With a team of toppers behind this book, we do understand that **it is not the questions but the topics that are repeated**. They were similar in when **Dr Thameem Saif** and **Dr Apurv Mehra** appeared for the exam, when **Dr Vishnu Prasad** and **Dr Akhil Monga** sat for their exams and the list has remained almost the same over the last five years with a few additions. This conclusion has never been challenged by people who have aced the exam. We realized the lacunae in the **exam-oriented revision material available to the students**. An effort has been made to remove redundancy and repetitiveness to make things as crisp as possible, which gives **extra time to the students to revise more and catch up on sleep**. The book flows like a river and allows you to read for long hours without getting bored or tired.

This book aims at providing an insight to the pattern of AIIMS postgraduation entrance exam and at the same time, equipping students with **a topic based quick review** of the most important concepts and facts that have been labeled **high-yield** by our team of toppers.

We aim to reduce the burden on students for preparing their own revision material. This book can act as the base, with students adding their own updates, mnemonics, sticky notes and cheat sheets to it. We firmly believe that it is important to **strengthen your knowledge at the end, rather than looking for more**.

The immense hard work of the authors, co-authors and the contributing faculties and students has made this a **must-read book** for all medical students preparing for the AIIMS postgraduation entrance exam.

An effort has been made to provide you with a glimpse of the **new pattern of questions** that have been announced for the July 2019 session. These questions will test your application but the subject matter remains the same.

This book has been made with an intent to help our juniors as **we understand the turmoil** that hits their lives during this phase. We hope you have a great time reading the book and find it useful in your preparation.

Best Wishes
Team MedMiracle

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Dr. Apurv Mehra – The Orthopedic Surgeon

Dr. Apurv Mehra is an Internationally Trained & Experienced Computer Navigation Joint Replacement & Arthroscopy Surgeon

He is an Orthopedic Consultant at Max Institute of Bone & Joint Care at Patparganj, Delhi

Dr. Apurv Mehra is the Founder & Director of Vidya Jeevan Ortho Pedics Centre, Delhi–India's most Trusted Orthopedic Centre as per Leading Clinicians.

He has exceptional academic skills, his clear logical thoughts & approach to complex surgical issues makes him a standout in Knee Arthoplasty & Ligament Reconstructions. His surgical skills & compassionate behavior helps his patients to return back to routine activities & lead a normal life. His clinical skills are exemplary, he achieves good outcomes, and his patients love him.

Dr. Apurv Mehra–Renowned Author, Leading Faculty, Inspirational & Motivational Speaker

Dr. Apurv Mehra is the Leading Faculty of Orthopedics and is recognized Nationally and Internationally as an outstanding teacher, world class scholar & dedicated mentor. Dr. Apurv Mehra is also Co-Founder of MedMiracle–Online Platform to Guide Students Preparing for Medical Entrance Exams. He is best known for his stupendous efforts in teaching, motivating and inspiring budding doctors.

The quality that sets him apart is his unique style of teaching with fun & passion. He is the Author of many International Bestsellers across South East Asia. His books are being appreciated across the globe.

Dr. Apurv Mehra is a youth icon, guide, mentor and role model for aspiring doctors. He is known for his highly inspirational and motivational Speeches.

He has a vision and aims to provide high content resources needed to take students to the next level of education.

Thousands of students have been benefitted by his His Leading Orthopedic Lectures named Ortho Dhoom Dhadaka. His lectures are highly recommended by PG Toppers since Dr. Apurv inspires students to work hard, he builds trust in them and helps them to achieve their goals.

Inspired from his lectures, students not only learn but also follow his advice and guidance in their day to day lives.



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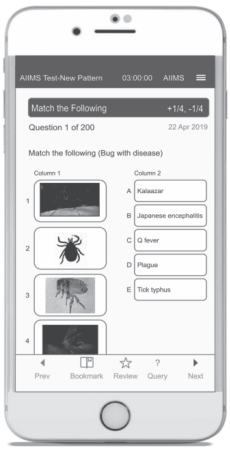

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AIIMS Exam New Pattern for July 2019

Type of MCQ				
	Correct	**Wrong**	**For Review**	**NOT Answered**
Single Best Response	+1	–1/3	0	0
Multiple True False*	+1/5	–1/5	0	0
Match the Following*	+1/4	–1/4	0	0
Sequential arrangement	+1	–1	0	0
Multiple Completion	+1	–1/4	0	0
Reason Assertion	+1	–1/4	0	0
Extended Matching**	+1/2	–1/2	0	0

* For the each alternative/response in the MCQ
** If two scenario in each question

Majority of the MCQs for the July 2019 (MD/MS Examination shall be of the single best response type.

Change is the Only Constant in Life!

Dear Friends

AIIMS PGMEE is the most constantly updated exam of the country.

In Latest announcement, AIIMS has introduced 7 different types of MCQs applicable for the upcoming July Session 2019, that is for AIIMS Exam to be held on 5th May 2019.

Now, you don't need to panic, trust me your hard work won't go waste.

In my opinion we need to carefully read and understand the changes announced by AIIMS.

Major Changes

- 7 types of MCQs (including Single best response, Multiple true false, Match the following, Sequential arrangement, Multiple Completion, Assertion-Reason, Extended matching)
- Different marking scheme for each question type
- Time—180 minutes (earlier it was 210 minutes).

Important Footnote (Please read twice)

'Majority of the MCQs for the July 2019 MD/MS Examination shall be of the single best response type'

Now let's understand each one

Type 1: Single Best Answer-Traditional pattern

- Majority of the MCQs for the July 2019 MD/MS Examination shall be of the single best response type – so relax
- **+1 (for correct answer) and-1/3 (for wrong answer). This has been the pattern followed till last AIIMS Nov 2018 Exam**

Example

Q. How many types of MCQs have been introduced in AIIMS PGMEE?

A. 5 B. 6

C. 7 D. 8

Ans. C. 7

Type 2: Multiple True-False

- Common stem followed by 5 statements; each statement has to be marked True/False.
- This pattern resembles PGI questions and can be practiced from previous years' PGI papers.
- +1/5 (for correct answer) and -1/5 (for wrong answer) for each statement.

Example

Q. About AIIMS PGMEE 2019, the following statements are true/ false.

A. Duration of examination is 180 minutes

B. Number of questions is 210

C. 7 types of MCQs will be asked

D. Exam will be in English

E. Exam will be conducted in a single shift on 5th May, 2019.

Ans. A. True B. False (Total number of questions is 200) C. True D. True E. True

Type 3: Match the Following

- Two columns with 4 items in one column which have to be matched with items in second column (which can have more than 4 items) for each alternative.
- Again, *PGI previous years'* have similar questions. With multiple options available for matching, these questions should be relatively easier to attempt.
- +1/4 (for correct answer) and -1/4 (for wrong answer)

Example

Q. Match the Following..?

1. AIIMS Exam Date	a. 200
2. Total questions	b. 5/5/2019
3. Duration (min)	c. 210
4. No of shifts	d. 180
	e. 1
	f. 300

Ans. 1-b, 2-a, 3-d, 4-e

Type 4: Sequential Arrangement

- A list of items that have to be arranged in order as indicated.
- This is a new question type. To tackle this MCQ, basically we need to focus on various pointers to differentiate similar conditions/pathologies and we need to keep in mind how these pathologies compare in different aspects. Beware, this type has a 100% negative marking - Attempt only if you are reasonably confident.
- +1 (for correct answer) and -1 (wrong answer).

Example

Q. Arrange these PG exams in the order of number of questions asked in exam—least number of questions first and maximum number of questions last.

1. AIIMS
2. PGI

3. NEET
4. NIMHANS

Ans. 4-1-2-3

Type 5: Multiple Completion

- 4 statements of which one or more may be correct and SINGLE ANSWER has to be marked according to the given key.
- This type is an easier version of PGI type questions where we have to mark a single answer. Only thing, read the key carefully and then mark.
- +1 (for correct answer) and -1/4 (for wrong answer).

Example

Q. AIIMS new MCQ types include:

A. Multiple true-false
B. Assertion Reason
C. Sequential arrangement
D. Subjective questions

A. a, b, c are correct
B. a and c are correct
C. b and d are correct
D. a, b, c & d are correct

Ans. A. a, b, c are correct

Type 6: Assertion Reason

- This type has been asked in AIIMS-PMT for many years now and has been a trademark for AIIMS MBBS entrance.
- These are tricky questions and we need to correlate basic concepts to tackle these as we need to know how the given two statements are related to each other.
- +1 (for correct answer) -1/4 (for wrong answer).

Example

Assertion: AIIMS is the most sought after institute in the country.

Reason: AIIMS has the latest technology in medical science.

A.	Both Assertion and Reasoning are independently true/correct and Reason is the correct explanation of the Assertion
B.	Both Assertion and Reasoning are independently true/correct and Reason is not the correct explanation of the Assertion
C.	Assertion is independently a true/correct statement but the Reason is independently an incorrect/false statement
D.	Assertion is independently a false/incorrect statement but the Reason is independently a true/correct statement
E.	Both Assertion and Reason are independently a false/incorrect statement

Ans. A. Both Assertion and Reasoning are independently true/correct and Reason is the correct explanation of the Assertion

Type 7: Extended Matching

- Each question has a theme, list of options, main lead question and a number of scenarios. Novel type of question.
- Major issue is the length of the question body since the scenarios are provided as large paragraphs with details about the condition/ pathology. So be sure to read it swiftly and clearly so that you don't lose time. Again, the most important point is to know how similar conditions differ in certain aspects to choose among the given options' list.
- +1/ No of scenarios; -1/ No of scenarios
- +1/2 (for correct answer) -1/2 (for wrong answer) If number of scenario are equal to 2.

Example

Theme-PGMEE

Answer option list:

a. AIIMS
b. NEET
c. PGI
d. NIMHANS
e. JIPMER

Lead Question

For the given scenario, choose the PG exam from the above given list.

Scenario

This exam is one of the toughest in the country. For the most sought after medical college, it is a test of intellect rather than just factual information. The latest MCQ pattern (7 types of questions) makes the exam even more exciting and challenging for the medical aspirants. Identify this institute.

Ans. a. AIIMS

We will come up with more updates about the new AIIMS pattern in future. Keep reading & keep learning.

P.S: For more details, will advise you to check the AIIMS Prospectus https://www.aiimsexams.org/pdf/Eligibility%20%20Method%20of%20Selection%20July%202019%20.pdf.

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